



Summit Sentinel

Monthly Newsletter

February 2026 Edition

Summit 60 Social Center & Senior Services Headquarters

140 E. Broadway St.

Defiance, OH 43512

Phone: 419-782-3233

Monday—Friday

7:00am—3:00pm

Summit 60 Social Center of Hicksville

708 E. High St.

Hicksville, OH 43526

Phone: 419-769-8046

Monday, Wednesday & Friday

9:00am—2:00pm

2026

Event Sponsors

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

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Interested in becoming an event sponsor? Please contact

Jennifer Nelson at
419-769-8046



Special Events & Trips with Summit 60

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Soup-er Bowl Party

Tues. February 5th | 4:30 pm

Summit 60 - Defiance | Free

See to the right to more details.

Spa Day

Tues. February 10th | 10:00am

Archbold, OH | \$5 Transportation

Wanna relax? Join us as we head out to brunch at the Family Pancake House and then for spa day at Four County Career Center for all the pampering! *Pricing available ahead of time at both centers!*

Day at the Movies

Tues. February 12th | 8:45 am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$12 for anyone after.

February Evening Meal

Thurs. February 19th | 4:30pm

Summit 60 of Defiance | \$10 Ticket

See to the right for more details!

Senior Nite Out

Thurs. February 26th | 4:30pm

Ottawa, OH | \$5 Transportation

Join us as we head on over to Ottawa to the Red Pig Inn for good food, good friends and a great time!

Day at the Movies (March)

Tues. March 3rd | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$12 for anyone after.

Senior Nite Out (March)

Thurs. March 5th | 4:00pm

Ottawa, OH | \$5 Transportation

Join us as we head on over to Ottawa to the Red Pig Inn for good food, good friends and a great time!

Calendar of EVENTS

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

1- Reservations can only be made after 9am on the 1st Monday of the month.

Unless another date is noted in the newsletter

2- We are only accepting in person reservations at both centers with no more than 2 tickets per person at a time.

3- Non-refundable fee/ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!





Summit 60 Social Center of Defiance Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
Ground Hog Day 2	3	No Morning Gym Classes 4	No Afternoon Yoga 5	Birthday Day 6
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 11:30- Ground Hog Day Trivia 12- Puzzles 12:30- Pie Bingo with Glen Park 2- Shuffle Board	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba Gold- Free 12- Skipbo 2- Puzzles 3- Yoga-\$45/month	11- Shoot Pool 11:30- Lunch & Learn with Lilly Creek Farms 12- Shuffleboard 1:30- Pinball 2- Pac Man 3- Yoga/ \$45 month	9- Chair Yoga 9:30- Pepper 10:30- Creative Crafts 11- Zumba Gold - Free 11:30- Blood Pressure 12:30- Bingo By Van Crest 1- Alzheimer's Group 2- Shoot Pool 4:30pm - Soup-er Bowl Party	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 11:30- Birthday Lunch 12- Puzzles 2- Pacman
9	10	11	12	Valentines Day-ish 13
9- Cardio Drumming 9:30- Pepper 10- Cardio Drumming 10:30- Euchre Tournament 12:30- Bingo with Grandview Insurance 2- Shuffle Board	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 10- Spa Day Trip 11- Zumba Gold- Free 12- Skipbo 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard 1:30- Pinball 2- Pac Man 3- Line Dancing	8:45- Movie Day 9- Chair Yoga 9:30- Pepper 11- Zumba Gold - Free 12- Puzzles 1- Shuffleboard 2- Shoot Pool 3- Yoga/ \$45 month	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12-Make your own Valentines 2- Pacman
Center Closed 16	17	18	No Afternoon Yoga 19	Muffin Day 20
	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba Gold- Free 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard 1:30- Pinball 2- Pac Man 3- Yoga/ \$45 month	9- Chair Yoga 9:30- Pepper 10:30- Blood Pressures 11- Zumba Gold - Free 12:30- Bingo with Legacy Living 1:30- Creative Crafts 4:30- Evening Meal	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 11:30- Muffins with Lunch 12- Puzzles 2- Pacman
23	24	25	26	Retro Day 27
9- Cardio Drumming 9:30- Pepper 10-Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30- Bingo with Summit 60 2- Shuffleboard	9- Chair Yoga 9:30- Pepper 10- Bible Study 10- Tai Chi 11- Zumba Gold- Free 2- Puzzles 3- Yoga-\$45/month	9- Cardio Drumming 10- Cardio Drumming 11- Shoot Pool 12- Shuffleboard 1- Commodity Box Pickup 1:30- Pinball 2- Pac Man	9- Chair Yoga 9:30- Pepper 11- Zumba Gold - Free 12:30- Bingo with Interim 1:30- Shuffle Board 3- Yoga/ \$45 month 4- Senior Nite Out	9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11:30- Retro Outfit Fashion Show 12- Puzzles 2- Pacman
KEY: Green: Trip or Event Red: Theme Day Blue: Activities with a low cost to them	Grocery Trips <u>Tuesdays 9am-10:30am</u> Walmart-2/3 Krogers-2/10 Meijer-2/17 Aldi-2/24			

