



## Defiance County Senior Services

# August Menu 2018

For questions regarding your meals, please contact Ginny at 419-782-3321

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><i>Ice Cream Social</i></b>            August 2nd            UAW Park            4:00pm - Dinner            Music at 6:00</p>	<p><b>Defiance Co. Fair</b>  <b>Senior Day Celebration</b>  <b>August 22nd</b>  <b>Fun all day!!</b></p>	<p>1            Chili with Cheese            Coleslaw            Ambrosia Salad            Crackers              No Salad bar Today</p>	<p>2            Deli Chicken and Cheese Sandwich            3 Bean Salad            Diced Pears            V-8 Juice</p>	<p>3            Chicken Parmesan            Italian Blend Vegetables            Mandarin Oranges            Beets            Bread Stick            Birthday Cake            ncs = Angel Food Cake</p>
<p>6            Cheese Omelet with Mushrooms &amp; Onions            Stewed Tomatoes            Raisin &amp; Cinnamon Bagel            Apple Juice</p>	<p>7            Beef Stew            Tossed Salad            Pineapple Tidbits            Biscuit            Cookie            ncs = SF Pudding</p>	<p>8            Cheeseburger            Fries            Broccoli            Tropical Fruit Salad              Salad Bar in Café</p>	<p>9            Sweet &amp; Sour Chicken            Oriental Blend Vegetables            Asian Rice            Cabbage            Peaches            Bread</p>	<p>10 Chef's Salad with turkey, lettuce, tomatoes, eggs, carrots and cheese            Tropical Fruit            Crackers            Bread            Cookie            ncs = SF Cookie</p>
<p>13            Meatballs with Gravy            Scalloped Potatoes            Peas &amp; Carrots            Pears            Dinner Roll</p>	<p>14            Chicken Fettuccini Alfredo            Caribbean Blend Vegetables            Fresh Melon            Beets            Garlic Bread            Brownie            ncs = SF Cookie</p>	<p>15            BBQ Pork Sandwich            Baked Beans            Tater Tots            Peaches              Salad Bar in Café</p>	<p>16            Turkey Sandwich on Pita Bread            Broccoli Cheese Soup            Tropical Fruit            Grape Juice            Crackers</p>	<p>17            Chicken &amp; Gravy            Mashed Potatoes            Zucchini            Applesauce            Dinner Roll            Cookie            ncs = SF Cookie</p>
<p>20            Boneless Chicken            Wings            Au Gratin Potatoes            Peas &amp; Onions            Apricots            Wheat Bread</p>	<p>21            Ham in Apple Juice            alt = Chicken Breast            Mashed Potatoes            Green Beans            Mandarin Oranges            Dinner Roll            Cookie            ncs = SF Cookie</p>	<p><b>22 <i>No Congregate Meal Today - Join us at The Fair!!</i></b>    <b>Home Delivered Meal</b>            Chicken Salad &amp; Cheese Sandwich            Pickled Beets            Apple            Grape Juice</p>	<p>23            BBQ Ribbet Sandwich            Scalloped Potatoes            Baby Carrots            Banana</p>	<p>24            Turkey &amp; Gravy            Mashed Potatoes            Asparagus            Mixed Fruit            Graham Crackers            Dinner Roll</p>
<p>27            Chicken Breast with Gravy            Sweet Peas            Zucchini            Raisins            Dinner Roll</p>	<p>28            Taco Salad with lettuce, hamburger, cheese and tomatoes            Apple Juice            Cookie            ncs = SF Cookie</p>	<p>29            Cheesy Potato Soup            Carrot / Raisin Salad            Peaches &amp; Cottage Cheese            Crackers            Fruit Pie            ncs = SF Pie</p>	<p>30            Hot Beef Sandwich            Potatoes            Mixed Vegetables            Mixed Fruit</p>	<p>31            Pork Chop with Gravy            Sweet Potatoes            Peas            Applesauce            Dinner Roll            Rice Krispy Treat            ncs = SF Pudding</p>