



SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St. Defiance, OH 43512 **Phone:** 419-782-3233 **Monday—Friday** 7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

708 E. High St. Hicksville, OH 43526 **Phone:** 419-769-8046 **Monday & Thursday** 9:00am—2:00pm

2025 EVENT SPONSORS

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

Peter & Maureen Kennerk Eagles Aerie 372 - Defiance Eagles Aerie 2556 - Hicksville Jim Schmidt Dealerships Amvets Post 1991 - Defiance VFW Post 3360 - Defiance Johns Manville B&B Molded Products General Motors - Defiance Elks BPOE #147 - Defiance Arc Solutions REMAX of Defiance Bruce Guilford Real Estate

Interested in being an 2025 Event Sponsor? Please contact Jenn Nelson at 419-769-8046



"SUMMIT SENTINEL" PUBLISHED BY:DEFIANCE COUNTY SENIOR SERVICES | 140 E. BROADWAY ST. | DEFIANCE, OH 43512

SPECIAL EVENTS & TRIPS WITH SUMMIT 60 PAGE 02 | MARCH 2025 NEWSLETTER

How to make Trip & Event Reservations We love seeing all of you excited for our events and trips! To best serve everyone fairly, we have set up the following guidelines:

1- Reservations can only be made after 9am on the 1st Monday of the month. <u>Unless another date is noted in the newsletter</u>

2- We are only accepting in person reservations at both centers. Movies included. <u>No more than 2 tickets per person at a time.</u>

3- Your non-refundable fee / ticket must be paid in order to reserve a spot. If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount. Thank you for your understanding & lets have some fun!!

WE WANT YOUR IDEAS!

We have a lot more ideas for activates, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!

Join us for a Summit 60 St. Patrick's Day Party

Summit 60 Social Center invites you to an Irish Themed Evening meal!

<u>March 18th, 2025</u> <u>4:30pm - 6:30pm</u>

Musical Entertainment for the evening is brought to us by Professional Harpist, Rebecca Swett.

Our Delicious Dinner Menu Includes: Homemade Shepherd's Pie Baked Potato Skins Bacon Fried Cabbage Apple Cobbler Dinner Rolls Mint Parfait

CKETS ONLY \$10!

NUTERS

TICKETS ON SALE NOW!

With baseball season right around the corner we are excited to start planning a trip to the Toledo Mudhens!

The game will be held on Wed. May 21st

Tickets are \$25 & include: Ticket, Transportation and Lunch at the game!

For more information, Contact Jenn or Dawn at 419-782-3233!

LUNCH & LEARNS

We are excited to offer 3 different lunch and learn opportunities at our centers!

March 12th 11:30- Defiance Blue Jay Financial

March 13th 11:30- Hicksville Blue Jay Financial

March 26th 11:30- Defiance Ohio Consumers Council



SENIOR NITE OUT Tues. March 4th |4:00pm Waterville, OH|\$5 Transportation Join us at Shawn's Irish Tavern for A evening chalk full of Irish Fun with great friends!

DISNEY ON ICE Thurs. March 13th |4:00pm <u>SOLD OUT</u>

ST. PATRICK'S DAY EVENING MEAL Tues. March 18th |4:30 pm

\$10 Tickets

Test your luck of the Irish and join us for a night with friends, great food, door prizes and 50/50 raffles! See to the left for more Details!

LINE DANCING

Wed. March 19th |3:00 pm Summit 60 Defiance| Free

Back by Popular Demand! Join us for this fun free event open to any of our friends 60 years +!

DAY AT THE MOVIES

Fri. March 21st |10:00am Sponsored by Kingsbury Place

Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

SENIOR NITE OUT—TAKE 2

Tues. March 25th |4:00pm Waterville, OH|\$5 Transportation Could make it the first time, join us this time at Shawn's Irish Tavern for A evening chalk full of Irish Fun with great friends!

MYSTERY LUNCH

Fri. March 28th |10:00 am \$5 Transportation

Take the headache out of deciding where you want to go out to eat and let us do It for you! Join your friends for this fun lunch out!

COOKIE DECORATING

Cookie Decorating will be held again the week of Easter next month at Summit 60 & Summit 60 of Hicksville. Trays will be available for you to take home with you for your family holiday celebrations! Date: To Be Determined!

SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

MARCH 2025 NEWSLETTER | PAGE 03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	Dr. Suess Day 6	7
 9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30 Pie Bingo with Glen Park 2- Advanced Coloring 	9-Shopping - Meijer's 8:50-Warrior Rhythm Roots 9:30– Pepper 10– Bible Study 10 Tai Chi 11-Skipbo 1– Zumba Gold-\$5 2– Puzzles 3-Yoga -\$45/ month 4–Senior Nite Out -\$5	 9- Cardio Drumming 9:30-Yahtzee Tournament 10-Cardio Drumming 11- Shoot Pool 1- Left, Right, Center 1- Jewelry Making 2- Origami Art 	9-Warrior Rhythm Roots 9:30 Pepper 10- Creative Crafts 11- Dr. Suess Trivia 11:30 Blood Pressures 12:30 Bingo with Med- Care 1 1-Alzhiemer's Support Group 3-Yoga -\$45/ month	9- Cardio Drumming 9:30 Pepper 10- Tai Chi 11- Pinball 11:30 Birthday Lunch 12:30-2:30- South 66 Lanes Bowling— \$2 per game 1-Zumba Gold—\$5 2- Word Finds
10	11	Lunch and Learn 12		14
 9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 11-Scrabble 12:30-Bingo by North Crest 2- Advanced Coloring 	9-Shopping- Walmart 8:50-Warrior Rhythm Roots 9:30- Pepper 10- Bible Study 10- Tai Chi 11-Skipbo 1-Zumba Gold—\$5 2- Puzzles 3-Yoga -\$45/ month	9-Cardio Drumming 9:30 - Yahtzee Tournament 10- Cardio Drumming 11- Shoot Pool 11:30- Lunch & Learn- Blue Jay Financial 1- Left, Right, Center 2-Origami Art	9-Warrior Rhythm Roots 9:30 Pepper 10- Monopoly 10- Butterfly Craft 11:30 Butterfly Trivia 1- Board Games 2- Pacman 3-Yoga -\$45/ month 3:30—Disney on Ice	 9- Cardio Drumming 9:30- Pepper 10- Tai Chi 11- Pinball 12:30-2:30- South 66 Lanes Bowling— \$2 per game 1-Zumba Gold—\$5 2- Word Finds
17	18	Game Day 19	20	21
 9- Cardio Drumming 9:30 Pepper 10- Cardio Drumming 10:30 Euchre Tournament 11- Scrabble 12:30 Bingo by Kingsbury Place 2- Advanced Coloring 	9-Shopping- Kroger's 8:50-Warrior Rhythm Roots 9:30 Pepper 10 Bible Study 10- Tai Chi 1- Zumba Gold \$5 2-Puzzles 4:30 Evening Meal \$10	9 Cardio Drumming 9-2:30 Games & Snacks 9:30 Yahtzee Tournament 10-Cardio Drumming 11– Shoot Pool 1– Jewelry Making 2– Origami Art 3- Line Dancing	9:30- Pepper 9:30 Grief Support Grp 12:30-Bingo by Legacy Living Defiance 1:30- Creative Crafts 2– Pacman 3-Yoga -\$45/ month	9– Cardio Drumming 9:30 Pepper 10– Movie Day 10-Tai Chi 11– Pinball 1-Zumba Gold—\$5 2– Word Finds
24	25	26	, , , , , , , , , , , , , , , , , , ,	28
 9- Cardio Drumming 9:30 pepper 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30-Bingo by Summit 60 2- Advanced Coloring 	 9- Shopping Aldi's 8:50-Warrior Rhythm Roots 9:30 Pepper 10 Bible Study 10- Tai Chi 1-Zumba Gold—\$5 2- Puzzles 3-Yoga -\$45/ month 4-Senior Nite Out 2-\$5 	9-Cardio Drumming 9:30 -Yahtzee Tournament 10- Cardio Drumming 11- Shoot Pool 11:30- Lunch & Learn- OH Consumer Counsel 1-Left, Right, Center <u>1- Commodity Box</u> 2-Origami Art	9-Warrior Rhythm Roots 9:30- Pepper 10- Monopoly 10-Paint your Buddy 11:30 Blood Pressures 12:30 Bingo with CHP 1- Board Games 2- Pacman 3-Yoga -\$45/ month	 9- Cardio Drumming 9:30 Pepper 10- Tai Chi 10- Mystery Lunch -\$5 11-Pinball 1-Zumba Gold-\$5 2- Word Finds
31				
9- Cardio Drumming 9:30 pepper 10- Cardio Drumming 12:30-Summit 60 Bingo 2- Advanced Coloring			KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!	The Warrior Rhythm Roots Class will start at 8:50am on Tuesdays Only!! Thank You

IN OTHER NEWS MARCH 2025 NEWSLETTER | PAGE 04



For ad info. call 1-800-477-4574 • www.4lpi.com

RESOURCE NEWS PAGE 05 | MARCH 2025 NEWSLETTER

Are you facing a utility disconnection?

