



CELEBRATING 50 YEARS!
1975-2025



Summit Sentinel

MONTHLY NEWSLETTER

JUNE 2025 EDITION

SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday & Thursday
9:00am—2:00pm

2025

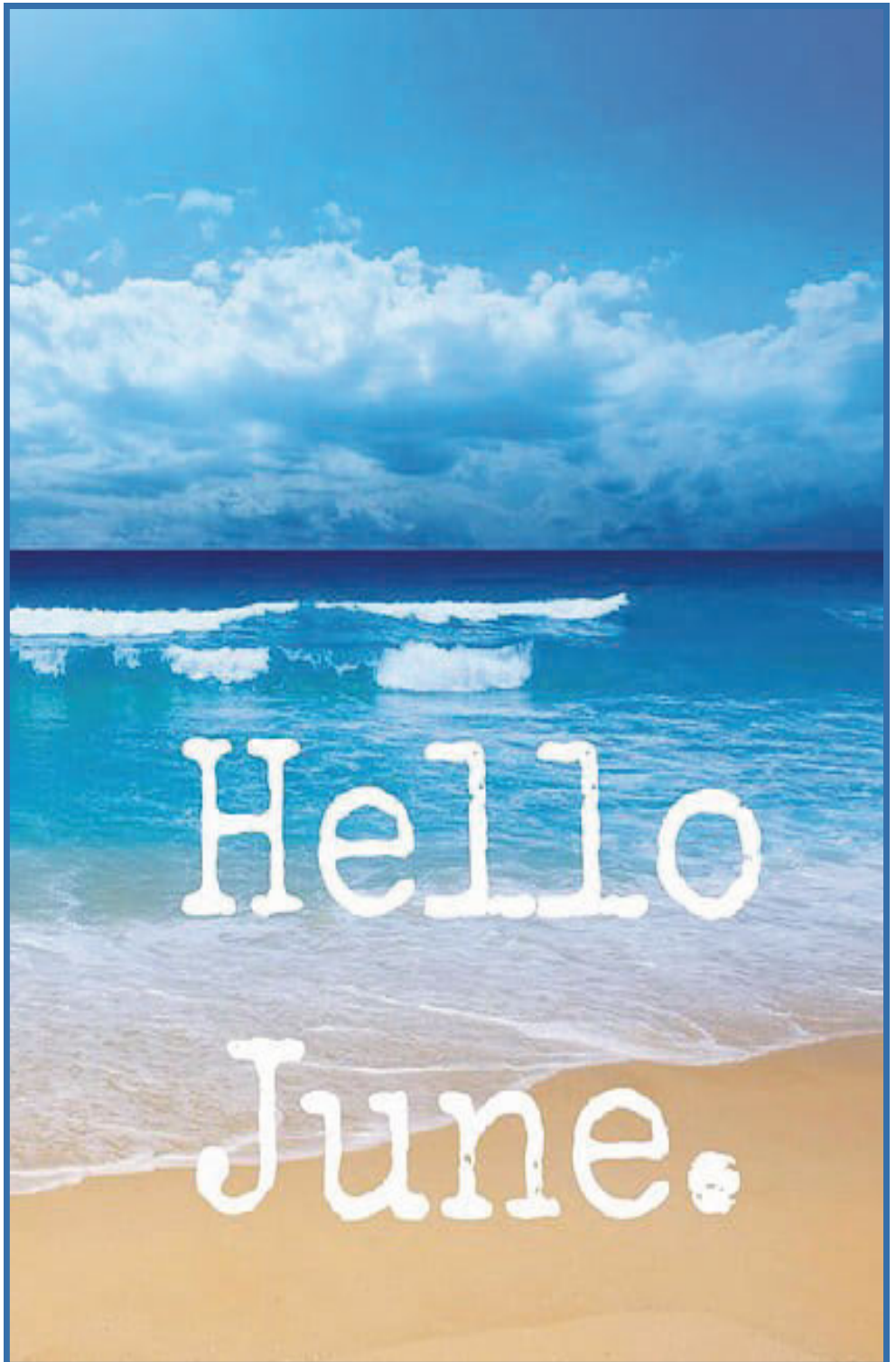
EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

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Eagles Aerie 2556 - Hicksville
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VFW Post 3360 - Defiance
Johns Manville
B&B Molded Products
General Motors - Defiance
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Arc Solutions
REMAX of Defiance
Bruce Guilford Real Estate

Interested in being an 2025
Event Sponsor? Please contact
Jenn Nelson at 419-769-8046



"SUMMIT SENTINEL"

PUBLISHED BY: DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

- 1- Reservations can only be made after 9am on the 1st Monday of the month.
Unless another date is noted in the newsletter
 - 2- We are only accepting in person reservations at both centers. Movies included.
No more than 2 tickets per person at a time.
 - 3- Your non-refundable fee / ticket must be paid in order to reserve a spot.
- If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount.
- Thank you for your understanding & lets have some fun!!



