



SUMMIT 60 SOCIAL CENTER & SENIOR SERVICES HEADQUARTERS

140 E. Broadway St. Defiance, OH 43512 **Phone:** 419-782-3232 **Monday—Friday** 7:00am—3:00pm

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE

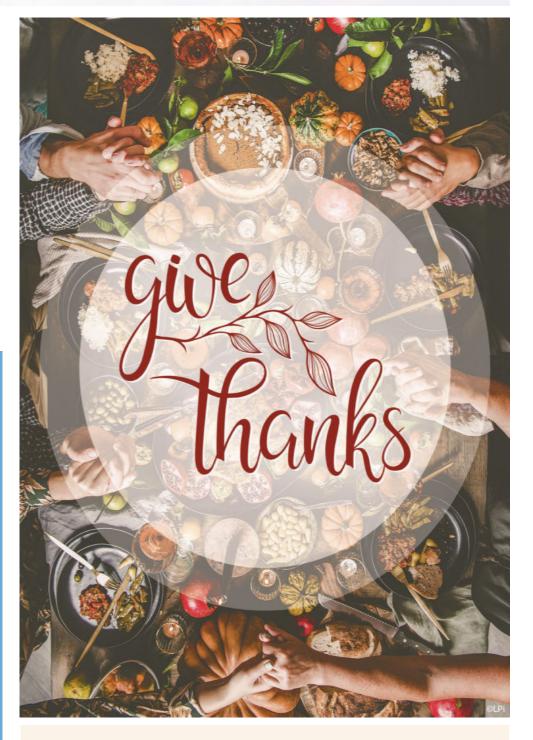
708 E. High St. Hicksville, OH 43526 **Phone:** 419-769-8046 **Monday & Thursday** 9:00am—2:30pm



TRANSPORTATION

We offer transportation to appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+! Suggested donation is \$0.50 a mile, however we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from BOTH Defiance and Hicksville Centers!



"SUMMIT SENTINEL" IS PUBLISHED BY: Defiance County Senior Services 140 E. Broadway St. | Defiance, OH 43512

SPECIAL EVENTS & TRIPS WITH SUMMIT 60 PAGE 02 | NOVEMBER 2023 NEWSLETTER



Sat. 11/04 at Summit 60 in Defiance

Check out all of the vendors, treats and homemade apple dumplings for sale at our fun filled event! Info on page 5.

SENIOR NITE OUT

Wed 11/08, leave at 4:00pm| \$5 for transportation

This month's Senior Nite Out will have us heading over to Maumee to enjoy Texas Roadhouse! Meal will be on your own.

SENIOR DAY AT FOUR COUNTY CAREER CENTER

Mon 11/13, leave at 9:30am | \$5 for transportation Join us for fun activities, Bingo and lunch.

DAY AT THE MOVIES

Tue 11/21, 10:00a|Sponsored by Kingsbury Place

Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after.

CHRISTMAS KICK-OFF TRIP

Thurs. 11/30, Leave at 3pm| Bryan, OH

\$5 for transportation We are heading to Christkindl Market in Bryan for some Christmas Shopping fun! Once we are finished shopping we will be having dinner at Father John's Restaurant.

<u>These trips fill up fast so call</u> <u>Dawn or Jenn to reserve your</u> <u>spot today! 419-782-3233!</u>

VETERAN'S DAY LUNCH CELEBRATION



Join us at Summit 60 Social Center in Defiance for a special lunch celebration to honor our veterans.

This Celebration lunch will be held on Thursday, November 9th from 11:30am - 2:00pm!

We will be serving the following Menu: Parmesan Chicken Cauliflower Glazed Carrots Apricots & Garlic Bread

Musical Entertainment will be provided by the G-Men!

Tickets are on sale now at both centers for \$5!



Summit 60 Social Center in Defiance would like to invite you to our special Thanksgiving Luncheon on Thursday, November 16th from 11:30am - 2:00pm!

Matt Richardson joins us and will be providing musical entertainment.

What is a Thanksgiving Celebration without amazing food?

The Menu includes: Turkey and Dressing Mashed Potatoes Green Bean Casserole Cranberry Salad Dinner Roll Pumpkin Dessert

Tickets are on sale now at both centers for \$5!

Save your seat!

We love to see that our events and trips are filling up very fast! To best serve you we set up these trips by reservation only & first come, first serve. Don't hesitate and make your reservations early! We are setting deadlines for reservations and cutting off the week before. If you are driving yourself, you must still make your reservation by the cut off date with Dawn or Jenn! Thank you for your understanding & lets have some fun!!

