



Summit Sentinel

MONTHLY NEWSLETTER

APRIL 2024 EDITION

SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday & Thursday
9:00am—2:30pm

**CHECK OUT PAGE 6 FOR
INFORMATION ON
THE 2024
SENIOR GALA!**



**WE WILL BE CLOSED ON
APRIL 8TH**



With the anticipation of an influx of people and traffic congestion, all Defiance County offices will be closed for the Total Solar Eclipse.



“SUMMIT SENTINEL” IS PUBLISHED BY:

Defiance County Senior Services

140 E. Broadway St. | Defiance, OH 43512

Save your seat!

We love to see that our events and trips are filling up very fast! To best serve you we set up these trips by reservation only & first come, first serve. Don't hesitate and make your reservations early!

We will not be taking any reservations until the first of every month.

If you are driving yourself, you must still make your reservations with Dawn or Jenn! *Call today at 419-782-3233!*

Thank you for your understanding & lets have some fun!!

**JOIN US FOR
SUMMIT 60'S APRIL
EVENING MEAL**

**Thursday, March 14th
11:30am-1:30pm**



We will be hosting our first evening meal of 2024 at Summit 60 Social Center in Defiance! We are thrilled to have nice weather again and to bring you all back in the evenings with us!

Tickets will be for sale for \$10 at both Summit 60's in Defiance and Hicksville!

Lunch Will be Served until 12:30pm

Our Menu includes:

Herbed Pork Loin

Twice Baked Potato

Cranberry Salad

Garlic Parmesan Green Beans

Dinner Rolls

Apple Spice Cake

TOLEDO MUDHENS TICKETS ON SALE NOW!



We will be heading out to 5/3 Field on May 29th for a match up between the Mudhens and the Scranton Wilkes-Barre RailRiders! **Tickets will be \$25** and that includes transportation and boxed lunch!

*Minimal walking required and will be in a shaded area!
Tickets will go fast, so call today!*



MYSTERY LUNCH

Fri. April 5th |

\$5 for transportation

Hop on the bus and find out where this mystery lunch goes!

SENIOR NITE OUT

Wed. April 10th, leave at 4pm |

Toledo, OH

\$5 for transportation

Join us for this months Senior Nite Out at Shorty's True American Roadhouse. Don't forget your cash for our 50/50 raffle!

PAJAMA PARTY

Tues. April 16th | 11:30am

Come in your PJs for lunch at Summit 60 here in Defiance!

LUNCH AND LEARN

Wed. April 17th | 11:30am

Join Angie Morris from Remax to discuss the current housing market and what choices you have!

APRIL EVENING MEAL

See to the right!!

DAY AT THE MOVIES

Thurs. April 19th 10:00a |

Sponsored by Kingsbury Place

Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

SPA DAY

Fri. April 26th | 10:30am

\$5 for transportation

Back by popular demand! Join us in Archbold for a spa day at Four County Career Center for hair nails or facials of your choosing and lunch on your own before!

