



Summit Sentinel

MONTHLY NEWSLETTER

AUGUST 2025 EDITION

CELEBRATING 50 YEARS! 1975-2025

SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADOUARTERS

140 E. Broadway St. Defiance, OH 43512 **Phone:** 419-782-3233 **Monday—Friday** 7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St.

Hicksville, OH 43526 **Phone:** 419-769-8046

Monday, Wednesday & Friday

9:00am—2:00pm

2025 EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

Peter & Maureen Kennerk **Eagles Aerie 372 - Defiance** Eagles Aerie 2556 - Hicksville **Jim Schmidt Dealerships** Moose Lodge 2094 - Defiance **Amyets Post 1991 - Defiance** VFW Post 3360 - Defiance **Johns Manville B&B Molded Products General Motors - Defiance** Elks BPOE #147 - Defiance **Arc Solutions REMAX of Defiance Bruce Guilford Real Estate** Interested in being an 2025 **Event Sponsor? Please contact**

Jenn Nelson at 419-769-8046



"SUMMIT SENTINEL"PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512

SPECIAL EVENTS & TRIPS WITH SUMMIT 60

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DEFIANCE COUNTY FAIR

Wednesday August 20th, Starting at 9am!

Our Centers will be closed on this day but we will be providing transporation to and from the fair if needed! We have a day of fun planned for you including, Food, Live Music, Bingo and Much More!! For questions call us at 419-782-3233 today!

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips! To best serve everyone fairly, we have set up the following guidelines:

- 1- Reservations can only be made after 9am on the 1st Monday of the month. Unless another date is noted in the newsletter
- 2- We are only accepting in person reservations at both centers. Movies included. No more than 2 tickets per person at a time.
 - 3- Your non-refundable fee / ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!



POKAGON STATE PARK

Fri. August 1st |9:00 am Angola, IN | \$10

We are heading over the state line to see the Sandcastle Sculptor Competition and then having lunch at the Lake Shack!

THE SUNS FLOWER TRIP

Tues. August 5th | 9:00am Lindsay, OH |\$10

Take a stroll on a wagon ride through the amazing sunflowers as they are blooming big and bright

LUNCH AND LEARN

Wed. August 6th | 11:30 am Summit 60 in Defiance | \$3

Join the Alzheimer Association's Marybeth as she talks about warning signs of this awful sickness.

INDOOR PICNIC

Thur. August 7th |4:30 pm Summit 60 in Defiance | \$10 See to the left for more details!

SENIOR NITE OUT

Tues. August 12th | 4:00pm Lima, OH | \$5 Transportation Join us at Lock 16 in Lima for a great evening full of fun with great friends!

TINCAPS GAME

Thurs. August 14th |5:00 pm Ft. Wayne, IN |\$25

Join us for an evening game to root on the Tincaps! Game starts at 7:05pm and food is on your own at the park. Limited Seats left!

SENIOR DAY AT THE FAIR!

Wed. August 20th | All Day Hicksville, OH | Free See to the left for more info!