SUMMIT 60 SOCIAL CENTER—DEFIANCE ACTIVITIES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01	02	03
KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!		9am-11:45 Toe Nail Clinic- Appt. Only 9-Cardio Drumming 9:30 Yahtzee Tournament 10- Hand & Foot 12:30-Pickle Ball 1:30 Dominos 3:45 Yoga with Heather- \$5.00	Monster Cookie Day 9:30 Pepper 10:30 Left, Right, Center 11:30 Blood Press. By Health Dept. 12:30 Bingo By Brookview 1- Alzheimer's Support Group 2pm-Lawn Darts	9-2pm Medicare D Appts. With Stephanie Wagner! -Appt only 9:30 Pepper 10- Tai chi 10:30-Canasta 11:30 Birthday Lunch 12:30-Hillbilly Golf 1:30-Scrabble 2-3 Boggle
06	07	08	09	10
9-Cardio Drumming 9:30 Pepper 10:30 Left, Right, Center 1:30 Dominos 2pm– Lawn Darts	Election Day & Chocolate Almond Day 9-10:30 Shopping at Meijer's 9:30- Pepper 10- NO TAI CHI 10- Bible Study 10:30-Canasta 12- NO YOGA 12:30-Scrabble 1:30-Aggravation	9– Cardio Drumming 9:30– Yahtzee Tournament 10–Hand & Foot 12:30– 2 -Pickle Ball 1:30-Domino's 2-Boggle 4:00 Senior's Nite Out to Texas Roadhouse	Veterans Day Celebration 9:30– Pepper 10:30– Left, right, Center 11:30 –Veterans Celebration with Music by the G-MEN Music and Cake	Closed for Veterans Day!!
13	14	15	16	17
Be Kind to Someone Day 9- Cardio Drumming 9:30 Senior Day At Four County in Archbold- \$5.00 9:30-Pepper 10:30 Left, Right Center 12:30 Bingo by North Crest 1:30 Domino's	9-10:30 Shopping at Kroger's 9:30- Pepper 10- Tai Chi 10- Bible Study 10:30 Canasta 12:15 -Yoga with Amy 12:30 Scrabble 1:30 Aggravation	9:30 Yahtzee Tournament 10am– Hand & foot <u>No Pickle Ball today</u> 12:30 –Scrabble 1:30 Domino's 2-Boggle	9:30 Pepper 10:30 Left, Right, Center 11– Canasta 11:30-2:00pm Thanks Giving Luncheon With Musical Entertainment by Matt Richardson	9-2pm Medicare D enrollment with Stephanie Wagner! 9:30-Pepper 10- Tai Chi 10:30- Canasta 1:30- Scrabble 2- Aggravation
20	21	22	23	24
National Peanut butter Fudge Day 9- Cardio Drumming 9:30-Pepper 10:30 Euchre Tournament 11- Penny Pinch with Meadows of Kalida 11-Left, Right, Center 12:30- Bingo with Kingsbury Place 1:30- Domino's	9-10:30-Shopping at Aldi's 9:30 Pepper 10—Movie Day Sponsored by Kingsbury Place 10- Tai Chi 10-Bible Study 10:30-Canasta 12-Yoga with Amy 12-3pm Scrabble 1:30—Aggravation	Ohio State VS. Michigan Day!! (Best dressed wins a Prize) 9- Cardio Drumming 9:30-Yahtzee Tournament 10-Hand & Foot 12:30-Pickle Ball 1:30-Domino's 2-Boggle 12:30—Commodity Box Pick up	Closed for Thanksgiving	Happy Thanksgiving Closed for Thanksgiving

SUMMIT 60 SOCIAL CENTER—DEFIANCE ACTIVITIES CONT.

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27	28	29	30
National Cake Day	9-10:30– Shopping at	9– Cardio drumming	Chocolate Mousse Day
9– Cardio	Meijer's	9:30-2:30– Yahtzee	9:30 Pepper
Drumming	9:30 pepper	Tournament	10:30 Left, Right,
9:30-2:30 Pepper	10– Tai Chi	10-2:30 Hand & Foot	Center
10:30-2:30 Left, Right,	10– Bible Study	12:30-2 Pickle Ball	11– Canasta
Center Dice game	10:30 Canasta	1:30 3pm	12:30 Bingo with CHP
11:30 Cake with Lunch	10:45 Speaker from	Domino's	4:00 trip to Bryan
12:30 Bingo By	Postema on	2-3– Boggle	Christkinkl Market for
Senior Center with	Medicare		Christmas shopping
Dawn	12- Yoga with Amy		fun‼Then eat out at
1:30-3– Domino's	12:30-Scrabble		Father's John
2-3pm Lawn Darts	1:30-Aggravation		Restaurant ! -\$5 for
			transportation

WE WANT YOUR IDEAS!

