



#### SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St. Defiance, OH 43512 **Phone:** 419-782-3233 **Monday—Friday** 7:00am—3:00pm

#### SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St. Hicksville, OH 43526 **Phone:** 419-769-8046 **Monday & Thursday** 9:00am—2:00pm

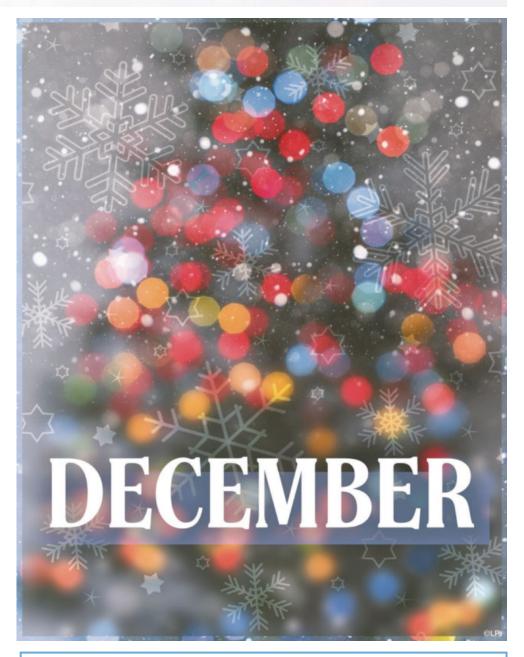
## 2024 EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

#### 2024 Premier Events Sponsor: Sam Hornish

<u>Event Sponsors:</u> Moose Lodge of Defiance Jim Schmidt Dealerships VFW of Defiance Arc Solutions General Motors Defiance Nemco Food Equipment The Wholesale House

"SUMMIT SENTINEL" PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES 140 E. BROADWAY ST. | DEFIANCE, OH 43512





Join us in the season of giving as we collect unwrapped, new toys & monetary donations for Christmas for Kids. This charity is facilitated by Mix 98.1 & the Marine Corp. League. We have a barrel in the

lobby in Defiance for toy donations and monetary can be given at both centers, now though our Annual Christmas luncheon, Thurs. Dec.12th! Thank you for your kindness & support!

#### SPECIAL EVENTS & TRIPS WITH SUMMIT 60 PAGE 02 | DECEMBER 2024 NEWSLETTER

#### How to make Trip & Event Reservations We love seeing all of you excited for our events and trips! To best serve everyone fairly, we have set up the following guidelines: 1- Reservations can only be made after 9am on the 1st Monday of the month.

2- We are only accepting in person reservations at both centers. Movies included. No more than 2 tickets per person at a time.

3- Your non-refundable fee / ticket must be paid in order to reserve a spot. If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount. Thank you for your understanding & lets have some fun!!

## Annual Summit 60 Social Center Christmas Luncheon

Thurs. December 12th |11:30am <u>Tickets only \$10</u> <u>Please bring a new and unwrapped toy for our</u> <u>Christmas for Kids toy drive!</u>



Join us for a delicious holiday feast prepared by our very own kitchen crew! Enjoy the food, friends, door prizes and 50/50 here at Summit 60 in Defiance. After lunch we will be playing SINGO BINGO, Christmas Edition, and you wont want to miss this!

> Menu Includes: Beef Pot Roast Seasoned Diced Potatoes Glazed Baby Carrots Sweet Baked Apples Dinner Rolls





<u>Tickets on sale from Dec. 1st—Dec.</u> <u>31st\_only 24 seats available</u> Fri. Feb 21st Komets Hockey 7:30 @Ft. Wayne Memorial \$30 tickets and transport

Tickets on sale from Dec. 1st—Dec. 31st only 24 seats available

Thurs. March 13th Disney on ICE 7:00pm @ Ft. Wayne memorial \$30 tickets and transport

Tickets on sale from Dec. 1st—Dec. 31st only 24 seats available



Thurs. Dec. 5th |4:00 pm Bryan, OH|\$5 Transportation Join us for a kick off to Christmas in Bryan for this outdoor marker and to Jackie Blues for dinner!

#### SUMMIT 60 OF HICKSVILLE CHRISTMAS PARTY

Mon. Dec. 9th |11:30am Tickets - \$5

The Christmas spirit is buzzing at Summit 60 of Hicksville for a Pizza Party with Holiday Bingo!

#### CHRISTMAS CRUISE THRU

Tues. Dec. 10th |4:00pm Hicksville, OH|\$5 Transportation We are making our way to the light extravaganza at the fair grounds as well as dinner before at Iron Horse in Sherwood.