DAY AT THE MOVIES

Fri. August 22nd |8:45am **Sponsored by Kingsbury Place**

loin friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

SENIOR NITE OUT—TAKE 2

Tues. August 26th | 4:00pm Lima, OH | \$5 Transportation WAITLIST OVERFLOW ONLY

SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Birthday Day 01
KEY: Green: Trip or Event Red: Theme of the day Blue: Activities with a low cost.	Grocery Trips 9am-10:30am Walmart - 8/5 Kroger - 8/12 Meijer - 8/19 Aldi - 8/26			9- Cardio Drumming 9am- Pokagon Trip 9:30 Pepper 10- Tai Chi 11- Pinball 12- Chinese Checkers 11:30 Birthday Lunch 1- Zumba- \$5 2-Shooting Pool
04	05	Lunch & Learn 06	Root Beer Float Day 07	08
9– Cardio Drumming 9:30 Pepper 10– Cardio Drumming 11-Scrabble 12:30 Pie Bingo with Glen Park 2– Shuffle Board	8:50 Warrior Roots 9am– Sunflower Trip 9:30– Pepper 10– Bible Study 10– Tai Chi 11-Skipbo 2– Puzzle 3-4 Yoga-\$45/month	9- Cardio Drumming 10-Cardio Drumming 11- Shoot Pool 11:30 Lunch & Learn 12:30 Shuffle Board 1:30 Pinball 2:00 Pac Man 3:00 Line Dancing	9-Warrior Roots 9:30 Pepper 10- Creative Craft 11:30 Blood Press 12:30 Bingo By Vancrest 1- Alzheimer's Group 2- Shuffle Board 3-4- Yoga-\$45/Mont 4:30- Indoor Picnic	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12- Chinese Checkers 1-Zumba Gold—\$5 2- Shooting Pool
11	12	13	Honey Bee Day 14	15
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12- Puzzles 1-Pinball 2- Shuffle Board	8:50-Warrior Roots 9:30- Pepper 10- Bible Study 10- Tai Chi 11-Skipbo 1-Zumba Gold—\$5 2- Puzzles 3-4 Yoga-\$45/month 4- Senior's Nite out #1	9-Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12:30 Shuffle Board 1:30 Pinball 2:00-Pac-Man 3:00 Line Dancing	9-Warrior Root 9:30 Honey Bee Craft 9:30 Pepper 10- Monopoly 12- Puzzles 2- Shuffle board 3-4 Yoga \$45/month 5pm- Tin Caps Game	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 12- Chinese Checkers 1- Zumba Gold-\$5 2- Shooting Pool
18	19	20	Book Mark Day 21	22
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10:30 Euchre Tournament 11- Scrabble 12:30 Bingo by Kingsbury Place 2- Shuffle Board	8:50-Warrior Roots 9:30 Pepper 10 Bible Study 10– Tai Chi 11– Skipbo 1– Zumba Gold—\$5 2-Puzzles 3-4 Yoga \$45/ Month	CENTER CLOSED FOR SENIOR DAY AT THE DEFIANCE COUNTY FAIR!	9-Warrior Roots 9:30- Pepper 9:30-Bookmark Making 12:30-Bingo by Legacy of Defiance 1-Grief Support Group 1:30 Creative Crafts 2- Shuffle Board 3-4 Yoga- \$45/month	8:45– Movie Day 9– Cardio Drumming 9:30 Pepper 10-Tai Chi 11– Pinball 12– Chinese Checkers 1-Zumba Gold—\$5 2– Shooting Pool
25	26	27	College Team Day 28	29
9- Cardio Drumming 9:30 pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Summit 60 Bingo 2- Shuffle Board	8:50-Warrior Roots 9:30 Pepper 10 Bible Study 10– Tai Chi 11-Skipbo 1-Zumba Gold—\$5 2– Puzzles 3-4 Yoga-\$45/month 4– Senior's Nite out #2	9-Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12:30- Shuffle board 1:30 Pinball 2:00 Pac-Man 1- Commodity Box Distribution	9- Warrior Roots 9:30 pepper 10-Monopol 11:30 Sports Trivia & Wear your Team Gear! 12- Puzzles 2- Shuffle Board 3-4 Yoga- \$45/Month	9- Cardio Drumming 9:30 Pepper 10-Tai Chi 11- Pinball 12- Chinese Checkers 1- Zumba- \$5 2- Shooting pool



WE WANT YOUR IDEAS!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!



Iulius Caesar was famously killed on the Ides of March, but he wasn't expecting the attack until August 2. His final words embodied his dismay over the scheduling confusion: "8/2. Brute..."



CARDIO DRUMMING

9:00AM& 10:00AM MON & WED 9:00AM FRIDAY | FREE

TAI CHI

10:00AM TUE & FRI | FREE

ZUMBA GOLD

1:00PM TUE & FRI | \$5

WARRIOR ROOTS

9:00AM TUE & THURS. | FREE

AFTERNOON YOGA

3:00PM TUE & THURS. \$45 MONTHLY (WAITLIST ONLY)

THE SUMMIT 60 **FITNESS CENTER**

DAILY 7:00AM - 3:00PM | FREE

LINE DANCING

3:00PM WED. | FREE 1ST & 2ND WEDNESDAY



The Defiance County Veterans Office WE CONNECT VETERANS TO BENEFITS

VA CLAIMS, APPLY FOR VA HEALTHCARE, VA TRANSPORTATION, EMERGENCY ASSISTANCE

OFFICE: 419-782-6861 FAX: 419-782-6713

- 1300 E Second St., Suite 102, Defiance, OH
- veterans@defiancecounty.oh.gov
- 🚺 Defiance County Ohio Veterans Office

Veterans Crisis Hotline: 988 Press 1 or text 838255



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NO MEALS ON WHEEL

Both Defiance and Hicksville centers will be closed and we will not be delivering Meals on Wheels on the following dates in the month of August:

Wednesday August 20th

To host Senior Day at the **Defiance County Fair!**

If interested in joining us and need transportation give us a call at 419-782-3233!