SENIOR NITE OUT

Wed. June 4th | 4:00pm

Bryan, OH | \$5 Transportation

Join us at Cattle Creek for a great evening of amazing food and fun with great friends!

FATHER'S DAY CELEBRATION

Tues. June 10th | 10:30 am

Summit 60 Defiance Gym | FREE

If you are a Dad, Uncle, Brother or friend, see to left for more details!

PICNIC IN THE PARKS

Thurs. June 12th | 4:30 pm

Bronson Park- Defiance | \$10

See the left for more details!

CHERRY FESTIVAL TRIP

Fri. June 13th | 10:00am

Whitehouse, OH | \$5 Transportation

We will be heading over to Whitehouse for this fun Annual festival!

FT WAYNE ZOO TRIP

Tues. June 17th | 10:00 am

\$25 Ticket & Transportation

We will be exploring all the animals at the Ft. Wayne Zoo! Pack your own lunch for a picnic together!

LUNCH & LEARN

Wed. June 18th | 11:30am

Summit 60 Gym | By Victory Center

Join us for this months Lunch & Learn with special guest from the Victory Center located in Defiance!

SENIOR NITE OUT—TAKE 2

Wed. June 25th | 4:00pm

Bryan, OH | \$5 Transportation

Could make it the first time, Join us at Cattle Creek for a great evening of amazing food and fun with great friends!

DAY AT THE MOVIES

Fri. June 27th | 8:45am

Sponsored by Kingsbury Place

Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

PUT IN BAY TRIP

Mon. June 30th | 6:00am

Put In Bay, OH | \$50 Tickets & Transportation

See Page 6 for more details!!



SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

JUNE 2025 NEWSLETTER | **PAGE 03**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	Environmental Day 05	06
9 Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11- Scrabble 12:30 Pie Bingo with Glen Park 2- Shuffle Board	9- Shopping at Aldi's 9:30 Pepper 10- Bible Study 10- Tai Chi 11- Skipbo 1- Zumba Gold - \$5 2- Puzzles 3- Yoga—\$45/month	9- Cardio Drumming 9:30- Yahtzee 10-Cardio Drumming 11- Shoot Pool 12:30 Chair Volleyball 1- Jewelry Making 3- Line Dancing 4- Senior's Nite Out 1	9- Environmental Craft 9:30- Pepper 10- Creative Crafts 11:30 Blood Pressures 12:30- Bingo by Van Crest 1-Alzheimer's Support 3- Yoga-\$45/Month	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 11:30 Birthday Lunch 1- Zumba Gold- \$5 2-Shuffle Board
09	10	11	Veggie Day 12	13
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30 Wash Bingo with Stephanie Wagner 2- Shuffle Board	9-Shopping - Walmart 9:30- Pepper 10- Bible Study 10:30—Father's Day Celebration 11-Skipbo 1- Zumba Gold- \$5 2- Puzzles 3-Yoga—\$45/month	9- Cardio Drumming 9:30-Yahtzee 10-Cardio Drumming 11- Shoot Pool 12:30 Chair Volleyball 3- Line Dancing	9:30 Pepper 10- Veggie Snacks! 11- Play Pinball 2- Pacman 3-Yoga-\$45/Month 4:30- Picnic in the Park!	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 10- Cherry Festival 11- Pinball 1-Zumba Gold—\$5 2- Shuffle board
16	17	18	19	20
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10:30 Euchre Tournament 11-Scrabble 12:30 Bingo by Kingsbury Place 2- Shuffle Board	9-Shopping- Kroger's 9:30- Pepper 10- Bible Study 10- Tai Ch 10- FT. Wayne Zoo 11-Skipbo 1-Zumba Gold—\$5 2- Puzzles 3-Yoga-\$45/month	9-Cardio Drumming 9:30 - Yahtzee 10- Cardio Drumming 11- Shoot Pool 11:30 Lunch & Learn with Victory Center of Defiance 12:30 Chair Volleyball 1- Jewelry making 3-Line Dancing	 Closed for Juneteenth	9 Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 1- Zumba Gold- \$5 2 -Shuffle Board
23	24	25	Garden Day 26	27
9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Summit 60 Bingo! 2- Shuffle Board	9-Shopping- Meijer's 9:30 Pepper 10 Bible Study 10- Tai Chi 11- Skipbo 1- Zumba Gold \$5 2-Puzzles 3-Yoga- \$45 /month	9 Cardio Drumming 9:30 Yahtzee 10-Cardio Drumming 11- Shoot pool 12:30 Chair Volleyball 1-2:30 Commodity Box Distribution 3-Line Dancing 4- Senior's Nite Out 2	9:30- Pepper 10— Paint a Garden 11- Play Pinball 12:30-Bingo by CHP 2- Pacman 3-4 Yoga- \$45/month	8:45am- Movie Day 9- Cardio Drumming 9:30 Pepper 10-Tai Chi 11- Pinball 1-Zumba Gold—\$5 2- Shuffle Board
Birthday Day 30				
9- Cardio Drumming 6am- Put In Bay 9:30 pepper 10- Cardio Drumming 11-Scrabble 2- Shuffle Board		NO Warrior Rhythm Roots Class in June! Melissa will be back in business in July!		KEY: <u>Green:</u> Trip or Event <u>Red:</u> Theme of the day <u>Orange:</u> Grocery Trip <u>Blue:</u> Activities with a low cost to them!