We have a lot more ideas for activates, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!

LET'S GROW YOUR BUSINESS Advertise in our

Newsletter!

CONTACT ME Jayne Pandy

jpandy@lpicommunities.com (800) 477-4574 x6401

THRIVE

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IPi

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- Some travel
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- Full-Time with benefits
- Serve your community



Contact us at careers@4lpi.com or www.4lpi.com/careers

Defiance Cty. Senior Services Auxiliary Holiday Craft and Vendor Show

Saturday, November 4, 2023

9:00 a.m.- 3:00 p.m.



Defiance County Senior Center 140 East Broadway Street Defiance, OH 43512

Enjoy a day of Shopping in time for the Holidays!

Many different crafters/vendors Raffle prizes ~ Bake Sale ~ Apple Dumplings ~ Lunch available

Benefits Defiance County Senior Services Auxiliary

For more information: Chris Comden 419-769-1847 (call or text) or email ckcomden@roadrunner.com



For ad info. call 1-800-477-4574 • www.4lpi.com

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Thanksgiving Word Search

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SQUASH

POTATOES

FAMILY

CORN

INDIANS

VACATION

HAM

PLYMOUTH

HOLIDAY



CARDIO DRUMMING 9:00AM

Monday & Wednesday | FREE This class is now free! Join us for this fun filled exercise class with upbeat music and great company!

YOGA WITH AMY 12:00PM

Tuesdays |FREE Join Amy for Yoga after lunch!

AFTERNOON YOGA 3:45PM

Wednesdays | \$5 Join Heather for a yoga experience for all skill levels!

TAI CHI 10:00AM

Tuesday & Friday | Free Join this relaxing video class!

THE FITNESS CENTER AT SUMMIT 60

Daily 7a-3pm | Free Come check out all the different equipment we have for you to use!

WHO IS IT GONNA BE??

THE OHIO STATE BUCEYES OR MICHIGAN WOLVERINES?

You be the judge! Join us for a fun filled lunch in the café on Wednesday November 22nd at 11:30am!

Who ever is the best dressed (even if it is Michigan) will be receiving a prize! Go Bucks!!



YAMS

ROLLS

NOVEMBER

PUMPKIN PIE

TURKEY

PILGRIMS

SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		01	02	03		
KEY: Green: Trip or Event Red: Theme of the day Orange: Grocery Trip Blue: Activities with a low cost to them!		Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	National Monster Cookie Day!! 10am– Rummy 1pm– Skip-Bo	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!		
06	07	08	09	10		
10am-Dominos 1pm-Bingo with Antwerp Manor	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Senior Nite Out to Texas Roadhouse! Bus leaves Hicksville at 3:30pm	Veterans Day Lunch- in at Defiance Summit 60. Transportation provided! Bus will leave at 10:00am.	Closed for Veterans Day!!		
13	14	15	16	17		
Be kind to someone day!! 4-County School-Senior Day! RSVP-Bus will leave at 9am.	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Thanksgiving Lunch in at Defiance Summit 60! Transportation provided! Bus will leave at 10am.	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!		
20	21	22	23	24		
Mystery Lunch! Take a trip out for lunch to a wonderful surprise location! \$5 Bus Fee, lunch on your own!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! Day at the Movies Sponsored by Kingsbury Place!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <u>12:30pm - Commodity</u> <u>Box Pick up</u>	CLOSED for THANKSGIVING	CLOSED for THANKSGIVING		
27	28	29	30			
National Cake Day! Birthday Celebrations!! 10am-Rummy 1pm-Bingo	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	National Mousse Day! 10am-Rummy 1pm-Skip-Bo Christkindl Market of Bryan and dinner at Father John's. Bus leaves at 3pm			

NUTRITION NEWS NOVEMBER 2023 NEWSLETTER | PAGE 08



NO MEALS ON WHEELS DELIVERIES

We will not be delivering meals on the following dates: Friday November 10th Thursday November 23rd Friday November 24th

Defiance County Senior Services will be closed in honor of Veterans Day and the Thanksgiving holiday.

COMMODITY BOX PICK UP

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

Wed. November 22nd

Summit 60 Defiance Center: 1:00pm-2:30pm

Summit 60 Hicksville Center: 12:30pm-2:00pm

This is a free program! For an application please contact Sue at 419-782-3233!