SUMMIT 60 SOCIAL CENTER—DEFIANCE ACTIVITIES

APRIL 2024 NEWSLETTER | PAGE 03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	02	03	04	05
9-Cardio Drumming 9:30 Pepper 10-Cardio Drumming 10:30 Scrabble 12:30 Pie Bingo with Glen Park 1- Boggle 1:30- Domino's 12-3pm Shoot pool and Play Pac-man & Pinball	9-10:30 Shop at Aldi's 9:30 Pepper 10- Tai Chi 10- Bible Study 10:30 Canasta 12:30- Boggle 1- Domino's 1:30- Scrabble	9- Cardio Drumming 9:30 Yahtzee Tournament 10- Cardio Drumming 12-Uno 1- 3pm-Scrabble 3:45-5pm- yoga with Heather (cost \$5)	9:30-Pepper 10- 11 Snack & Chat with Brookview 10:30 Domino's 11:30 Trivia in the cafe 11:30 Blood Press. by Health Dept. 12pm-Uno 1-3pm- Alzheimer's Support Group	Birthday Day 9-Cardio Drumming 9:30 Pepper 10- Tai Chi 10am Mystery Lunch 10:30— UNO 11:30 Birthday Lunch Celebration 12:30- Dominos 1:30- 3 Scrabble 2- Boggle
08	09	10	11	12
<div style="text-align: center;">   </div>	9-10:30 Shopping at Kroger's 9:30- Pepper 10- Bible Study 10- Tai Chi 10:30-Canasta 12:30- 2:30 Scrabble 12-3pm- Shoot Pool & Play Pac-Man & Pinball 1:30-3pm UNO	9- Cardio Drumming 9:30- Yahtzee Tournament 10-Cardio Drumming 10:30- UNO 12-2pm Scrabble 1-3pm- Boggle 4pm -Senior's Night out to Shorty's BBQ 3:45 Yoga with Heather (Cost \$5)	9:30- Pepper 10:30 Card Game UNO 11:30 Trivia in the Cafe 11-3pm- Canasta 12-3pm Boggle 1-3pm-Shoot pool & Play Pac-Man & Pinball	9 -Cardio Drumming 9:30 Pepper 10-Tai Chi 10:30 Canasta 12:00 Scrabble 12:30pm-UNO 12:30-3pm -Shoot pool & Play Pac-Man & Pinball
15	16	17	18	19
9—Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10:30-2pm -UNO 10:30-Euchre Tournament 12:30 -Bingo with Kingsbury Place 1-3pm -Dominos	National Pajama Day 9-10:30 Shopping at Meijer's 9:30- Pepper 10- Bible Study 10- Tai Chi 10:30 UNO 11:30- Pajama Party! 12-3pm- Shoot Pool & Play Pac-Man & Pinball 12:30 -3pm-Scrabble	9-Cardio Drumming 9:30 Yahtzee Tournament 10- Cardio Drumming 11:30 Lunch & Learn 12:30- Scrabble 1:30 Domino's 2-3 Boggle 3:45 Yoga with Heather (Cost \$5.00)	9:30 Pepper 10:30-UNO 11- Canasta 11:30 Trivia In the Café 12-3pm Shoot Pool & Play Pac-Man & Pinball 1-2pm Creative crafts with Dawn Ludwig 4:30 - Evening Meal	9- Cardio Drumming 9:30- Pepper 10:00 Movie Day Sponsored by Kingsbury Place 10- Tai Chi 10:30- Canasta 12-3pm—Shoot pool & play Pac-Man & Pinball 2-3pm- UNO
22	23	24	25	26
Jelly Bean Day 9- Cardio Drumming 9:30 Pepper 10 Cardio Drumming 11- Penny Pitch by Meadows of Kalida 12:30 Bingo with Summit 60 (Dawn) 1-3 Dominos	9-10:30-Shopping at Wal Mart 9:30 Pepper 10-Bible Study 10- Tai Chi 12-3pm Shoot pool & play Pac-Man & Pinball 1:30 3pm UNO	9- Cardio Drumming 9:30- Yahtzee Tournament 10-Cardio Drumming 10:30 UNO 12- Scrabble 2-3pm Boggle 3:45 Yoga with Heather (Cost \$5.00)	9-2 Pepper 10:30 Scrabble 11- Canasta 11:30 Trivia in the Cafe 11-3pm- Shoot pool & Play Pac-Man- Or Pinball in game room 12:30 Bingo by CHP 1-2:30 UNO	9- Cardio Drumming 9:30 Pepper 10-Tai Chi 10:30 UNO 10:30 Spa Day at Four County 12:30- Scrabble 1:30 2:30-Boggle

29	30			
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 12-3 Shoot pool play Pac-man- or Pinball 12:30 Bingo with North Crest 1pm Boggle	9-10:30- Shopping at Meijer's 9:30 pepper 10- Tai Chi 10- Bible Study 10-12pm 12:30pm Scrabble 1:30pm UNO			KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!

WE WANT YOUR IDEAS!

We have a lot more ideas for activates, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!



The Defiance County Veterans Office

WE CONNECT VETERANS TO BENEFITS

**VA CLAIMS, APPLY FOR VA HEALTHCARE,
VA TRANSPORTATION, EMERGENCY ASSISTANCE**

Veterans Crisis Line - Confidential, Free,
Specialized Support 24/7 365 Days A Year

Veterans Crisis Hotline

1-800-273-8255 Press 1 or text 838255

OFFICE: 419-782-6861 | FAX: 419-782-6713

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

🌐 www.defiance-county.com/veterans-office/

Defiance County Ohio Veterans Office



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CONTACT ME
Jayne Pandey

jpandy@lpicommunities.com
(800) 477-4574 x6401



CARDIO DRUMMING

9:AM & 10AM

Mon & Wed | FREE

BONUS CARDIO DRUMMING

9:00AM FRIDAY | FREE

Join us for this fun filled exercise class with upbeat music and great company!