Exercise CLASSES

CARDIO DRUMMING

9:00AM & 10:00AM MON & WED
9:00AM FRIDAY | FREE

TAI CHI

10:00AM TUE & FRI | FREE

ZUMBA GOLD

1:00PM TUE & FRI | \$5

WARRIOR STRENGTH

NO CLASSES IN JUNE!

AFTERNOON YOGA

3:00PM TUE & THURS. |
\$45 MONTHLY (WAITLIST ONLY)

THE SUMMIT 60 FITNESS CENTER

DAILY 7:00AM - 3:00PM | FREE

LINE DANCING

3:00PM WED. | FREE

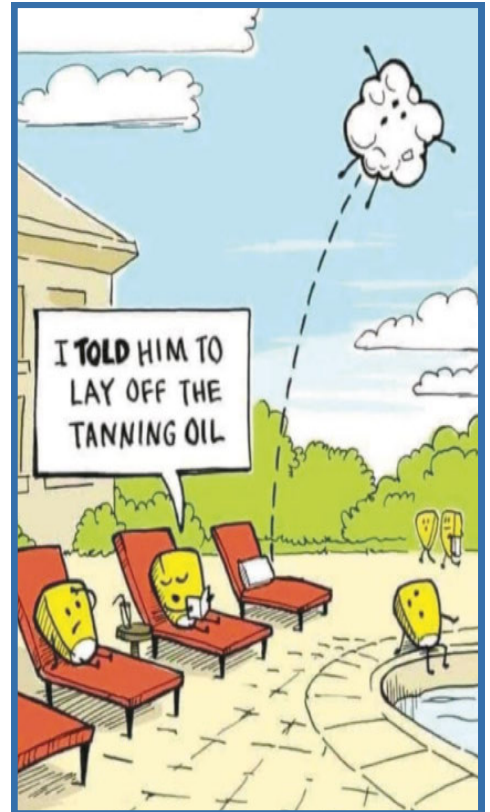
WE WANT YOUR IDEAS!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!

RIDDLE? ME THIS?

What date in June has only consonants in its name when written out?
(Ex: March 5th is the fifth of March?)