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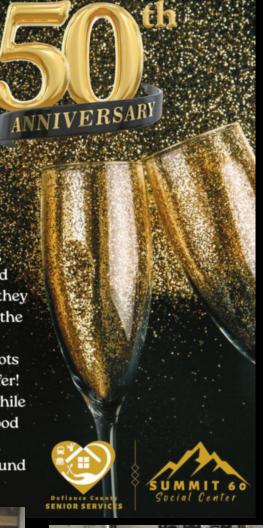
seniors healthy and nourished!



Thank you to all who came out to celebrate with us last month during our Golden Jubilee Celebration.

We had Former Senior Services Director,
Tina Hiler, Current Nutrition Manager, Ginny
Wiseman & Current Activities Coordinator, Dawn
Knox talk and reminisce about Senior Services amazing
history. We also had Current Director Nick Wichman and
Client Resource Specialist; Lexie McKeen share the love they
have for the agency and their hope for the future here in the
next 50 years!

Demonstrations by our Zumba and Warrior Rhythm Roots instructors showed what types of exercise classes we offer! Entertainment was provided by our Friend Gene Zenz while we enjoyed food from the amazing "Smother It, Good Food Made with Love" food truck! We had a full house playing bingo as well as 50/50 raffles and a chance auction to round off the night!





SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Center Closed1
KEY: Green: Trip or Event Red: Theme of the day Blue: Activities with a low cost to them	NOW OPEN MONDAY, WEDNESDAY & FRIDAY! 9AM - 2PM			Pokagon State Park Trip
Chocolate Chip Cookie Day 4	Center Closed 5	6	Center Closed 7	Birthday Day 8
9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am- Blood Pressures 11am: Cookie Tasting 1pm—BINGO	The Sun's Flower Trip	9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Advanced Coloring 1pm– Shuffleboard	Indoor Picnic at the Defiance Center	9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Chair Yoga 12pm: Birthday Lunch 1pm– Cornhole
Play in the Sand Day 11	Center Closed 12	13	Center Closed 14	15
9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Beach Trivia & Sand Fun 1pm—BINGO	Senior Nite Out #1	9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Advanced Coloring 1pm– Darts	Tin Caps Game	9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Chair Yoga 1pm– Volleyball
Bad Poetry Day 18	Center Closed 19	20	Center Closed 21	22
9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am- Blood Pressures 11am: Write your Worst Poem 1pm—BINGO		CENTER CLOSED FOR SENIOR DAY AT THE DEFIANCE COUNTY FAIR!		9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am: Chair Yoga 1pm- Ping Pong Catch
Banana Split Day 25	Center Closed 26	27	Center Closed 28	29
9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Banana Split Bar! 1pm—BINGO	Senior Nite Out #2 (overflow only)	9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am: Advanced Coloring 12:30 pm- Commodity Distribution 1pm- Foosball		9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am: Chair Yoga 1pm– Cornhole



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. August 27th

Summit 60 - Defiance: 1:00pm-2:30pm

Summit 60 of Hicksville: 12:30pm-2:00pm

This is a free program! First come, first serve.

For an application please contact Sue at 419-782-3233!

DCSS 140 E. Broadway St Defiance, OH 43512 Attn: Sue Weller

Please no pets at pick up, Thank you!



YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!

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DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



ERE ELSE ARE YOU GOING TO **GET A MEAL FOR JUST \$3.00?!**

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our

20 for \$50 Meal Deal Coupons,

that makes each meal only \$2.50!!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

You can make a reservation in person or by calling us at 419-782-3233!



Defiance Moose Lodge 2094

(419) 782-2326 • 841 N Clinton St, Defiance

Check out our facebook page to see what's happening each week!

www.facebook.com/defiancemoose2094/

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https://www.trustwellliving.com/senior-living/oh/defiance/kingsbury-place/

