

Defiance County Senior Services

April Menu 2018



For questions regarding your meals, please contact Ginny at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheeseburger on an Onion Bun Lima Beans French Fries Apple	3 Cream Chicken over a Biscuit Mashed Potatoes Stewed Tomatoes Pears Pudding ncs= SF Pudding	4 Sloppy Joe Sandwich Potato Salad Cole Slaw Pineapple Tidbits (salad bar in café)	5 Hawaiian Pork over Asian Rice Beets Oriental Blend Vegetables Tropical Fruit Whole Wheat Bread	6 Beef Tips with Noodles Baby Carrots Toss Salad Mandarin Oranges Dinner Roll Birthday Cake ncs=Angel Food Cake
9 Chicken Mixed Vegetables Ranch Diced Potatoes Mango Chunks Dinner Roll	10 Hamburger Gravy over Mashed Potatoes Corn Apple Dinner Roll	11 Kielbasa Baked Beans Zucchini Raisins Dinner Roll (salad bar in café)	12 Senior Services will be closed for a staff training day We will deliver an extra meal on April 11th. See the menu below.	13 BBQ Beef Sandwich French Fries Cauliflower Hawaiian Delight Salad
16 Baked Chicken Cheesy Mashed Potatoes Brussels Sprouts Fruit Cocktail Dinner Roll	17 Spaghetti & Meat Sauce Italian Blend Vegetables Bosco Stick Mixed Berries with Whipped Topping	18 BBQ Ribette sandwich (boneless) Hot German Potato Salad Sweet Peas Peaches (salad bar in café)	19 Liver & Onions with Gravy Mushrooms Scalloped Potatoes Apricots French Bread	20 Ham baked in Apple Juice alt= Hamburger Sweet Potatoes Green Bean Casserole Cherry Crisp Dinner Roll
23 Pork Chop with Gravy Oven Roasted Carrots Oven Roasted Potatoes Pineapple Tidbits Cornbread	24 Chicken Pot Pie with Biscuit Mashed Potatoes Spinach with Parmesan Cheese Tropical Fruit Cookie ncs= SF Cookie	25 BBQ Pork Sandwich Maui Blend Vegetables Baked Beans Pears (salad bar in café)	26 Roasted Turkey with Gravy Baked Sweet Potatoes and Apple Slices Okra Strawberries Dinner Roll	27 Beef & Bean Burrito with Cheese and Enchilada Sauce Stewed Tomatoes Spanish Rice Banana / Coconut Bake
30 Beef Stew Raisin Bread Coleslaw Grape Juice Cherry Pie ncs= SF Pie	Meal for Thursday, April 12th We will deliver on April 11th Chicken Salad Croissant 3 Bean Salad Banana Peach Yogurt V-8 Juice		For information on our ingredient content for each meal, please call Delinda 419 - 783 - 4813	Our breads and rolls are whole wheat unless specified. NCS= No concentrated sweets sf = sugar free

Thank you!