Answer: June 30th



The Defiance County Veterans Office

WE CONNECT VETERANS TO BENEFITS

VA CLAIMS, APPLY FOR VA HEALTHCARE,
VA TRANSPORTATION, EMERGENCY ASSISTANCE

OFFICE: 419-782-6861

FAX: 419-782-6713

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

📘 Defiance County Ohio Veterans Office

**Veterans Crisis Hotline: 988 Press 1
or text 838255**

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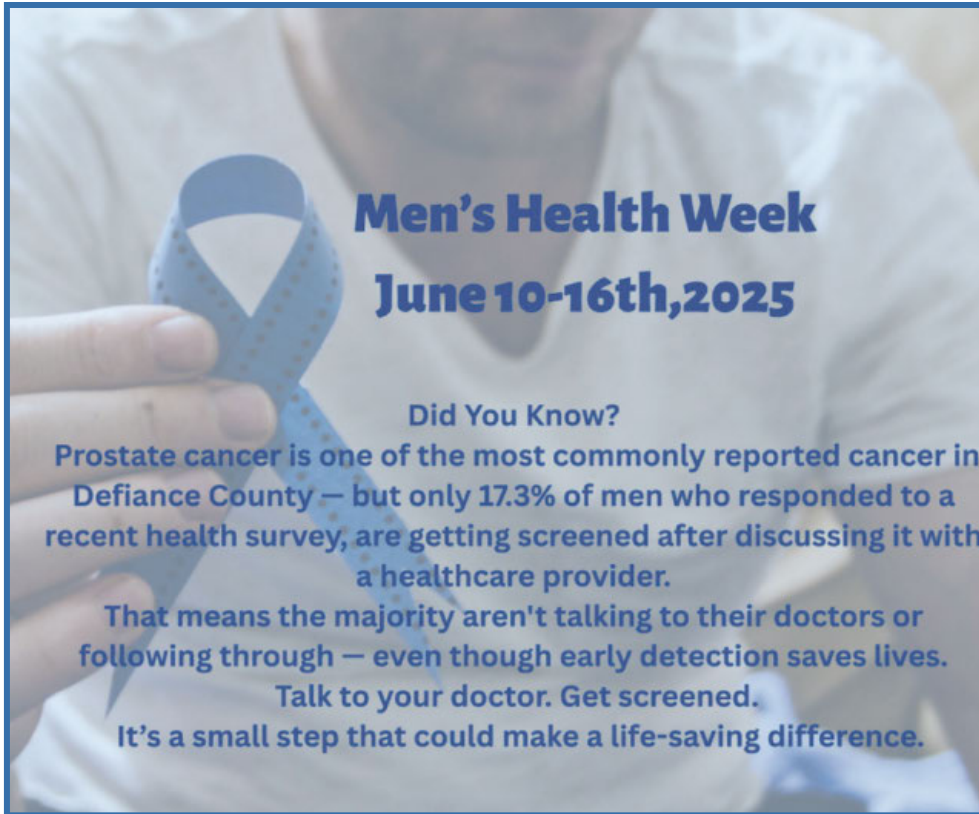
419-664-5590

755 Ottawa St, Kalida, OH 45853

meadowsofkalida.com | f

THS-9129-24





Men's Health Week June 10-16th, 2025

Did You Know?
Prostate cancer is one of the most commonly reported cancer in Defiance County — but only 17.3% of men who responded to a recent health survey, are getting screened after discussing it with a healthcare provider.

That means the majority aren't talking to their doctors or following through — even though early detection saves lives.
Talk to your doctor. Get screened.
It's a small step that could make a life-saving difference.



NO MEALS ON WHEELS

Both Defiance and Hicksville centers will be closed and we will not be delivering Meals on Wheels on the following dates in the month of June:

Thursday June 19th

In Observance of
Juneteenth.

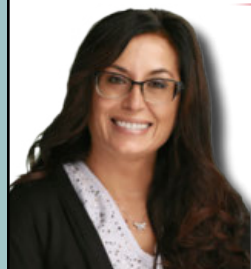


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Amanda Nigh Stephanie Wagner, RSSA



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(419) 769-8400

Jet Express Put-in-Bay

Monday, June 30th



\$50 per person

Sign up begins at
9am on June 2nd
at both centers

- Leave Defiance @ 6am
- Depart Sandusky @ 9:15am
- Depart Put-in-Bay @ 4:30pm
- Stopping for supper in Sandusky



SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	Environmental Day 05	06
		Senior Nite Out #1	9am- Skip-Bo 9am- Rummy 9am- Puzzles 10am-Plant craft 1pm-Ping Pong Catch	
09	Center Closed 10	Center Closed 11	Veggie Day 12	Center Closed 13
9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am- Blood Pressures 1:00pm—BINGO with Summit 60	Fathers Day Celebration in Defiance		9am- Skip-Bo 9am- Rummy 9am- Puzzles 10am-Veggie Platter 1pm- Cornhole Picnic in the Park	Cherry Festival
16	Center Closed 17	Center Closed 18	19	20
9am- Skip-Bo 9am- Rummy 9am- Puzzles 1:00pm—BINGO with Select Medical Rehab	Fort Wayne Zoo		 Closed For Juneteenth	9am- Skip-Bo 9am- Rummy 9am- Puzzles 1pm- Volleyball
23	Center Closed 24	Center Closed 25	Garden Day 26	Center Closed 27
9am- Skip-Bo 9am- Rummy 9am- Puzzles 11am- Blood Pressures 1:00pm—BINGO with Vancrest		Senior Nite #2 12:30pm- Commodity Box Pick Up	9am- Skip-Bo 9am- Rummy 9am- Puzzles 10am-Canvas Painting 1pm- Newspaper Races	Movie Day
Birthday Day 30				
9am- Skip-Bo 9am- Rummy 9am- Puzzles 1:00pm—BINGO with Hicksville Put-In-Bay				KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. June 25th

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a free program!