The Special Reconnect Order* can help!

- Available one-time per utility from Oct. 14, 2024, through April 18, 2025
- Available to any household regardless of income level
- A reconnection fee of no more than \$36 upfront may be charged if the service has been disconnected, any remaining

amount over \$36 will appear on the following bill

- The \$175 may be split between electric and natural gas if used for both at the same time
- Municipal utilities and rural coops are not required to offer the Special Reconnect Order

SENIOR INSURANCE

*Authorized by the Public Utilities Commission of Ohio (PUCO)

For more utility assistance information visit: www.occ.ohio.gov/utilityassistance



THRIVE

LOCALL

Office of the Ohio Consumers' Counsel

March is National Nutrition Awareness Month

By making mindful food choices, we empower ourselves to feel better, live vibrant lives, and stay healthy for years to come. It is never too late to start incorporating more nutrient-rich foods into your diet—your body will thank you for it!

Recommendations for each food group

•Vegetables: 2 ½ cups •Fruit: 2 cups •Grains: 6 ounces (half whole grains) •Dairy: 3 cups •Protein: 5 ½ ounces (including meat, eggs, seafood, nuts, and seeds)

Ohio Senior Insurance

Turning 65? New to Medicare?

Your Medicare & Retirement Specialists Looking to plan for the future, give us a call 1-866-603-0491

Medicare, Life Insurance, Long-term Care, Home Health Care, Final Expense & Annuities 1101 Ralston Ave., Ste. A • Defiance Amanda Nigh Stephanie Wagner, RSSA



SUPPORT OUR ADVERTISERS!

E

PHYSICAL THERAPY PASSIONATE. PERSONAL. PROFESSIONAL. One on one Personalized care All appointments are with a Physical Therapist Local Physical Therapists In- Home Physical Therapy

www.choice-physicaltherapy.com (419) 769-8400 6 am-7pm Monday-Friday - Saturday by appointment 143 East High Street, Hicksville, OH 43526

SUMMIT 60 TAKES HAWAII - 2025 MARCH 2025 NEWSLETTER | PAGE 06



SUMMIT 60 SOCIAL CENTER PRESENTS HAWAII WITH NORWEGIAN CRUISE LINE ON THE PRIDE OF AMERICA 8 DAYS / 7 NIGHTS ~ NOVEMBER 1 - 8, 2025

DAY	PORT	ARRIVE	DEPART
1	Honolulu, Oahu (EMBARK)		7:00 pm
2	Kahului, Maui	8:00 am	Overnight
3	Kahului, Maui		6:00 pm
4	Hilo, Hawaii	8:00 am	6:00 pm
5	Kona, Hawaii	7:00 am	5:30 pm
6	Nawiliwili, Kauai	8:00 am	Overnight
7	Nawiliwili, Kauai		5:30 pm
8	Honolulu, Oahu (DISEMBARK)	7:00 am	

Oceanview and Balcony Cabins Get ALL 4 perks! Inside Cabins Pick 2 Perks. PLUS Each Cabin receives a \$100 onboard credit!

Package is subject to change. All guests in a cabin must choose the same perks.

Hawaii Beverage Package*
Specialty 2-Meal Dining Package for Balcony Cabins*
Specialty 1-Meal Dining Package for Inside & Oceanview Cabins*
150 Minute Internet Package per person
\$50 Shore Excursion Credit per cabin*

*Gratuities are included. Call for details ~ 1-800-423-0247. Hawaii Beverage Package and Specialty dining applies to first 2 guests in cabin. The \$50 Shore Excursion Credit applies to guest 1.

