



Summit Sentinel

MONTHLY NEWSLETTER

APRIL 2025 EDITION

**SUMMIT 60
SOCIAL CENTER &
SENIOR SERVICES
HEADQUARTERS**
140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

**SUMMIT 60 SOCIAL
CENTER OF HICKSVILLE**
708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday & Thursday
9:00am—2:00pm



2025 EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

Peter & Maureen Kennerk
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Eagles Aerie 2556 - Hicksville
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VFW Post 3360 - Defiance
Johns Manville
B&B Molded Products
General Motors - Defiance
Elks BPOE #147 - Defiance
Arc Solutions
REMAX of Defiance
Bruce Guilford Real Estate

Interested in being an 2025
Event Sponsor? Please contact
Jenn Nelson at 419-769-8046

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

- 1- Reservations can only be made after 9am on the 1st Monday of the month.
Unless another date is noted in the newsletter
- 2- We are only accepting in person reservations at both centers. Movies included.
No more than 2 tickets per person at a time.
- 3- Your non-refundable fee / ticket must be paid in order to reserve a spot.
If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!

"SUMMIT SENTINEL"

PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512




Happy Easter

APRIL EVENING MEAL

Tuesday, April 22nd 4:30pm-6:30pm

Join us at Summit 60 Social Center in Defiance for a fun Spring evening with amazing food, great music and even greater friends!

Door Prizes, 50/50 raffle and more await!

Tickets on sale for only \$10!

Menu:
 Oven Fried Chicken
 Riviera Blend Vegetables
 Cranberry Salad
 Loaded Mashed Potatoes
 Fresh Baked Dinner Rolls
 Pineapple Delight

Entertainment By:
 Matt Richardson



Upcoming EVENTS

SPA DAY

Wed. April 2nd | 8:30am
Archbold, OH | \$5 Transportation
 We will be heading over to Four County Career Center for a morning of relaxation then finishing off the day with lunch at Casa Vieja!

BOWLING AT SOUTH 66 LANES

Fri. April 4th | 12:30pm
\$2 Per game, shoes are free!
 Sign up with Jenn or Dawn!

DAY AT THE MOVIES

Fri. April 11th | 8:45am
Sponsored by Kingsbury Place
 Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

SENIOR NITE OUT

Tues. April 15th | 4:00pm
Ottoville, OH | \$5 Transportation
 Join us at Black Angus for A great evening chalk full fun with great friends!

EASTER BRUNCH

Fri. April 18th | 9:00am
Summit 60 in Defiance
 Join us for a nice brunch with your friends before we close at noon for Easter Weekend!

EASTER EVENING MEAL

Tues. April 22nd | 4:30 pm
\$10 Tickets
 join us for a night with friends, great food, door prizes and 50/50 raffles!
 See to the left for more Details!

MYSTERY LUNCH

Fri. April 25th | 10:00 am
\$5 Transportation
 Take the headache out of deciding where you want to go out to eat and let us do it for you! Join your friends for this fun lunch out!

SENIOR NITE OUT—TAKE 2

Tues. April 29th | 4:00pm
Waterville, OH | \$5 Transportation
 Could make it the first time, Join us this time around at Black Angus for a great evening chalk full fun with great friends!



Free Event, right after BINGO!

Happy Easter

EASTER EGG HUNT

THURSDAY, APRIL 17TH

1:30 PM

Summit 60 Social Center
 140 E. Broadway St. Defiance

Amazing prizes in each egg!

OPEN TO SENIORS 60 YEARS AND BETTER!





SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

APRIL 2025 NEWSLETTER | PAGE 03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	Rainbow Day 03	Birthday Day 04
KEY: Green: Trip or Event Red: Theme of the day Blue: Activities with a low cost to them!	8:50- Warrior Rhythm Roots 9:30 Pepper 10- Bible Study 10- Tai Chi 11- skipbo 1- Zumba-\$5 3- Yoga-\$45/ Month	8:30 Spa Day-\$5 9- Cardio Drumming 9:30 Yahtzee 10- Cardio Drumming 11- Puzzles 1- Left, Right, Center 1- Jewelry Making 2- Origami Art	9- Warrior Rhythm Roots 9:30- Pepper 10- Creative Arts 11:30 Blood Pressures 12:30- Bingo By Vancrest 1-Alzhiemer's Support 3- Yoga-\$45/Month	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 11:30 Birthday Lunch 1- Zumba- \$5 2-Word finds
07	08	09	Arbor Day 10	11
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30 Pie Bingo with Glen Park 2- Advanced Coloring	8:50-Warrior Rhythm Roots 9:30- Pepper 10- Bible Study 10 Tai Chi 11-Skipbo 1- Zumba Gold-\$5 3-4 Yoga-\$45/month	9- Cardio Drumming 9:30-Yahtzee 10-Cardio Drumming 11- Shoot Pool 1- Left, Right, Center 2- Origami Art	9-Warrior Rhythm Roots 9:30 Pepper 10- Monopoly 1 - Shoot Pool 2- Pacman 3-4- Yoga-\$45/Month	9- Cardio Drumming 8:45am Movie Day 9:30 Pepper 10- Tai Chi 11- Pinball 1-Zumba Gold—\$5 2- Word Finds
14	15	16	Cheeseball Day 17	Closed at noon 18
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30-Bingo by 2- Advanced Coloring	8:50-Warrior Rhythm Roots 9:30- Pepper 10- Bible Study 10- Tai Chi 11-Skipbo 1-Zumba Gold—\$5 3-4 Yoga-\$45/month 4- Senior Nite Out #1	9-Cardio Drumming 9-2:30—Games & Snacks 9:30 - Yahtzee 10- Cardio Drumming 11- Shoot Pool 1- Jewelry making 1- Left, Right, Center 2-Origami Art	9-Warrior Rhythm Roots 9:30 Pepper 10- Cookie Decorating 11:30 Blood Pressures 12:30 Bingo by Legacy Living of Defiance 2- Pacman 3-4 Yoga \$45/month	9- Cardio Drumming 10- Tai Chi 9-10:30 Bruch in the Café
21	22	23	Kite Day 24	25
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10:30 Euchre Tournament 11- Scrabble 12:30 Bingo by Kingsbury Place 2- Advanced Coloring	8:50-Warrior Rhythm Roots 9:30 Pepper 10 Bible Study 10- Tai Chi 11- Skipbo 1- Zumba Gold \$5 4:30 Evening Meal-\$10	9 Cardio Drumming 9:30 Yahtzee 10-Cardio Drumming 11- Shoot Pool 1- Commodity Box 2- Origami Art	9-Warrior Rhythm & Roots Exercise Class 9:30- Pepper 9:30 Grief Support 12:30-Bingo by CHP 1:30- Creative Arts 2- Pacman 3-4 Yoga- \$45/month	9- Cardio Drumming 9:30 Pepper 10- Mystery Lunch-\$5 10-Tai Chi 11- Pinball 1-Zumba Gold—\$5 2- Word Finds
28	29	30		
9- Cardio Drumming 9:30 pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Summit 60 Bingo 2- Advanced Coloring	8:50-Warrior Rhythm Roots 9:30 Pepper 10 Bible Study 10- Tai Chi 1-Zumba Gold—\$5 3-4 Yoga-\$45/month 4-Senior Nite Out#2	9-Cardio Drumming 9:30 -Yahtzee 10- Cardio Drumming 11- Shoot Pool 11:30 Lunch & Learn 1-Left, Right, Center 2-Origami Art		Wednesday Grocery Trips: 9am-10:30am 4/1-Meijer 4/8-Walmart 4/15-Kroger 4/22-Kroger 4/29-Aldi



CARDIO DRUMMING
9:00AM & 10:00AM MON & WED
9:00AM FRIDAY | FREE

TAI CHI
10:00AM TUE & FRI | FREE

ZUMBA GOLD
1:00PM TUE & FRI | \$5

WARRIOR RHYTHM ROOTS
9:00AM TUE & THURS. | FREE

AFTERNOON YOGA
3:00PM TUE & THURS. |
\$45 MONTHLY (WAITLIST ONLY)

THE SUMMIT 60 FITNESS CENTER
DAILY 7:00AM - 3:00PM | FREE



WE WANT YOUR IDEAS!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!



What do you call the Easter Bunny the day after Easter?

Answer: Tired



The Defiance County Veterans Office
WE CONNECT VETERANS TO BENEFITS

VA CLAIMS, APPLY FOR VA HEALTHCARE,
VA TRANSPORTATION, EMERGENCY ASSISTANCE

OFFICE: 419-782-6861
FAX: 419-782-6713

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

Veterans Crisis Hotline: 988 Press 1
or text 838255



at Defiance Public Library

Discover more with
your library card!

