

MAY | 2019



Defiance County Senior Services

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

To Access Ingredient Content,
Please Call Nutrition Manager
419 782-3321

6
Baked Fish
Au gratin Potatoes
Creamed Corn
Sliced Peaches
Dinner Roll

7
Beef Tips
Buttered Noodles
Peas and Onions
Stewed Tomatoes
Diced Pears
Wheat Bread

13
Sloppy Joe Sandwich
Glazed Carrots
Lima Beans
Pineapple Juice

14
Country Fried Steak
Ranch Diced Potatoes
Broccoli
Raisins
Dinner Roll

20
BBQ Pork
Baked Beans
Oven Fries
Banana

21
Home Delivery Only
Sub Sandwich
Mandarin Oranges
Broccoli Salad
Apple Juice
Cookie

27
Defiance Senior Services
Closed

Memorial Day

28
Chicken Strips
Oven Fries
Cauliflower with Cheese
Fresh Apple
Dinner Roll

1
French Onion Soup
Roast Beef Sandwich
Cucumber Salad
Ambrosia Salad

Salad Bar in Cafe

8
Chili
Peanut Butter and Jelly
Sandwich
Mandarin Oranges
Grape Juice

Salad Bar in Cafe

15
Tomato Soup
Grilled Cheese Sandwich
Cole Slaw
Peaches and Pears

Salad Bar in Cafe

22
Ham and Bean Soup
Corn Bread
Cottage Cheese
Pineapple
Salad Bar in Cafe

29
Potato Soup
Chicken Salad Sandwich
Carrifruit Salad
Apple Juice

Salad Bar in Cafe

2
Sweet and Sour Pork
Oriental Vegetables
Steamed Cabbage
Apricots
Dinner Roll
Fortune Cookie

9
Grilled Chicken Breast
Rice Pilaf
Brussel Sprouts
Pickled Beets
Tropical Fruit Salad
Dinner Roll

16
Hamburger Gravy
Mashed Potatoes
Mixed Vegetables
Grapes
Dinner Roll

23
Spaghetti with Meat Sauce
Green Beans
Tossed Salad
Peaches
Garlic Bread

30
Beef Manhattan
Peas and Carrots
Spinach Salad
Cherry Crisp

3
BBQ Chicken
Baked Potato
Baked Cinnamon Apples
Cole Slaw
Dinner Roll
Birthday Cake

10
Baked Ham
Alt: Roast Beef
Scalloped Potatoes
Winter Blend
Apple sauce
Wheat Bread

17
**Cook's
Choice**

24
Salisbury Steak
Mashed Potatoes
Buttered Broccoli
Fruit Cocktail
Dinner Roll

31
Cabbage Roll
Harvard Beets
Hot Cinnamon Peaches
Bell Pepper Slices
Dinner Roll

News:

*BLOOM INTO SUMMER
DANCE*

**May 29th 5pm
@ DCSS**

**Roast Beef
Mashed Potatoes
Glazed Carrots
Cucumber Salad
Hot Cinnamon Apples
Angel Food Cake
With
Strawberries**

**There will be no
congregate meal
in Defiance or
Hicksville
Tuesday May 21st
Join us at the
Health Fair for
Lunch**