Fun & Games

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Word Twist

Valentine's Day

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words.

Hint: Each puzzle has a common theme!



Eacnmor _____

Pdicu _____

Thrae _____

Erfslwo _____

Ocaohletc _____

Terewhtsae _____

Tenfcioaf _____

Skis _____

Aerfyubr _____

Ndiatoora _____

While Valentine's Day is associated with romance, some darker events have occurred on the holiday. In which U.S. city did the St. Valentine's Day Massacre happen on Feb. 14, 1929?

Answer: Chicago

What are red roses said to symbolize?

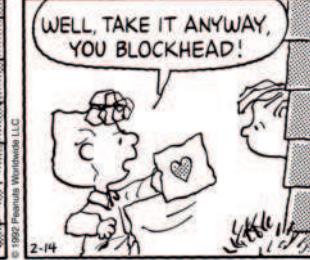
Answer: Passion & love

What do the x and o in the term xoxo mean?

Answer: Hugs (o) and Kisses (x)

According to Hallmark, how many Valentine's Day cards are exchanged each year (excluding in classrooms)?

Answer: 145 million



How can you get arrested on Valentine's Day?

For stealing someone's heart!



The Defiance County Veterans Office

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VA TRANSPORTATION, EMERGENCY ASSISTANCE

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FAX: 419-782-6713

1300 E Second St., Suite 102, Defiance, OH

veterans@defiancecounty.oh.gov

Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1
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14-1829



Cardio Drumming (Video Class)

9:00AM & 10:00am Mon & Wed / FREE

9:00am Fri. / FREE

Tai Chi (Video Class)

10:00am Tue & Fri / FREE

Zumba Gold (Instructed Class)

11:00am Tue & Fri / FREE

Yoga Vitality Chair Yoga (Video Class)

9:00am Tue & Thurs. / FREE

Afternoon Yoga (Instructed Class)

3:00pm Tue & Thurs. / \$45 Monthly

(Waitlist Only)

Line Dancing (Instructed Class)

3:00pm Wed. February 11th / FREE

Summit 60 Fitness Center

Daily 7:00am - 3:00pm / FREE

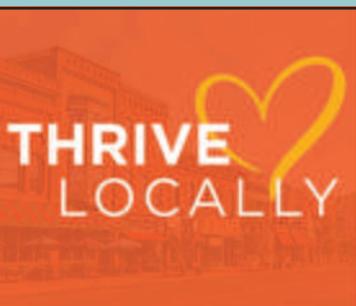
SUMMIT 60 FITNESS CENTER



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THE GYM AT
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Stephanie Wagner, RSSA

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Services & Resources

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SUMMIT 60 ON THE MOVE CREW

2026 CHALLENGE IS HERE

STOP BY THE DEFIAKE CENTER AND PICK UP YOUR 2026 WORKOUT CALENDAR. EACH DAY YOU COMPLETE ONE HOUR OR MORE OF EXERCISE, SIMPLY COLOR IN THAT DATE ON YOUR CALENDAR.

AT THE END OF THE YEAR, RETURN YOUR COMPLETED CALENDAR TO US FOR A CHANCE TO BE ENTERED INTO OUR YEAR-END PRIZE DRAWING!

LET'S STAY ACTIVE TOGETHER IN 2026 —EVERY DAY COUNTS!