- PASSES CHECK OUT FOR 7 DAYS
- PICK UP & RETURN AT THE DPL CIRCULATION DESK
- NO ONLINE HOLDS, CALL 419-782-1456 TO RESERVE A PASS

DETAILS:

DEFIANCLIBRARY.ORG/PASS



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THS-9129-24



PARKINSON'S AWARENESS DAY

APRIL 11TH, 2025

Parkinson's disease is caused by nerve cell damage in the brain. It's a disease that often starts with a tremor in just one hand and generally becomes worse.

Other symptoms of this disease include stiffness, loss of balance, and slow movement. These symptoms can be treated with medications, but this condition currently does not have a cure.

If you or a loved one have been diagnosed with Parkinsons, please check out the resources below for education, care and support.

Resources available:

American Parkinson Association
1-800-223-2732
WWW.apdaparkinson.org

Parkinson Foundation of NW Ohio
1-800-438-5584
WWW.pfnwo.org



NO MEALS ON WHEELS

Both centers will be closed at noon and we will not be delivering Meals on Wheels on the following date for Good Friday:

Friday April 18th

LUNCH & LEARNS

We are excited to offer a Lunch and Learn Opportunity this month!

April 30th 11:30- Defiance Ohio Consumer Council

THRIVE
LOCALLY



Ohio Senior Insurance



Your Medicare & Retirement Specialists

Looking to plan for the future,
give us a call 1-866-603-0491



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Amanda Nigh Stephanie Wagner, RSSA



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(419) 769-8400



FRIDAY MAY 16TH
5:00PM-9:00PM
DOORS OPEN AT 4:00PM

INVITES YOU TO
OUR ANNUAL SENIOR GALA
CHEERS TO 50 YEARS

TICKETS ARE \$25
CAN BE PURCHASED AT OUR DEFIANCE & HICKSVILLE CENTERS

ENTERTAINMENT BY:
The Bulldogs
 50's & 60's Rock'n'Roll



SUMMIT 60 SOCIAL CENTER PRESENTS
HAWAII
WITH NORWEGIAN CRUISE LINE ON THE PRIDE OF AMERICA
8 DAYS / 7 NIGHTS - NOVEMBER 1 - 8, 2025

DAY	PORT	ARRIVE	DEPART
1	Honolulu, Oahu (EMBARK)		7:00 pm
2	Kahului, Maui	8:00 am	Overnight
3	Kahului, Maui		6:00 pm
4	Hilo, Hawaii	8:00 am	6:00 pm
5	Kona, Hawaii	7:00 am	5:30 pm
6	Nawiliwili, Kauai	8:00 am	Overnight
7	Nawiliwili, Kauai		5:30 pm
8	Honolulu, Oahu (DISEMBARK)	7:00 am	

Oceanview and Balcony Cabins Get ALL 4 perks! Inside Cabins Pick 2 Perks.
PLUS Each Cabin receives a \$100 onboard credit!
Package is subject to change. All guests in a cabin must choose the same perks.

- Hawaii Beverage Package*
 - Specialty 2-Meal Dining Package for Balcony Cabins*
 - Specialty 1-Meal Dining Package for Inside & Oceanview Cabins*
 - 150 Minute Internet Package per person
 - \$50 Shore Excursion Credit per cabin*
- *Gratuities are included. Call for details ~ 1-800-423-0247. Hawaii Beverage Package and Specialty dining applies to first 2 guests in cabin. The \$50 Shore Excursion Credit applies to guest 1.

INCLUDES GRATUITIES FOR AMENITY PACKAGE AND ON-BOARD SERVICE GRATUITIES

Inside Cabin Category	IA	\$5,300
Inside Cabin Category	IB	\$5,300
Balcony Cabin Category	BB	\$5,955

Rates are per person double occupancy and include roundtrip airfare from Ft. Wayne, cruise, service gratuities, beverage and dining package gratuities, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE AND WILL BE TICKETED ONCE YOUR GROUP IS PAID IN FULL. FLIGHTS ARE NON-REFUNDABLE ONCE TICKETED.

