

for information, please call Dawn at 419-782-3233

# April - DCSS Activities

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 9:30 - Cards 10:00 - Zumba 3:00 - Yoga with Heather	3 9:45 Aldi Shop 10:00 Bible Study 10:00 Cards 10:00 Tai Chi 4:00 Yoga	4 9:30 Cards 10:00 Crafts 12:30 Kroger Shop <b>5 - 8 Open Mic Night</b>	5 9:30 Cards 9:45 Blood Pressures 10:00 Band Stretch 10:00 Zumba 12:30 - Meijer Shop 12:30 Bingo with Brookview 1:30 Alzheimer's Support 4:00- Yoga with Sue	6 9:30 Cards 10:00 Tai Chi <b>11:30 Birthday Celebration</b>
9 9:30 - Cards 10:00 - Zumba 12:30 Bingo with Kingsbury Place 3:00 - Yoga with Heather	10 9:45 Aldi Shop 10:00 Bible Study 10:00 Cards 10:00 Tai Chi 4:00 Yoga <b>4:00 Seniors Nite Out to Hills in Napoleon</b>	11 9:30 Cards 10:00 Crafts 10:30 Speaker from Twin Rivers 12:30 Kroger Shop	12 <b>Defiance County Senior Services will be closed for a staff training day</b>	13 9:30 - Cards 10:00 Tai Chi 10:00 Crafts
16 9:30 Cards 10:00 Zumba 1:00 Euchre Tournament 3:00 Yoga with Heather	17 9:45 Aldi shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 4:00 Yoga	18 9:30 Cards 10:00 Crafts 12:30 Kroger Shop	19 9:30 Cards 10:45 Blood Pressures with CHP 10:00 Zumba 10:00 Band Stretch 12:30 Meijer Shop 12:30 Bingo -Twin Rivers 4:00 Yoga with Sue	20 9:30 - Cards 10:00 Crafts 10:00 Tai Chi
23 9:30 Cards 10:00 Zumba 10:00 Nails & Tails with Dawn Ludwig 3:00 Yoga with Heather	24 9:45 Aldi shop 10:00 Tai Chi 10:00 Bible Study 10:00 Cards 4:00 Yoga	25 9:30 Cards <b>10:00 Hearing Aid Checks</b> 10:00 Crafts 12:30 Kroger Shop <b>1:00 - 2:30 CSFP Food Commodities</b> <b>5:00 - Evening Meal &amp; Kim Tracy Band</b>	26 9:30 Cards 10:00 Band Stretch 10:00 Zumba 12:30 Meijers Shop 12:30 Bingo with Allcaring 4:00 Yoga	27 9:30 Cards 10:00 Tai Chi 10:00 Crafts <b>11:30 "The Music Man" Alan Seibert performs</b>
30 9:30 Cards 10:00 Zumba 12:30 Bingo with Senior Services 3:00 Yoga	<p><b>yoga classes</b> - meet each Monday at 3pm. There is a \$15.00 charge per person each month for this weekly class.</p> <p><b>zumba classes</b> - you can join once a week or twice a week - Mondays and Thursdays at 10:00am. There is a \$15.00 charge for once a week and a \$30.00 charge for twice a week. Please call Dawn for details.</p>			 <p><b>Hangin' with my peeps at The Senior Center!</b></p>