AFTERNOON YOGA

3:45PM WEDNESDAYS | \$5

Join Heather for a yoga experience for all skill levels!

TAI CHI

10:00AM TUE & FRI | FREE

Join this relaxing video class!

THE FITNESS CENTER

AT SUMMIT 60

Daily 7a-3pm | Free



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+! Suggested donation is \$0.50 a mile, however we do not turn away anyone who cannot afford the donation.

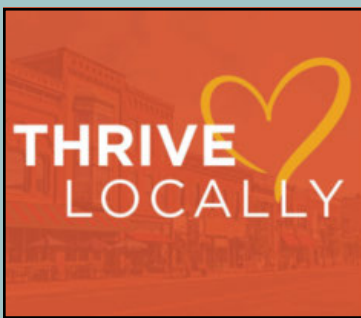
We also offer transportation to and from BOTH Defiance and Hicksville Centers!

Give us a call and schedule today at 419-782-3233!

GAME ROOM



Did you know we have a game room open from 7a-3p daily for our friends 60 years and better? Our game room is being renovated and added to but at this time we have a billiards table, Pacman arcade game and a digital pinball machine for you to enjoy! Check it out today and see if you can beat the high scores!



Ohio Senior Insurance



Your Medicare & Retirement Specialists

Looking to plan for the future, give us a call 1-866-603-0491

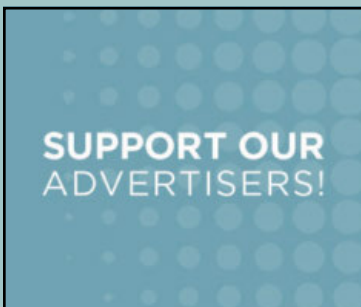


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1101 Ralston Ave., Ste. A • Defiance

Amanda Nigh

Stephanie Wagner



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Local Physical Therapists
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(419) 769-8400





**JOIN US FOR THE
2024 SENIOR GALA:
MOONLIGHT ON THE
MISSISSIPPI!**

We are excited to have you back for this year's Senior Gala, formerly prom. There will be great food, music & dancing and of course great food and friends! A delicious Brisket dinner will be served.

Tickets are only \$25 again this year!

This year we are proud to announce that entertainment is provided by:

LEE WARREN

**2024 EVENT
SPONSORS**

Thank you to this years event sponsors, with your support we are able to bring great events like this to the seniors of Defiance County!

**2024 Premier Sponsor:
Sam Hornish**

Event Sponsors:
Eagles of Defiance
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VFW of Defiance
Arc Solutions
General Motors Defiance
Nemco Food Equipment
The Wholesale House

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

PAGE 07 | APRIL 2024 NEWSLETTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	02	03	04	05
10am-Dominos 1pm- BINGO	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Balance Class 10am-12pm	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	10am- Cardio Drumming 1pm- Rummy	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Mystery Lunch Leave Hicksville at 10:30am
08	09	10	11	12
CLOSED 	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Balance Class 10am-12pm	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Senior Nite out to Shorty's True American Roadhouse	10am- Cardio Drumming 1pm- Skip Bo	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!
15	16	17	18	19
10am-Skip-Bo 1pm- BINGO with Select Medical Rehab-Fort Wayne	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Balance Class 10am-12pm	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Lunch and Learn with Angie Morris With Remax in Defiance 11:30am	10am- Cardio Drumming 12:30pm-Toe nail Clinic \$15 1pm- Rummy Evening meal at our Defiance location at 4:30. Bus will leave Hicksville at 3pm.	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Movie Day!!
22	23	24	25	26
10am-Rummy 11am-Music with Jenn 1pm- BINGO National Jelly Bean Day!!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Balance Class 10am-12pm	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <i>12:30pm -2pm Commodity Box Pick up</i>	10am- Cardio Drumming 1pm- Dominos	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Spa Day at 4 county and lunch at Mom's Diner
29	30			
Birthday Celebrations! 10am-Skip-Bo 1pm- BINGO	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Balance Class 10am-12pm			KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!



NO MEALS ON WHEELS DELIVERIES

We will not be delivering meals on the following dates:

Monday April 8th

Defiance County Senior Services will not be delivering Meals on Wheels services due to the Total Solar Eclipse and anticipated influx of traffic in the county.

COMMODITY BOX PICK UP

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. April 24th

Summit 60 Defiance Center:
1:00pm-2:30pm

Summit 60 Hicksville Center:
12:30pm-2:00pm

This is a free program!
For an application please contact Sue at 419-782-3233!

