

# JULY | 2022



Home Delivered Meals 419 782-3321

Transportation 419 782-3233

CSFP 419 782-3233

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Menu is subject to change based upon product availability

**4** Closed  
For  
4th of July

**5** Pepperoni Pizza  
Sliced Carrots  
Peas  
Pineapple  
Blueberry Muffin

**6** Chef Salad  
Grapes  
Apple Juice  
Bran Muffin

**7** Teriyaki Chicken  
Stir Fry Vegetables  
Brown Rice  
Egg Roll  
Fruit Cocktail  
Wheat Bread

**8** Mushroom Steak  
Mashed Potatoes  
Asparagus  
Apricots  
Dinner Roll

**11** Pulled Pork Sandwich  
Potato Pancakes  
Creamed Corn  
Tropical Fruit

**12** Beef and Cheese  
Quesadilla  
Refried Beans  
Peach Crisp  
V8

**13** Sub Sandwich  
Brown Bean Salad  
Celery Sticks  
w/Peanut Butter  
Banana

**14** Sunshine Chicken  
Brussel Sprouts  
Au Gratin Potatoes  
Diced Pears  
Dinner Roll

**15** Baked Ziti  
Peas and Mushrooms  
Baked Apples  
Carrot Raisin Salad  
Garlic Bread

**18** Fish Sandwich  
Oven Fries  
Winter Blend Vegetables  
Ambrosia Salad

**19** Cheese Omelet  
Mushrooms and Onions  
Stewed Tomatoes  
Cinnamon Raisin Bagel  
Orange

**20** Chicken and Bacon Salad  
Craisins  
Pineapple Juice  
Bran Muffin

**21** Beef Tips  
Buttered Noodles  
Green Beans  
Sauerkraut Relish  
Cranberry Salad  
Dinner Roll

**22** BBQ Ribs  
Baked Potato  
Tomato Cucumber Salad  
Cherry Crisp

**25** Creamed Chicken  
Sandwich  
Tater Tots  
Brussels Sprouts  
Grape Juice

**26** Herbed Pork Loin  
Diced Red Skin Potatoes  
Peas and Carrots  
Fruit Cocktail  
Dinner Roll

**27** Taco Salad  
Apple Slices  
With  
Peanut Butter  
Corn Bread

**28** Spaghetti and Meatballs  
Broccoli  
Cauliflower  
Mandarin Oranges  
Garlic Bread

**29** Hamburger Gravy  
Mashed Potatoes  
Wax Beans  
Mixed Melon  
Dinner Roll

## News

**Home delivered meals must be consumed within 30 minutes of delivery, or refrigerated and reheated at 350 degrees for 15 minutes**

**To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321**