

Defiance County Senior Services

February Menu 2018

For questions regarding your meals, please contact Ginny at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For information on our ingredient content for each meal, please call Delinda at 419 - 783 - 4813</p>	<p>Evening Meals start again March 28th at The Defiance Center Enjoy oven Fried Chicken, Mashed Potatoes, Corn, Coleslaw and more!</p>		<p>1 pork chop with gravy scalloped potatoes jell-O with diced pears beets whole wheat roll</p>	<p>2 bbq chicken diced potatoes green beans ambrosia salad cornbread birthday cake alt= cake with no frosting</p>
<p>5 parmesan crusted chicken french fries stewed tomatoes fruit cocktail whole wheat roll</p>	<p>6 turkey slice over mashed potatoes riviera blend vegetables apricots whole wheat roll butterscotch pudding ncs= sf pudding</p>	<p>7 taco salad with taco chips, lettuce, ground beef, cheese and tomatoes banana cornbread salad bar in cafe</p>	<p>8 chicken noodle casserole sweet peas carrots applesauce garlic toast</p>	<p>9 ham in apple juice alt = chicken breast venetian blend vegetables sweet potatoes peaches croissant cookie ncs = sf cookie</p>
<p>12 hamburger patty with spaghetti sauce Italian blend vegetables parmesan noodles calico fruit orange juice whole wheat bread</p>	<p>13 chicken cacciatore sweet potatoes cauliflower banana whole wheat dinner roll ice cream ncs = sherbet</p>	<p>14 turkey & swiss sandwich potato soup pickled beets apple juice Valentine's Cookie salad bar in café Happy Valentine's Day!</p>	<p>15 stir fry chicken and vegetables over rice brussels sprouts pork egg roll mandarin oranges fortune cookie</p>	<p>16 macaroni & cheese with diced ham alt = diced turkey cozumel blend vegetables parmesan spinach fruit yogurt whole wheat bread</p>
<p>19 Defiance County Senior Services will be closed in observance of President's Day</p>	<p>20 roast pork mashed potatoes asparagus mandarin oranges whole wheat dinner roll chocolate chip cookie ncs = sf cookie</p>	<p>21 beef stew cornbread raisins grape juice salad bar in cafe</p>	<p>22 hot chicken sandwich carrot salad potato salad fruit cocktail</p>	<p>23 spinach lasagna green beans hot apples garlic bread peanut butter cookie ncs = sf cookie</p>
<p>26 scrambled eggs with sausage and cheese alt - turkey sausage tater tots mushrooms peaches biscuit</p>	<p>27 meatloaf scalloped potatoes mixed vegetables apple whole wheat dinner roll chocolate cookie ncs = sf cookie</p>	<p>28 vegetable beef soup chicken salad with crackers grape juice tropical fruit salad bar in café</p>	<p>God Bless the USA!</p>  <p>Our breads and rolls are whole wheat unless specified. ncs = No concentrated sweets sf = sugar free</p>	