> DCSS 140 E. Broadway St Defiance, OH 43512 Attn: Sue

<u>Please no pets at pick up,</u> <u>Thank you!</u>



NEED TO CANCEL YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you of our delivery route that day at 419-782-3321!

SUPPORT THE ADVERTISERS that Support our Community!

NUTRITION NEWS CONT. PAGE 09 | NOVEMBER 2023 NEWSLETTER



DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!

The answer is nowhere! Suggested donations for our dine in lunches and home delivered meals are only \$3, but we can get you an even better deal! If you purchase our 20 for \$50 Meal Deal Coupons,

that makes each meal only \$2.50!!

Please note that no patron, 60 years or better will be denied meals due to inability to pay.



MAKE YOUR RESERVATIONS TODAY!

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!



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Transportation 419 782-32 **VEN**

Home Delivered Meals 419 782-3321

	<u>News</u> Home delivered meals must be consumed within	30 minutes of delivery, or refrigerated and reheated at 350	minutes	To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321						
FRIDAY	3 Meatloaf Garlic Mashed Potatoes Green Beans Orange Juice Birthday Cake Dinner Roll	10 Closed For Veteran's Day	17 Cheese Omelet Mushrooms and Onions Stewed Tomatoes Orange Juice Muffin	24 For giving						
THURSDAY	2 Stuffed Pasta Shells Tossed Salad Peas and Carrots Grapes Bread Stick	9 Parmesan Chicken Cauliflower Glazed Carrots Apricots Garlic Bread	16 Turkey and Dressing Mashed Potatoes Green Bean Casserole Cranberry Salad Dinner Roll Pumpkin Dessert	23 24 Closed Fc Thanksgiving	30 Hamburger Gravy Mashed Potatoes 3 Bean Salad Peach Crisp Dinner Roll					
WEDNESDAY	1 Tomato Soup Grilled Cheese Sandwich Carrot and Celery Sticks Tropical Fruit	8 Cabbage and Ham Hash Broccoli Salad Apple Slices V8 Juice Bran Muffin	15 Chicken and Dumpling Soup Tossed Salad V-8 Diced Peaches	22 Ham and Bean Soup Tossed Salad Cinnamon Pears Corn Bread	29 Beef Vegetable Soup Tossed Salad Fruit Cocktail Apple Juice					
TUESDAY	to change duct availability	7 BBQ Ribs Scalloped Potatoes California Blend Fruit Cocktail Dinner Roll	14 Beef Tips Buttered Noodles Brussel Sprouts Red Beets Mandarin Oranges Dinner Roll	21 Country Fried Steak Mashed Potatoes Spinach Banana Dinner Roll	28 Salisbury Steak Corn Au Gratin Potatoes Pineapple Dinner Roll					
MONDAY	Menu is subject to change based upon product availability	6 Hot Beef Sandwich Potato Wedges Cauliflower with Cheese Sauce Grape Juice	13 Pizza Burger Oven Fries Coleslaw Baked Apples	20 BBQ Pork Sandwich Hashbrown Casserole Broccoli Normandy Ambrosia Salad	27 Creamed Chicken Sandwich Green Beans and Mushrooms Glazed Carrots Grapes					

SUMMIT 60 CAFÉ & MEALS ON WHEELS MENU NOVEMBER 2023 NEWSLETTER | PAGE 11





FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:

Defiance County Commissioners, Area Office on Aging, Defiance County Tax Levy, Defiance County Senior Services Auxiliary Board and generous donations from patrons like you!

Thank you for your support!

WE ARE HERE FOR YOU, GIVE US A CALL TODAY!

Nick Wichman *Director* (419) 782-3232

Jessica Osborn Business Manager (419) 783-4850

Allison Gonzales *Client Resource Specialist* (419) 783-4812

Ginny Wiseman *Nutrition Manager* (419) 782-3321

Jenn Nelson Community Outreach Manager (419) 769-8046 **Senior Services Main Line** (419) 782-3233

Sue Weller Administrative Assistant/ Commodities

Dennis Vajen Transportation & Safety Coordinator

Dawn Knox Activities Coordinator

Penny Cryer *Custodian* **Kitchen Team** Mary Mansfield, Barb Davis, Sandy Kaufman, Deb Vajen

Meals on Wheels Team Bob Federinko, Jennifer Lero, Mike Rychener, Myra Emmons, Suzy Mack, Vicky Healy, Samantha Kent

Transportation Team Dick Healy, Dennis Scott, Keith Ashbacher, Oline Hill





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