DEPOSIT POLICY: An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. Final balance is due by June 4, 2025. **These are the best rates around! Those who book early get the best prices and the best cabin locations. [MAKE A RESERVATION](https://www.grandamericantours.com) at [grandamericantours.com](https://www.grandamericantours.com).**

Itinerary, Perks, and Prices are subject to change.

FOR RESERVATIONS AND INFORMATION CONTACT JENNIFER NELSON AT 419-769-8046

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	Rainbow Day 03	04
<p>KEY:</p> <p>Green: Trip or Event</p> <p>Red: Theme of the day</p> <p>Orange: Grocery Trip</p> <p>Blue: Activities with a low cost to them!</p>		Spa Day	9am- Skip-Bo 9am- Rummy 9am- Puzzles 10am- Rainbow Craft 12:30pm-Skip Bo Tournament	Bowling
07	Center Closed 08	Center Closed 09	Arbor Day 10	Center Closed 11
9am- Skip-Bo 9am- Rummy 9am- Puzzles 1:00pm—BINGO Summit 60			9am- Skip-Bo 9am- Rummy 9am- Puzzles 10am- Plant a tree 1pm-Penny Pitch	Movie Day
14	Center Closed 15	Center Closed 16	Cheeseball Day 17	Center Closed 18
9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am- Blood Pressures 1:00pm—BINGO with Vancrest	Senior Nite Out #1		9am- Skip-Bo 9am- Rummy 9am- Puzzles 10- National Cheeseball Day 1pm-Cookie Decorating 1pm- Cornhole Tournament	Brunch at Defiance Location 9:30am-10:30am
21	Center Closed 22	Center Closed 23	Kite Day 24	Center Closed 25
9am- Skip-Bo 9am- Rummy 9am- Puzzles 1:00pm—BINGO with Summit 60	Evening Meal At Defiance Location	12:30pm-Commodity Box Pick Up	9am- Skip-Bo 9am- Rummy 9am- Puzzles 10am-Kite Craft 1pm- Ping-Pong Catch	Mystery Lunch
Birthday Day 28	Center Closed 29	Center Closed 30		
9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am- Blood Pressures 1:00pm—BINGO with Select Medical Rehab	Senior Nite Out #2			



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. April 23rd

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a free program!

First come, first serve.

For an application please contact Sue at 419-782-3233!

DCSS

**140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller**

Please no pets at pick up.
Thank you!



NEED TO CANCEL YOUR HOME DELIVERED MEAL?

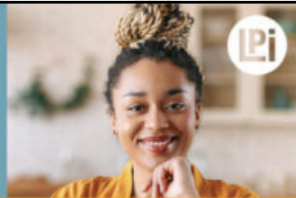
Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!

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DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our [20 for \\$50 Meal Deal Coupons](#), that makes each meal only \$2.50!!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!

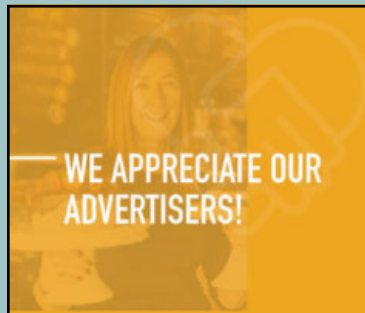


 Serving the Community for 60 years

Defiance Moose Lodge 2094

Live Entertainment!
Every Wednesday, Friday, and Saturday!
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Food Specials & Happy Hours

(419) 782-2326 • 841 N Clinton St, Defiance
Check out our facebook page to see what's happening each week!
www.facebook.com/defiancemoose2094/



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419-782-6324
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<https://www.trustwellliving.com/senior-living/oh/defiance/kingsbury-place/>

- Assisted Living
- Respite Care
- Activities & fitness classes
- Restaurant-style dining
- Personal care
- Medication assistance

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Call Paige or Iyan at:
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 of our various floor plans.*



Scan the code to go
 to our website!

