



JANUARY | 2021

Defiance County Senior Services 419 782-3321

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Happy New Year!

1 Closed For New Years

**4 Goulash
Mixed Vegetables
Cinnamon Applesauce
Cole Slaw
Garlic Bread**

**5 Baked Ham
Creamed Corn
Broccoli Salad
Cherry Crisp
Dinner Roll**

**6 Potato Soup
Cottage Cheese
Diced Peaches
Carrot Raisin Salad**

**7 Mushroom Steak
Buttered Noodles
Harvard Beets
V8 Juice
Orange
Dinner Roll**

**8 Baked Chicken
Glazed Carrots
Peas and Pearl Onions
Pineapple
Dinner Roll
Birthday Cake**

**11 Hot Beef Sandwich
Potato Wedges
Cauliflower with Cheese
Sauce
Grape Juice**

**12 Pork Chop
Cabbage
Succotash
Ambrosia Salad
Wheat Bread**

**13 Chili
Peanut Butter and Jelly
Sandwich
Tossed Salad
Apple Slices**

**14 Tuna and Noodles
Broccoli
Cauliflower
Apricots
Wheat Bread**

**15 Meatloaf
Garlic Mashed Potatoes
Pea Salad
Blueberry Crisp
Dinner Roll**

18 Closed For Martin Luther King jr. Day

**19 Grilled Chicken Breast
Green Bean Casserole
Seasoned Diced Potatoes
Banana**

**20 Ham and Bean Soup
Tossed Salad
Cinnamon Applesauce
Corn bread**

**21 Fish Sandwich
Tater Rounds
Spinach
Mixed Fruit**

**22 Spaghetti and Meatballs
Winter Blend Vegetables
3 Bean Salad
Peach Crisp
Garlic Bread**

**25 BBQ Pork Sandwich
Baked Beans
Peas and Carrots
Cranberry Salad**

**26 Hamburger Gravy
Mashed Potatoes
Wax Beans
Peaches and Pears
Banana Nut Muffin**

**27 Tomato Soup
Grilled Cheese Sandwich
Carrot and Celery Sticks
Tropical Fruit**

**28 Chicken Parmesan
Cauliflower
Cole Slaw
Apple Crisp
Garlic Bread**

**29 Salisbury Steak
Au gratin Potatoes
Corn
Grape Juice
Wheat Bread**

News

Home delivered meals must be consumed within 30 minutes of delivery, or refrigerated and reheated at 350 degrees for 15 minutes

To cancel a meal, or inquire about ingredients please call Ginny 419 782-3321

To Order Grab and Go Meals Call 419-782-3233