#### ANNUAL CHRISTMAS LUNCHEON

Thurs. Dec. 12th | 11:30am Tickets only \$10 More info to the left!

#### **ARCHBOLD CHRISTMAS LIGHTS**

Mon. Dec. 16th |4:00pm Archbold, OH|\$5 Transportation Join us for a strol through the park to view the amazing lights with dinner Before at Downtown Restaurant.

#### CAROLING WITH TINORA JR, HIGH

Tues. Dec. 17th [10:00am Join us in the gym for carols, cookies and punch, need I say more?!

#### HOLIDAY BAKE SALE

Fri. Dec. 20th | 9:00am-2:30pm Our Annual Bake sale with all the goodies you need, will be held in the front lobby!

#### DAY AT THE MOVIES

#### Fri. Dec. 27th10:00am| Sponsored by Kingsbury Place

Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

NEW YEARS EVE BRUNCH Tues. Dec. 31st |9:30am In the Café! Suggested Donation of \$3

## SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

DECEMBER 2024 NEWSLETTER | PAGE 03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	Birthday Day! 6
9-1pm Medicare Appts - By appointment only 9-Cardio Drumming 9:30 Pepper 10:30- Puzzles 12:30 Pie Bingo with Glen Park 2:00- Word Games & Advanced Coloring	9-10:30 –Shopping at Kroger's 9:30 Pepper 10– Bible Study 11:00—Puzzles 1-2 -Zumba Gold-\$5 2pm-Scrabble	9- Cardio Drumming 9- Jewelry Making 9:30- 2pm Yahtzee Tournament 10- Cardio Drumming 12:30 Skip Bo 2:00- Boggle 3:45- Yoga- \$5	9:30 Pepper 10:00 Shoot Pool 11:30 Blood Pressures with Health Dept. 12:30 Bingo with Vancrest 1– Alzhiemer'S Support Group 2:00—Uno 4– Senior's Nite Out-\$5	9-Cardio Drumming 9:30 Pepper 9:30-11:30- Stepping on By Health Dept. 10- Tai Chi 11:30 Birthday Lunch 12:30—Left, Right, Center 1-2 -Zumba Gold-\$5 2—Pacman & Pinball
9	10	11	12	13
9– Cardio Drumming 9:30 Pepper 10– Cardio Drumming 10:30 Puzzles 12:30 Bingo by North Crest 2:00– Word Games & Advanced Coloring	9-10:30 Shopping at Meijer's 9:30- Pepper 10- Bible Study 11:00- Puzzles 1-2 -Zumba Gold-\$5 2:00 Scrabble 4pm Christmas Cruise Thru-\$5	9– Cardio Drumming 9:30-2:30– Yahtzee Tournament 10-Cardio Drumming 10:30-2pm– UNO 12:30 Skip Bo 2:00– Boggle 3:45-Yoga-\$5	9:30– Pepper 10:00 Shoot Pool Annual Christmas Luncheon 11:30-1:15 with SINGO Bingo -\$10 2:00—Uno	<u>Closed</u> <u>for Staff</u> <u>Training</u>
16	17	18	19	20
<ul> <li>9- Cardio Drumming</li> <li>9:30 Pepper</li> <li>10- Cardio Drumming</li> <li>10:30 Euchre</li> <li>Tournament</li> <li>12:30 Bingo with</li> <li>Kingsbury Place</li> <li>2:00- Word Games &amp;</li> <li>Advanced Coloring</li> <li>4:00 Archbold</li> <li>Christmas Lights-\$5</li> </ul>	9-10:30 Shopping at Walmart 9:30- Pepper 10- Bible Study 10- Tai Chi 10-10:30-Caroling with Tinora Jr. High Choir 1-2 -Zumba Gold-\$5 2:00-Scrabble	2:00– Boggle 3:45 Yoga -\$5	9:30 Pepper 9:30– 11:30– Grief Support Group 10:00 Shoot Pool 1-2pm Creative Crafts 2:00—Uno	9-2pm Christmas Bake Sale 9– Pepper 9– Cardio Drumming 10– Tai Chi 12:30—Left, Right, Center 1-2 Zumba Gold- \$5 2—Pacman & Pinball
23	Center Closed. 24	Center Closed. 25	26	27
9– Cardio Drumming 9:30 Pepper 10 Cardio Drumming 11– Penny Pitch by Meadows of Kalida 12:30 SkipBo 2:00– Word Games & Advanced Coloring		B B C	9-2 Pepper 10:00 Shoot Pool 11:30 Blood Pressures By Lexi 12:30 Dominos 2:00—Uno	9- Cardio Drumming 9:30 Pepper 10- Movie Day 10-Tai Chi 12:30—Left, Right, Center 1-2 Zumba Gold-\$5 2—Pacman & Pinball
30	31			KEY:
<ul> <li>9- Cardio Drumming</li> <li>9:30 Pepper</li> <li>10- Cardio Drumming</li> <li>10:30- Puzzles</li> <li>12:30 pm- Skip Bo</li> <li>2:00- Word Games &amp; Advanced Coloring</li> </ul>	9:30am—New Year's Eve Brunch 9:30 Pepper 10 Bible Study 10- Tai Chi Closed at 12pm for New Years Eve			Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!