INCLUDES GRATUITIES FOR AMENITY PACKAGE AND ON-BOARD SERVICE GRATUITIES

Inside Cabin Category	IA	\$5,300
Inside Cabin Category	IB	\$5,300
Balcony Cabin Category	BB	\$5,955

Rates are per person double occupancy and include roundtrip airfare from Ft. Wayne, cruise, service gratuities, beverage and dining package gratuities, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE AND WILL BE TICKETED ONCE YOUR GROUP IS PAID IN FULL. FLIGHTS ARE NON-REFUNDABLE ONCE TICKETED.

DEPOSIT POLICY: An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. <u>Final balance is due by June 4, 2025</u>. These are the best rates around! Those who book early get the best prices and the best cabin locations. <u>MAKE A RESERVATION</u> at grandamericantours.com.

Itinerary, Perks, and Prices are subject to change.

FOR RESERVATIONS AND INFORMATION CONTACT JENNIFER NELSON AT 419-769-8046

6/4/25 CW



SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

PAGE 07 | MARCH 2025 NEWSLETTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03	Center Closed 04	Center Closed 05	Dr. Suess Day 06	Center Closed 07
9am– Skip-Bo 9am– Rummy 9am– Puzzles 11am– Blood Pressures 1:00pm—BINGO Summit 60	Senior Nite Out		9am– Skip-Bo 9am– Rummy 9am– Puzzles 12:30pm– Dr. Suess Trivia	
10	Center Closed 11	Center Closed 12	Butterfly Day 13	Center Closed 14
9am– Skip-Bo 9am– Rummy 9am– Puzzles 1:00pm—BINGO with Vancrest			9am– Skip-Bo 9am– Rummy 9am– Puzzles 10-Butterfly craft 11:30am-Lunch & learn with Blue Jay Financial 1pm– Butterfly Trivia Disney On Ice	
17	Center Closed 18	Center Closed 19	Game/Snack Day 20	Center Closed 21
9am– Skip-Bo 9am– Rummy 9am– Puzzles 1:00pm—BINGO with Summit 60	Evening Meal		9am– Skip-Bo 9am– Rummy 9am– Puzzles <mark>9am– Game Day</mark> 11am– Blood Pressures 1pm– Smile Toss	Movie Day
24	Center Closed 25	Center Closed 26	Paint your Friend 27	Center Closed 28
9am– Skip-Bo 9am– Rummy 9am– Puzzles 1:00pm—BINGO with Summit 60	Senior Nite Out #2	12:30pm- Commodity Box Pick Up	9am– Skip-Bo 9am– Rummy 9am– Puzzles 12:30pm-Paint your Buddy	Mystery Lunch
Birthday Day 31				
9am– Skip-Bo 9am– Rummy 9am– Puzzles 1:00pm—BINGO with Summit 60				KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!

SERVICES NEWS MARCH 2025 NEWSLETTER | PAGE 08



TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

COMMODITY BOX DISTRIBUTION

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. March 26th

Summit 60 Defiance Center: 1:00pm-2:30pm

Summit 60 Hicksville Center: 12:30pm-2:00pm

This is a free program! For an application please contact Sue at 419-782-3233!

> DCSS 140 E. Broadway St Defiance, OH 43512 Attn: Sue Weller

<u>Please no pets at pick up,</u> <u>Thank you!</u>



NEED TO CANCEL YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!



419-782-6324

245 W Rosewood Ave, Defiance, OH 43512

Personal care
 Medication assistance

https://www.trustwellliving.com/senior-living/oh/defiance/kingsbury-place/

DOES YOUR NONPROFIT ORGANIZATION NEED

Engaging, ad-supported print and digital newsletters to reach your community.

Visit lpicommunities.com





Scan to contact us!



LET'S GROW YOUR BUSINESS Advertise in our Newsletter!

CONTACT ME Jayne Pandy

jpandy@lpicommunities.com (800) 477-4574 x6401

NUTRITION NEWS PAGE 09 | MARCH 2025 NEWSLETTER



DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our

20 for \$50 Meal Deal Coupons, that makes each meal

 only \$2.50!!
 Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!



For ad info. call 1-800-477-4574 • www.4lpi.com

SUPPORT OUR ADVERTISERS!

WE'RE HIRING! AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Paid training
- Work-life balance
- Full-Time with benefits



IPi

Contact us at careers@4lpi.com or www.4lpi.com/careers

Locally and family owned since 1850

Serving All Faiths Offering Non-pressured and Non-solicited Pre-need Services • Burial Services • Cremation Services



uneral Home. Inc. **Licensed Funeral Directors:** Dan Schaffer • Jeff Strayer • Natasha Hussey Hanna Schaffer • Curtis Richards

(419) 784-2441 529 Jefferson Ave, Defiance 1753 S. Clinton St, Defiance www.schafferfh.com





COMMUNITY WSLETTER

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.