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enu is subject to change based on Over Fried Chicken 5 Green Bean Casserole Tossed Salad Peach Crisp Dinner Roll Parmesan Chicken 12 Cauliflower Casserole Universities Banana Casserole Universities Banana Noodle 19 Casserole Universities Banana Dinner Roll California Blend Applesauce Cole Slaw Dinner Roll Pasta Shells California Blend Applesauce Cole Slaw Dinner Roll Pasta Shells California Blend Applesauce Carlots Garice Beans and Mashed Potatoes Green Beans and Cable Dinner Roll Pasta Shells California Blend Carlots Garice Beans Cranherry Salad Dinner Roll Pasta Shells California Blend Carlots Garice Beans Cranherry Salad Dinner Roll Pasta Shells California Blend Carlots Garice Beans Cranherry Salad Dinner Roll Pasta Shells Carlot Slaw Cranherry Salad Cranherry Salad Dinner Roll Pasta Shells Carlot Steward The Craisins Cranherry Salad Cranherry Salad Dinner Roll Pasta Shells Carlot Steward The Craisins Cranherry Salad Cranherry Salad Cranherry Salad Dinner Roll Din			The state of the s	Common Co		
enu is subject to change based on Salisbury Steak 1 Com	ingredients, please call Ginny 419 782-3321	Spaghetti 29 and Meatballs Broccoli Cauliflower Mandarin Oranges Garlic Bread	Sweet and Sour Pork 28 Brown Rice Oriental Vegetables Craisins Egg Roll			
enu is subject to change based on Product availability Salisbury Steak 1 Corn Au Gratin Potatoes Pineapple Birthday Cake Dinner Roll Oven Fried Chicken 5 Green Bean Casserole Tossed Salad Peach Crisp Dinner Roll Parmesan Chicken 12 Cauliflower Cherry Crisp Tossed Salad Garlic Bread Carlic Bread Tuna Salad Sandwich 7 BBQ Ribs Cole Slaw Apple Slices with Peanut Butter Corn Grape Juice Tropical Fruit Tropical Fruit Tropical Fruit	Tree nuts, Peanuts, Wheat, Soy, Sesame To cancel a meal, or inquire about	100	Cheese Omelet 21 Grilled Mushrooms And Onions Stewed Tomatoes Orange Juice Bran Muffin	Center Is Closed Join Us At The Fair !!	Chicken and Noodle 19 Casserole Butter Beans Glazed Carrots Banana Dinner Roll	CONTRACTOR OF THE PARTY OF THE
Menu is subject to change based on product availability 4 Oven Fried Chicken 5 Green Bean Casserole Tossed Salad Peach Crisp Dinner Roll 4 Oven Fried Chicken 5 Green Bean Casserole Tossed Salad Peach Crisp Dinner Roll 5 Country Fried Steak 6 Tuna Salad Sandwich 7 Beach Cole Slaw Apple Slices with Peas Salad Dinner Roll 6 Tuna Salad Sandwich 7 Beach Cinnamon Peaches Pea Salad Dinner Roll 6 Tuna Salad Sandwich 7 Beach Cinnamon Peaches Pea Salad Dinner Roll 7 Dinner Roll 8 Dinner Roll 8 Dinner Roll 9 Dinner Roll	The following major food allergens may be used as ingredients: Milk, Egg, Fish, Crustacean Shellfish		75%		Parmesan Chicken 12 Cauliflower Cherry Crisp Tossed Salad Garlic Bread	Hot Beef Sandwich11 Oven Fries V8 Juice Diced Pears
Menu is subject to change based on Product availability THURSDAY THURSDAY THURSDAY Salisbury Steak 1 Corn Au Gratin Potatoes Pineapple Birthday Cake Dinner Roll	refrigerated and reheated at 350 degrees for 15 minutes			Country Fried Steak 6 Mashed Potatoes Wax Beans Fresh Melon Dinner Roll		0
TUESDAY WEDNESDAY THURSDAY	News Home delivered meals must be consumed within 30 minutes of delivery or	- B	on	change based vailability	nu is subject to product a	Me
		FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY
	2025		Sugus	Au		







f ollow us on facebook at

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager (419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist (419) 783-4812

Ginny Wiseman

Nutrition Manager (419) 782-3321

Jenn Nelson

Community Outreach Manager (419) 769-8046

Senior Services Main Line (419) 782-3233

Sue Weller

Client Concierge & Commodities Coordinator

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

Kitchen Team

Sandy Kaufman, Deb Vajen, Diane Bok

Meals on Wheels Team

Mike Rychener, Myra Emmons, Vicky Healy, Karen Fitzwater, Michael Imber, Isaiah Almanza, Dean Wiles

Transportation Team

Dennis Scott, Keith Ashbacher, Oline Hill, Don Heffner



FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board. Defiance County Commissioners, and generous donations from patrons like you!