First come, first serve.

For an application please contact Sue at 419-782-3233!

DCSS

**140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller**

Please no pets at pick up.
Thank you!



NEED TO CANCEL YOUR HOME DELIVERED MEAL?

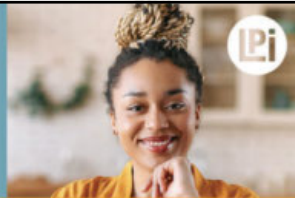
Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!

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DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our [20 for \\$50 Meal Deal Coupons](#), that makes each meal only \$2.50!!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!



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Check out our facebook page to see what's happening each week!

www.facebook.com/defiancemoose2094/



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LOCAL OWNERSHIP



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June 2025

Home Delivered Meals 419 782-3321

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pizza Burger Oven Fries Mixed Vegetables Apple Juice	3 Pork Chop Rice and Tomatoes Broccoli Diced Pears Dinner Roll	4 Swedish Meatballs Noodles Cole Slaw Brussel Sprouts Mandarin Oranges Dinner Roll	5 Chef Salad Ambrosia Salad Bran Muffin	6 Meat Loaf Garlic Mashed Potatoes Corn Peaches Dinner Roll Birthday Cake
9 Fish Sandwich Tater Tots Wax Beans Fruit Cocktail	10 Goulash Butter Beans Asparagus Grape Juice Dinner Roll	11 Glazed Chicken Breast Sweet Potato Fries Spinach Peach Crisp Wheat Bread	12 Taco Salad Apricots Corn Bread	13 BBQ Ribs Baked Beans Au Gratin Potatoes Pineapple Wheat Bread
16 Chicken Salad Sandwich Potato Salad Apple Slices with Peanut Butter V-8 Juice	17 Stuffed Peppers Cauliflower Glazed Carrots Grapes Dinner Roll	18 Beef Tips Buttered Noodles Peas and Onions Stewed Tomatoes Diced Pears Wheat Bread	19 Closed	20 Pancakes Hash Browns Sausage links Hard Boiled Egg V8 juice Orange
23 BBQ Pork Cole Slaw Oven Fries Fruit Cocktail	24 Mushroom Steak Mashed Potatoes Harvest Blend Vegetables Mandarin Oranges Wheat Bread	25 Pepperoni Pizza Green Beans Pasta Salad Peaches and Pears Blueberry Muffin	26 Turkey and Swiss Sandwich Tossed Salad Strawberries Pound Cake	27 Parmesan Chicken California Blend Peach Crisp Apple Juice Garlic Bread
30 Sloppy Joe Succotash Tater Tots Tropical Fruit				

News

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish Tree Nuts, Peanuts, Wheat, Soy, Sesame

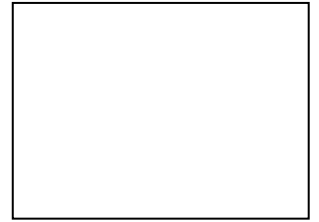
To cancel a meal, or inquire about ingredients, please call

Ginny
419 782-3321



**Defiance County
SENIOR SERVICES**

140 E. Broadway St.
Defiance, OH 43512



FOLLOW US ON FACEBOOK AT

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman

Director

(419) 782-3232

Jessica Osborn

Business Manager

(419) 783-4850

Lexie McKeen, LPN

Client Resource Specialist

(419) 783-4812

Ginny Wiseman

Nutrition Manager

(419) 782-3321

Jenn Nelson

Community Outreach Manager

(419) 769-8046

Senior Services

Main Line

(419) 782-3233

Sue Weller

*Client Concierge
& Commodities Coordinator*

Dawn Knox

Activities Coordinator

Penny Cryer

Custodian

Suzy Mack

Staff Assistant

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*Mary Mansfield,
Sandy Kaufman, Deb Vajen,
Diane Bok*

Meals on Wheels Team

*Jennifer Lero, Mike Rychener,
Myra Emmons, Vicky Healy,
Karen Fitzwater, Michael Imber,
Isaiah Almanza*

Transportation Team

*Dennis Scott, Keith Ashbacher,
Oline Hill, Don Heffner*



FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

**Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board,
Defiance County Commissioners, and generous donations from patrons like you!**

Thank you for your continued support!