Need to cancel your Meals on Wheels?

Have an appointment that ran over? Spur of the moment trip with friends or just not going to be home today?

Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!



Transportation

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

*Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3323!



No Meals on Wheels Deliveries

Both centers will be closed & we will not be delivering Meals on Wheels on the following date:

Monday, February 16th

In Observance of President's Day. We will resume normal operations on Tuesday, February 17th.

Thank you for your understanding!

Commodity Box Distribution

40lbs of Shelf Stable food & A 2lb Block of Cheese!

Wednesday, February 25th

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a FREE program!
First come, first serve.

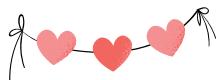
For an application please contact Sue at 419-782-3323!

DCSS
140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller

Please no pets at pick up, Thank you!

We want your ideas!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3323!



Summit 60 Social Center of Hicksville Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
Groundhog Day 2	Center Closed 3	4	Center Closed 5	Birthday Day 6
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Penny Pitch 1PM - Groundhog Day Trivia		9AM - Pinball & Puzzles 11AM - Lunch & Learn with Hicksville Police Dept & K-9 Echo 1PM - Shuffleboard & Foosball		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Board Games 11AM - Book Club 12PM - Birthday Lunch 1PM - Cozy Coloring
9	Center Closed 10	11	Center Closed 12	Valentine's Day-ish 13
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Blood Pressures 1PM - BINGO		9AM - Pinball & Puzzles 11AM - Bible Study 1PM - Cornhole		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Board Games 11AM - Book Club 1PM - Valentine's Party
Center Closed 16	Center Closed 17	18	Center Closed 19	Muffin Day 20
		9AM - Pinball & Puzzles 11AM - Bible Study 1PM - Ping Pong Catch		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Board Games 11AM - Book Club 1PM - Muffin Recipe Swap
23	Center Closed 24	25	Center Closed 26	Retro Day 27
9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Blood Pressures 1PM - BINGO		9AM - Pinball & Puzzles 11AM - Bible Study 1PM - Shuffleboard & Foosball		9AM - SRP (Skip-Bo/Rummy/Puzzles) 11AM - Board Games 11AM - Book Club 1PM - Retro Day- Favorite Decades Outfit Contest
KEY: Green: Trip or Event Red: Theme Day! Blue: Activities with a low cost to them!				

Recipe of the Month

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Marry Me Pasta

Yield: 4 servings

Prep: 20 minutes

Cook: 15 Minutes

Ingredients

- 8 ounces uncooked penne pasta
- 1 pound boneless skinless chicken breasts
- 3/4 teaspoon salt
- 1/2 teaspoon pepper
- 2 tablespoons olive oil
- 1 cup heavy whipping cream
- 1 container (8 ounces) mascarpone cheese
- 1 jar (8-1/2 ounces) julienned oil packed sun-dried tomatoes, drained
- 2 tablespoons chopped fresh basil
- Shredded Parmesan cheese
- Fresh basil leaves, optional



Directions

1. Cook pasta according to package directions for al dente, drain.
2. Sprinkle chicken with salt and pepper. In a large skillet, heat oil over medium heat. Add chicken; cook until a thermometer reads 165°, 4-5 minutes on each side. Remove from pan; keep warm. Reduce heat to medium-low.
3. In the same pan, whisk cream and mascarpone until smooth and heated through, 4-6 minutes. Stir in sun-dried tomatoes and basil. Add pasta; stir to coat and cook until heated through. Serve with chicken, Parmesan cheese and fresh basil leaves if desired.

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14-1829



Where else are you going to get a meal for just \$3?!

The answer is nowhere!

Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal!

**Purchase our 20 for \$50
Meal Deal Coupons
& make each meal only \$2.50!**

*Please note that no patron, 60 years or better will be denied meals due to inability to pay. *



Did you know we are a national member of Meals on Wheels of America?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233.



Make a reservation today!

Lunch is served:

**Summit 60 of Defiance
11:30am - 12:30pm, Mon - Fri**

**Summit 60 of Hicksville
12:00pm, Mon, Wed, & Fri**

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

Make a reservation in person or by calling us at 419-782-3233!