#### IN OTHER NEWS DECEMBER 2024 NEWSLETTER | PAGE 04



#### WE WANT YOUR IDEAS!

We have a lot more ideas for activates, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!

#### **RIDDLE OF THE MONTH**

Not there yesterday, and also not there tomorrow night. Opened up on the eve, sharing hope and love on yuletide. What is it?

A present



I LOVE TALL TREES!

NO MEALS ON WHEELS We will be closed and not delivering meals on the following dates:

Thursday Nov. 28th and Friday Nov. 29th



#### The Defiance County Veterans Office **WE CONNECT VETERANS TO BENEFITS**

VA CLAIMS, APPLY FOR VA HEALTHCARE, **VA TRANSPORTATION, EMERGENY ASSISTANCE** 

Veterans Crisis Line - Confidential, Free, Specialized Support 24/7 365 Days A Year

## Veterans Crisis Hotline

#### 1-800-273-8255 Press 1 or text 838255

#### OFFICE: 419-782-6861 | FAX: 419-782-6713

- 1300 E Second St., Suite 102, Defiance, OH
- 🔀 veterans@defiancecounty.oh.gov
- # www.defiance-county.com/veterans-office/

### **Defiance County Ohio Veterans Office**

#### **DEFIANCE PUBLIC LIBRARY SYSTEM OFFERS** HOMEBOUND DELIVERY

OURLIBRARY PICKS, DELIVERED TO YOUR DOOR! CALL 419-782-1456

TO LEARN MORE.

WHO CARES?







## ASSISTED LIVING MEMORY CARE ADULT DAY SERVICES **REHAB & SKILLED SERVICES**

419-664-5590 755 Ottawa St, Kalida, OH 45853 meadowsofkalida.com | f



#### WINTER TIPS PAGE 05 | DECEMBER 2024 NEWSLETTER

## Winter Fall Prevention:

According to the National Counsil on Aging, Falls are the leading cause of injury for older adults, and slippery surfaces from winter weather pose a predictable risk. More than one in four older Americans fall every year. To help you stay safe, here are some winter fall prevention tips for seniors:

1.Don't go out if you don't have to.

2.Slow down and give yourself extra time.

3.Dress for the weather, even if you don't think you'll be outside for long.

4.Carry a cell phone, even for a quick trip to the mailbox.

5.Wear non-slip boots or shoes

6.Use something to steady yourself

7.Clear your path and / or spread something on the ground for traction as you walk.

# Are you facing a utility disconnection?

## The Special Reconnect Order\* can help!

- Available one-time per utility from Oct. 14, 2024, through April 18, 2025
- Available to any household regardless of income level
- A reconnection fee of no more than \$36 upfront may be charged if the service has been disconnected, any remaining

amount over \$36 will appear on the following bill

- The \$175 may be split between electric and natural gas if used for both at the same time
- Municipal utilities and rural coops are not required to offer the Special Reconnect Order

\*Authorized by the Public Utilities Commission of Ohio (PUCO)

#### For more utility assistance information visit: www.occ.ohio.gov/utilityassistance



Office of the Ohio Consumers' Counsel www.occ.ohio.gov

## **Ohio Senior** Insurance



**Your Medicare & Retirement Specialists** Annual Enrollment Oct. 15 - Dec. 7, give us a call 1-866-603-0491

Medicare, Life Insurance, Long-term Care, Home Health Care, **Final Expense & Annuities** 

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1101 Ralston Ave., Ste. A • Defiance Amanda Nigh **Stephanie Wagner** 



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SENIOR INSURANCE

#### SUMMIT 60 TAKES HAWAII - 2025 DECEMBER 2024 NEWSLETTER | PAGE 06



#### SUMMIT 60 SOCIAL CENTER PRESENTS HAWAII WITH NORWEGIAN CRUISE LINE ON THE PRIDE OF AMERICA 8 DAYS / 7 NIGHTS ~ NOVEMBER 1 - 8, 2025

