

# JUNE | 2019



## Defiance County Senior Services

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>3</b></p> <p>Sloppy Joe Baked Beans Mixed Vegetables Fruit Cocktail</p>	<p><b>4</b></p> <p>Parmesan Chicken W/ Marinara Sauce Winter Blend Veggies Carrot Salad Jell-O w/ Pineapple Whole Wheat Bread</p>	<p><b>5</b></p> <p>Egg Drop Soup Chicken Salad Sandwich 3 Bean Salad Orange Juice Banana Salad Bar in Cafe</p>	<p><b>6</b></p> <p>Pork Chop Rice and Tomatoes Broccoli Grapes Dinner Roll</p>	<p><b>7</b></p> <p>Meatloaf Garlic Mashed Potatoes Brussel Sprouts Ambrosia Salad Dinner Roll Birthday Cake</p>
<p><b>10</b></p> <p>BBQ Pork Sandwich Ranch Diced Potatoes Vegetable Blend Tropical Fruit</p>	<p><b>11</b></p> <p>Tuna and Noodles Sweet Peas Sliced Carrots Pineapple Sauce Whole Wheat Bread</p>	<p><b>12</b></p> <p>Louisiana Chicken Soup Grilled Cheese Sandwich Tossed Salad Apple Juice Salad Bar in Cafe</p>	<p><b>13</b></p> <p>Salisbury Steak Mashed Potatoes Green Bean Casserole Diced Peaches Dinner Roll</p>	<p><b>14</b></p> <p>Tamale Pie Fiesta Corn Cinnamon Applesauce Spanish Rice</p>
<p><b>17</b></p> <p>Grilled Chicken Breast Sandwich Baked Beans Oven Fries Orange Sections</p>	<p><b>18</b></p> <p>Shepherd's Pie Harvard Beets Tossed Salad Melon Cup Dinner Roll</p>	<p><b>19</b></p> <p>Chef Salad Strawberries Pound Cake</p> <p>No Salad Bar Today</p>	<p><b>20</b></p> <p>Rueben Casserole Carrots Baked Apples V8 Dinner Roll</p>	<p><b>21</b></p> <p><b>Closed for Staff Training</b></p>
<p><b>24</b></p> <p>Hot Beef Sandwich Tater Rounds Malibu Blend Vegetables Grape juice</p>	<p><b>25</b></p> <p>Pork Casserole Normandy Vegetables Fruit Crisp Garlic Toast</p>	<p><b>26</b></p> <p>Chicken Noodle Soup Coleslaw Pea Salad Banana Salad Bar in Cafe</p>	<p><b>27</b></p> <p>Swedish Meatballs Noodles Cauliflower Broccoli Pears Whole Wheat Bread</p>	<p><b>28</b></p> <p>BBQ Ribs Red Skin Potatoes Greek Green Beans Mandarin Oranges Whole Wheat Bread</p>

### News

Evening Meal  
June 26<sup>th</sup> 5:00pm

Beef Tips  
With Mushrooms and  
Onions  
Mashed Potatoes  
Corn  
Tossed Salad  
Dinner Roll  
Strawberry Poke  
Cake

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Cold Pack Meal  
For 6/21/19

Tuna Salad  
3 Bean Salad  
Mixed Fruit  
Orange Juice

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To access ingredient  
content, call kitchen  
manager 419 782-3321