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- *Casual and fine dining open all day*
- *Vibrant life activities schedule*
- *Beautifully appointed patio homes and apartments in a variety of styles and views*
- *Complimentary local scheduled transportation*
- *Exercise programs and fitness center*
- *Inclusive utilities, housekeeping, and laundry package*
- *Maintenance free living – routine and scheduled*
- *Pet friendly – because some of our best friends have fur!*



DefianceSeniorLiving.com . 309 Latchaw Drive . Defiance, OH 43512

April

2025

Home Delivered Meals 419 782-3321

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BBQ Pork Sandwich Cole Slaw Tater Tots Apple Crisp 7</p>	<p>Country Fried Steak Mashed Potatoes Creamed Corn Banana Dinner Roll 1</p>	<p>Ham and Bean Soup Tossed Salad Sliced Apples V8 Juice Corn Bread 2</p>	<p>Parmesan Chicken Green Beans Glazed Carrots Diced Pears Garlic Bread 3</p>	<p>Baked Fish Cauliflower Stewed Tomatoes Fruit Cocktail Wheat Bread Birthday Cake 4</p>
<p>Philly Steak and Cheese Sandwich Three Bean Salad Oven Fries Peach Crisp 14</p>	<p>Mushroom Steak Mashed Potatoes Wax Beans Tropical Fruit Wheat Bread 8</p>	<p>Taco Salad Bran Muffin Grapes 9</p>	<p>Goulash Mixed Vegetables Cinnamon Applesauce Tossed Salad Garlic Bread 10</p>	<p>Cheese Omelet Mushrooms and Onions Hash Brown Casserole Mandarin Oranges Bagel 11</p>
<p>Grilled Chicken Sandwich Diced Potatoes Red Beets Apple Juice 21</p>	<p>Teriyaki Chicken Stir Fry Vegetables Asian Rice Banana Wheat Bread 15</p>	<p>Beef and Noodles Peas Carrots Pineapple Dinner Roll 17</p>	<p>Chet Salad Craisins Orange Juice Apple Cinnamon Muffin 16</p>	<p>Ham Au gratin Potatoes Steamed Cabbage Apple Slices Dinner Roll 24</p>
<p>Mushroom Swiss Burger Succotash Oven Fries Tropical Fruit 28</p>	<p>Chipped Beef Gravy Mashed Potatoes Winter Blend Vegetables Pineapple Tidbits Whole Wheat Bread 22</p>	<p>Pepperoni Pizza Broccoli Tossed Salad Cherry Crisp Garlic Knots 23</p>	<p>Chicken and Bacon Salad Craisins Pineapple Juice Blueberry Muffin 30</p>	<p>B B Q Ribs Baked Beans Corn Apricots Wheat Bread 25</p>
<p>Sweet and Sour Chicken Brown Rice Oriental Vegetables Orange Egg Roll 29</p>	<p>Sweet and Sour Chicken Brown Rice Oriental Vegetables Orange Egg Roll 29</p>	<p>Good Friday Close at Noon NO Home Delivery</p>	<p>Good Friday Close at Noon NO Home Delivery</p>	<p>Good Friday Close at Noon NO Home Delivery</p>

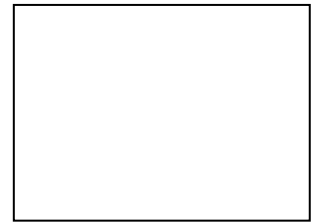
News
Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:
Milk, Egg, Fish, Crustacean Shellfish Tree Nuts, Peanuts, Wheat, Soy, Sesame

To cancel a meal, or inquire about ingredients, please call
Ginny
419 782-3321



**Defiance County
SENIOR SERVICES**
140 E. Broadway St.
Defiance, OH 43512



f FOLLOW US ON FACEBOOK AT

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman
Director
(419) 782-3232

Jessica Osborn
Business Manager
(419) 783-4850

Lexie McKeen, LPN
Client Resource Specialist
(419) 783-4812

Ginny Wiseman
Nutrition Manager
(419) 782-3321

Jenn Nelson
Community Outreach Manager
(419) 769-8046

**Senior Services
Main Line**
(419) 782-3233

Sue Weller
*Client Concierge
& Commodities Coordinator*

Dawn Knox
Activities Coordinator

Penny Cryer
Custodian

Suzy Mack
Staff Assistant

Kitchen Team
*Mary Mansfield,
Sandy Kaufman, Deb Vajen,
Diane Bok*

Meals on Wheels Team
*Jennifer Lero, Mike Rychener,
Myra Emmons, Vicky Healy,
Jodi Cocke, Karen Fitzwater,
Michael Imber, Isaiah Almanza,
Gae Ann Lind*

Transportation Team
*Dennis Scott, Keith Ashbacher,
Oline Hill, Don Heffner*



FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

Thank you for your continued support!