DAY	PORT	ARRIVE	DEPART
1	Honolulu, Oahu (EMBARK)		7:00 pm
2	Kahului, Maui	8:00 am	Overnight
3	Kahului, Maui		6:00 pm
4	Hilo, Hawaii	8:00 am	6:00 pm
5	Kona, Hawaii	7:00 am	5:30 pm
6	Nawiliwili, Kauai	8:00 am	Overnight
7	Nawiliwili, Kauai		5:30 pm
8	Honolulu, Oahu (DISEMBARK)	7:00 am	CHARLEN AND DO L

Oceanview and Balcony Cabins Get ALL 4 perks! Inside Cabins Pick 2 Perks. PLUS Each Cabin receives a \$100 onboard credit!

Package is subject to change. All guests in a cabin must choose the same perks.

Hawaii Beverage Package\* Specialty 2-Meal Dining Package for Balcony Cabins\* Specialty 1-Meal Dining Package for Inside & Oceanview Cabins\* 150 Minute Internet Package per person \$50 Shore Excursion Credit per cabin\*

\*Gratuities are included. Call for details ~ 1-800-423-0247. Hawaii Beverage Package and Specialty dining applies to first 2 guests in cabin. The \$50 Shore Excursion Credit applies to guest 1.

INCLUDES GRATUITIES FOR AMENITY PACKAGE AND ON-BOARD SERVICE GRATUITIES

Inside Cabin Category	IA	\$5,300
Inside Cabin Category	IB	\$5,300
Balcony Cabin Category	BB	\$5,955

Rates are per person double occupancy and include roundtrip airfare from Ft. Wayne, cruise, service gratuities, beverage and dining package gratuities, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE AND WILL BE TICKETED ONCE YOUR GROUP IS PAID IN FULL. FLIGHTS ARE NON-REFUNDABLE ONCE TICKETED.

DEPOSIT POLICY: An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. <u>Final balance is due by June 4, 2025</u>. These are the best rates around! Those who book early get the best prices and the best cabin locations. <u>MAKE A RESERVATION</u> at grandamericantours.com.

Itinerary, Perks, and Prices are subject to change.

FOR RESERVATIONS AND INFORMATION CONTACT JENNIFER NELSON AT 419-769-8046

6/4/25 CW



#### SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES PAGE 07 | DECEMBER 2024 NEWSLETTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06
9am– SKIPBO 9am– Rummy 9am– Puzzles	Center Closed.	Center Closed.	9am– SKIPBO 9am– Rummy 9am– Puzzles	Center Closed.
1pm– Bingo with Antwerp Manor			11am– Blood Pressure Checks with Lexie	
			1pm– Penny Pitch	
			Christkindl Market	
09	10	11	12	13
9am– SKIPBO 9am– Rummy 9am– Puzzles 1pm– Bingo with Select Medical Rehab Christmas Party– Summit 60 of	<b>Center Closed.</b> Christmas Cruise Thru	9am– SKIPBO 9am– Rummy 9am– Puzzles 1pm– Name the Carol- Charades	<b>Center Closed.</b> Christmas Luncheon Summit 60 of Defiance	Defiance & Hicksville Centers Closed
Hicksville				
16	17	18		20
9am– SKIPBO 9am– Rummy 9am– Puzzles	Center Closed.	Center Closed.	9am– SKIPBO 9am– Rummy 9am– Puzzles	Center Closed.
1pm– Bingo with Vancrest		<u>Box Pick up</u>	11am-Blood Pressure Checks with Lexie	
Christmas Lights Archbold, OH			1pm– Fact or Fiction	
23	Center Closed. 24	Center Closed. 25	26	27
9am– SKIPBO 9am– Rummy 9am– Puzzles 11am– Musical			9am– SKIPBO 9am– Rummy 9am– Puzzles	<b>Center Closed.</b> Movie Day
Entertainment– Allie Nelson			1pm– Skip-Bo Tournament	
1pm– Summit 60 BINGO!	* CHRIS	STMAS 🔆		
30	31			
9am– SKIPBO 9am– Rummy 9am– Puzzles 1pm– Summit 60 BINGO!	<b>Center Closed.</b> Brunch 9:30am– Summit 60 of Defiance		When Summit 60 of Hicksville is Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!

#### SERVICES NEWS DECEMBER 2024 NEWSLETTER | PAGE 08



#### **TRANSPORTATION**

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

## Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

#### COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

#### Wed. November 27th

Summit 60 Defiance Center: 1:00pm-2:30pm

Summit 60 Hicksville Center: 12:30pm-2:00pm

This is a free program! For an application please contact Sue at 419-782-3233!