DCSS
140 E. Broadway St
Defiance, OH 43512
Attn: Sue

Please no pets at pick up.
Thank you!



NEED TO CANCEL YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!



SUPPORT THE ADVERTISERS
that Support our Community!



DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and home delivered meals are only \$3, but we can get you an even better deal! If you purchase our [20 for \\$50 Meal Deal Coupons](#), that makes each meal only \$2.50!!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!

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APRIL | 2024

Defiance County Senior Services 419 782-3321

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

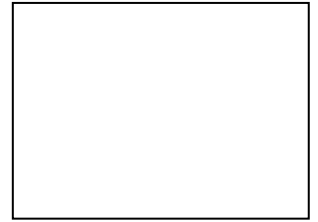
<p>1 Mushroom Swiss Burger Winter Blend Vegetables Oven Fries Tropical Fruit</p>	<p>2 Country Fried Steak Mashed Potatoes Creamed Corn Banana Dinner Roll</p>	<p>3 Ham and Bean Soup Tossed Salad Cinnamon Applesauce V8 Juice Corn Bread</p>	<p>4 Parmesan Chicken Wax Beans Glazed Carrots Diced Pears Garlic Bread</p>	<p>5 B B Q Ribs Baked Beans Buttered Broccoli Apricots Wheat Bread Birthday Cake</p>
<p>8 Staff Training Day Center Closed</p>	<p>9 Swedish Meatballs Buttered Noodles Mixed Vegetables Cole Slaw Apple Crisp Dinner Roll</p>	<p>10 Chef Salad Craisins Orange Juice Bran Muffin</p>	<p>11 Meat Loaf Scalloped Potatoes Green Beans Pineapple Dinner Roll</p>	<p>12 Baked Fish Cauliflower Stewed Tomatoes Fruit Cocktail Wheat Bread</p>
<p>15 Creamed Chicken Sandwich Diced Potatoes Red Beets Apple Slices</p>	<p>16 Swiss Steak Mashed potatoes California Blend Vegetables Peaches and Pears Dinner Roll</p>	<p>17 Chicken Strips Oven Fries 3 Bean Salad Cherry Crisp Wheat Bread</p>	<p>18 Ham Au Gratin Potatoes Creamed Peas Grape Juice Wheat Bread</p>	<p>19 Cheese Omelet Mushrooms and Onions Hash Brown Casserole Mandarin Oranges Bagel</p>
<p>22 BBQ Pork Baked Beans Tater Tots Grapes</p>	<p>23 Hamburger Gravy Mashed Potatoes Wax Beans Fruit Cocktail Wheat Bread</p>	<p>24 Taco Salad Cornbread Banana</p>	<p>25 Goulash Mixed Vegetables Cinnamon Applesauce Tossed Salad Garlic Bread</p>	<p>26 Oven Fried Chicken Sweet Potato Casserole Corn Ambrosia Salad Dinner Roll</p>
<p>29 Philly Steak and Cheese Sandwich Three Bean Salad Oven Fries Peach Crisp</p>	<p>30 Sweet and Sour Chicken Oriental Blend Vegetables Rice Pilaf Banana Wheat Bread</p>			

News

Home delivered meals must be consumed within 30 minutes of delivery, or refrigerated and reheated at 350 degrees for 15 minutes.

To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321

Menu is subject to change based upon product availability



FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

Defiance County Commissioners, Area Office on Aging, Defiance County Tax Levy, Defiance County Senior Services Auxiliary Board and generous donations from patrons like you!

Thank you for your continued support!

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman

Director
(419) 782-3232

Jessica Osborn

Business Manager
(419) 783-4850

(Vacant)

Client Resource Specialist
(419) 783-4812

Ginny Wiseman

Nutrition Manager
(419) 782-3321

Jenn Nelson

Community Outreach Manager
(419) 769-8046

Senior Services

Main Line
(419) 782-3233

Sue Weller

Administrative Assistant/
Commodities

Dennis Vajen

Transportation & Safety
Coordinator

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Kitchen Team

Mary Mansfield, Barb Davis,
Sandy Kaufman, Deb Vajen

Meals on Wheels Team

Bob Federinko, Jennifer Lero,
Mike Rychener, Myra Emmons,
Suzy Mack, Vicky Healy,
Samantha Kent

Transportation Team

Dennis Scott, Keith Ashbacher,
Oline Hill



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