**Live Entertainment!
Every Wednesday, Friday, and Saturday!**

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Food Specials & Happy Hours

(419) 782-2326 • 841 N Clinton St, Defiance

*Check out our facebook page to see what's happening each week!
www.facebook.com/defiancemoose2094/*



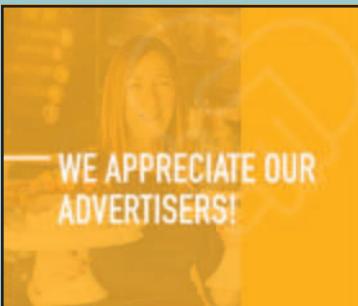
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Summit 60 Cafe & Meals on Wheels Menu

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February 2026

Home Delivered Meals 419 782-3321

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	Hashbrown Casserole Coleslaw Baked Apples	Sloppy Joe Sandwich 9	Baked Ham Sweet Potatoes Green Beans Pears Dinner Roll	Mинestrone Soup 4	Teriyaki Chicken 5	Beef Stroganoff 6
		String Cheese Mixed Vegetables Tater Tots Grapes	Beef Manhattan Mashed Potatoes Red Beets Tropical Fruit	Tossed Salad Pineapple and Mandarin Oranges Apple Cinnamon Muffin	Asian Rice Stir Fry Vegetables Raisins Fortune Cookie Wheat Bread	Buttered Noodles Stewed Tomatoes Apricots Dinner Roll Birthday Cake
		16	Stuffed Cabbage Roll 17	Chicken Noodle Soup 11	Baked Fish Scalloped Corn Potato Salad Cherry Crisp Wheat Bread	Pepperoni Pizza 13
				Ash Wednesday Tomato Soup Grilled Cheese Sandwich Carrot Sticks w/ Peanut Butter Grapes	Pork Roast Cabbage Garlic Mashed Potatoes Apricots Wheat Bread	Cole Slaw Brussels Sprouts Hot Cinnamon Applesauce Blueberry Muffin
23	Beef Stew Sauerkraut Relish Mandarin Oranges and Pineapple Biscuit	24	Chicken Fettuccini Alfredo Green Beans and Mushrooms 7 Layer Salad Grapes Bread Stick	Chili 25	Pancakes Hash Browns Sausage links Hard Boiled Egg V8 juice Orange	20
				Peanut Butter and Jelly Sandwich Tossed Salad Apple	Chicken Parmesan 26	Baked Potato 27
				Wax Beans Orange Juice Garlic Bread	with Broccoli Broccoli Cheese Sauce V8 juice Ambrosia Salad Dinner Roll	Buttered Noodles Stewed Tomatoes Apricots Dinner Roll Birthday Cake

The following major food allergens may be used as ingredients:

News
Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

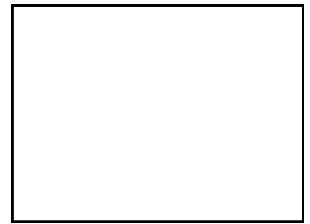
To cancel a meal, or inquire about ingredients, please

Menu is subject to change based on product availability



**Defiance County
SENIOR SERVICES**
140 E. Broadway St.
Defiance, OH 43512

FEBRUARY



**Follow us on Facebook at
Summit 60 Social Center & Defiance County Senior Services**

We are here for you, give us a call today!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager

(419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist

(419) 783-4812

Ginny Wiseman

Nutrition Manager

(419) 782-3321

Jennifer Nelson

Community Outreach Manager

(419) 782-3233

Sue Weller

Client Concierge &

Commodities Coordinator

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

Karlee Harris

Site Assistant (Hicksville)



Summit 60 Social Center & Senior Services Main Line:
(419) 782-3233

Summit 60 of Hicksville:
(419) 769-8046

Kitchen Team:

Sandy Kaufman, Deb Vajen,
Diane Bok, Chris Waxler

Meals on Wheels Team:

Mike Rychener, Vicky Healy,
Karen Fitzwater, Mike Imber,
Isaiah Almanza, Dean Wiles,
Kevin Beyer, Tom Nicely,
Edna Dix

Transportation Team:

Dennis Scott, Oline Hill,
Don Heffner

Funding Sources for Defiance County Senior Services:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

Thank you for your continued support!