> DCSS 140 E. Broadway St Defiance, OH 43512 Attn: Sue

<u>Please no pets at pick up,</u> <u>Thank you!</u>



#### NEED TO CANCEL YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!



jpandy@lpicommunities.com (800) 477-4574 x6401

For ad info. call 1-800-477-4574 • www.4lpi.com

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#### NUTRITION NEWS PAGE 09 | DECEMBER 2024 NEWSLETTER



#### DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



#### WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our

20 for \$50 Meal Deal Coupons, that makes each meal

 only \$2.50!!
 \*Please note that no patron, 60 years or better will be denied meals due to inability to pay.\*



#### MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!



For ad info. call 1-800-477-4574 • www.4lpi.com

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Have our newsletter emailed to you.

## VISIT WWW.MYCOMMUNITYONLINE.COM

#### SUMMIT 60 CAFÉ & MEALS ON WHEELS MENU DECEMBER 2024 NEWSLETTER | PAGE 11

	ţ	product availability	Pr	Brunch in cate 9:30-10:30	Pineapple Blueberry Muffin
	e based on	Menu is subject to change	Menu is su	Close at Noon 31 No Home Delivery	Pepperoni Pizza 30 Sliced Carrots Peas
To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321	Spaghetti with Meat 27 Sauce Green Beans Cinnamon Peaches Tossed Salad Garlic Bread	Country Fried Steak <b>26</b> Au gratin Potatoes Broccoli Normandy Tangerine Dinner Roll	Closed <sup>25</sup> for Christmas	Closed <sup>24</sup> for Christmas	Hot Beef Sandwich <sup>23</sup> Oven Fries Grape Juice Diced Pears
minutes	20 Grilled Chicken Sandwich Sweet Potato Fries Winter Blend Pineapple	Swedish Meatballs <b>19</b> Buttered Noodles Peas Carrot Raisin Salad Mixed Fruit Dinner Roll	Chicken Noodle Soup18 Tossed Salad Apple Slices with Peanut Butter V8 Juice Blueberry Muffin	Mushroom Steak 17 Mashed Potatoes Brussels Sprouts Banana Dinner Roll	BBQ Pork Sandwich 16 Oven Fries Cole Slaw Peach Crisp
meals must be consumed within 30 minutes of delivery, or refrigerated and reheated at 350 degrees for 15	13 Center Closed For Staff Training	Beef Pot Roast Diced Potatoes Baby Carrots Baked Apples Dinner Rolls	Potato Soup <b>11</b> Tossed Salad Pears Bran Muffin	Salisbury Steak 10 Mashed Potatoes Creamed Corn Apricots Dinner Roll	Sloppy Joe Green Beans Tater Tots Pineapple
News Home delivered	BBQ Ribs 6 Baked Beans Garlic Mashed Potatoes Applesauce Dinner Roll Birthday Cake	Chicken Fettuccini Alfredo Wax Beans Beets Grapes Garlic Bread	Beef Stew Cole Slaw Blueberry Crisp Biscuit	Pork Chop Cabbage Succotash Diced Peaches Wheat Bread	Fish Sandwich 2 Potato Wedges Cauliflower with Cheese Sauce Grape Juice
	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY
	782-3321	Meals 419	Home Delivered Meals	Home L	
2024	er	Jecembe	Jece		





## **f** OLLOW US ON FACEBOOK AT

#### SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES!

#### WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

**Nick Wichman** *Director* (419) 782-3232

Jessica Osborn Business Manager (419) 783-4850

Lexie McKeen, LPN Client Resource Specialist (419) 783-4812

**Ginny Wiseman** *Nutrition Manager* (419) 782-3321

Jenn Nelson Community Outreach Manager (419) 769-8046 Senior Services Main Line (419) 782-3233

Sue Weller Client Concierge & Commodities Coordinator

**Dawn Knox** Activities Coordinator

**Penny Cryer** *Custodian* 

**Suzy Mack** Staff Assistant



**Kitchen Team** 

Mary Mansfield, Barb Davis,

Sandy Kaufman, Deb Vajen

**Meals on Wheels Team** 

Imber, Isaiah Almanza,

Transportation Team

Oline Hill, Don Heffner

Gae Ann Lind

Jennifer Lero, Mike Rychener,

Myra Emmons, Vicky Healy, Jodi

Cocke, Karen Fitzwater, Michael

Dennis Scott, Keith Ashbacher,



#### **FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:**

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Commissioners, Defiance County Senior Services Auxiliary Board and generous donations from patrons like you!

Thank you for your continued support!