VISIT WWW.MYCOMMUNITYONLINE.COM

SUMMIT 60 CAFÉ & MEALS ON WHEELS MENU MARCH 2025 NEWSLETTER | PAGE 11

Pizza Burger 31 Oven Fries Mixed Vegetables Apple Juice	Chili Dog 24 Sweet Potato Fries Baked Beans Grapes v	Cheeseburger 17 Oven Fries Buttered Corn Sliced Apples Hot Cin	Meatball Sub Wax Beans Baked Apples Potato Salad Peac G	Creamed Chicken 3 Sandwich Green Beans and Mushrooms Glazed Carrots Tropical Fruit Granola Bar	MONDAY T	Ho
	Pork Chop 25 Cabbage Garlic Mashed Potatoes Apricots Wheat Bread	Spaghetti 18 Meat Sauce Cole Slaw Green Beans Hot Cinnamon Peaches Garlic Toast	Chicken Fettuccini 11 Alfredo Brussel Sprouts Tossed Salad Peaches and Pears Garlic Bread	BBQ Ribs 4 Baked Beans Tossed Salad Peach Crisp Dinner Roll	TUESDAY	ome De
	Beef Vegetable 26 Soup Tossed Salad Fruit Cocktail Craisins	Broccoli Cheddar 19 Soup Tossed Salad Ambrosia Salad Orange Juice	Beef Stew 12 Cauliflower Broccoli Salad Apricots Biscuit	Ash Wednesday 5 Tomato Soup Grilled Cheese Sandwich Carrot Sticks wl Peanut Butter Grapes	WEDNESDAY	March Home Delivered Meals 419
	Swedish Meatballs 27 Buttered Noodles Succotash Cole Slaw Diced Pears Dinner Roll	Chicken Fajitas 20 Refried Beans Spanish Rice Calico Fruit	Salisbury Steak 13 Mashed Potatoes Green Beans Fruit Cocktail Dinner Roll	Sausage Gravy 6 Hashbrown Casserole Stewed Tomatoes Tangerine Biscuit	THURSDAY	March ered Meals 41
	Baked Potato 28 with Broccoli Cheese Sauce V8 Juice Baked Apples Dinner Roll	Baked Macaroni 21 and Cheese Peas and Mushrooms Carrot Raisin Salad Tropical Fruit Dinner Roll	Tuna and Noodles 14 Sliced Carrots Pea Salad Cinnamon Applesauce Dinner Roll	Stuffed Pasta Shells 7 Cole Slaw 7 Peas and Carrots Dineapple and Mandarin Oranges Garlic Bread Birthday Cake	FRIDAY	782-332
ingredients, please call Ginny 419 782-3321	Tree Nuts, Peanuts, Wheat, Soy, Sesame To cancel a meal, or inquire about	food allergens may be used as ingredients: Milk, Egg, Fish, Crustacean Shellfish	delivery or refrigerated and reheated at 350 degrees for 15 minutes	News Home delivered meals must be consumed within 30 minutes of		2025 21

....

111

1/







f OLLOW US ON FACEBOOK AT

SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman *Director* (419) 782-3232

Jessica Osborn Business Manager (419) 783-4850

Lexie McKeen, LPN Client Resource Specialist (419) 783-4812

Ginny Wiseman *Nutrition Manager* (419) 782-3321

Jenn Nelson Community Outreach Manager (419) 769-8046 Senior Services Main Line (419) 782-3233

Sue Weller Client Concierge & Commodities Coordinator

Dawn Knox *Activities Coordinator*

Penny Cryer *Custodian*

Suzy Mack Staff Assistant **Kitchen Team** Mary Mansfield, Sandy Kaufman, Deb Vajen, Diane Bok

Meals on Wheels Team

Jennifer Lero, Mike Rychener, Myra Emmons, Vicky Healy, Jodi Cocke, Karen Fitzwater, Michael Imber, Isaiah Almanza, Gae Ann Lind

Transportation Team Dennis Scott, Keith Ashbacher, Oline Hill, Don Heffner





FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

Thank you for your continued support!