SUMMIT 60 Social Center

Defiance County SENIOR SERVICES

Summit Sentinel

Monthly Newsletter

November 2026 Edition

Summit 60 Social Center & Senior Services Headquarters
140 E. Broadway St.
Defiance, OH 43512
Phone: 419-782-3233
Monday—Friday
7:00am—3:00pm

Summit 60 Social Center of Hicksville
708 E. High St.
Hicksville, OH 43526
Phone: 419-769-8046
Monday, Wednesday & Friday
9:00am—2:00pm

2026 Event Sponsors

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

Event Sponsors:

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Eagles Aerie 2556 - Hicksville
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Parker Hannifin

Interested in becoming an event sponsor? Please contact Jennifer Nelson at 419-769-8046



We want your ideas!

We have a lot more ideas for activities, trips and events in the works, but we want to know what you want! If you have any suggestions, please stop in for a chat or give us a call today at 419-782-3233!

Special Events & Trips with Summit 60

Senior Nite Out

Thurs. November 5th | 4:00pm

Texas Roadhouse Auburn, IN | ***SOLD OUT!***

Holiday Craft & Vendor Show

Sat. November 7th | 9am - 3pm

Summit 60 - Defiance

See to the right for more details!

Veteran's Luncheon

Tues. November 10th | 11:30am

Summit 60 - Defiance | $3 Suggested

See to the right for more details!

Movie Day

Fri. November 13th | 8:45am

Sponsored by Kingsbury Place

Join friends for a movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only $12 for anyone after.

Thanksgiving Luncheon

Fri. November 20th | 11:30am

Summit 60 - Defiance | $5 Ticket

See to the right for more details!

Darlington Holiday Warehouse & Mystery Lunch

Tues. November 24th | 9:00am

Ft. Wayne, IN | $5 Transportation

Let's do some holiday shopping and then go out to a mystery lunch with great friends!

Toledo Walleye Hockey Game

Wed. December 2nd | 8:45am

Toledo, OH | $25 All Inclusive

Sign ups end Fri. November 13th.

The Walleyes will be taking on the Ft. Wayne Comets in a thrilling hockey rivalry! Hot dog, pop & chips included!

Broadway at the Embassy Theater: *"Shucked" Comedy Musical*

Tues. January 12th | 4:00pm

Ft. Wayne, IN | $40 Ticket & Transports

Sign ups end Fri. December 11th.

Broadway is coming to our backyard just for us! On our way we will stop for supper on your own at Golden Corral!

UPCOMING EVENTS

How to make Trip & Event Reservations

We love seeing all of you excited for our events and trips!
To best serve everyone fairly, we have set up the following guidelines:

1– Reservations can only be made after 9am on the 1st Monday of the month. Unless another date is noted in the newsletter

2– We are only accepting in person reservations at both centers with no more than 2 tickets per person at a time.

3– Non-refundable fee/ticket must be paid in order to reserve a spot.

If you are driving yourself, you must still make your reservations with us, as we can only accommodate a set amount.

Thank you for your understanding & lets have some fun!!







Summit 60 Social Center of Defiance Activities

Monday	Tuesday	Wednesday	Thursday	Friday
2	*Gym Closed for Election* 3	4	Jersey & Birthday Day 5	Center Closed 6
9– Cardio Drumming 9:30– Pepper & Pinnacle 10– Cardio Drumming 10- Coin Wars 11- Advanced Coloring 12:30- Pie Bingo with Glennpark 2- Puzzles	9:30- Pepper & Pinnacle 10- Bible Study 1- Puzzles 	9– Cardio Drumming 10– Cardio Drumming 10- Coin Wars 12:30- Jeopardy! 2- Puzzles	8:45– Chair Yoga 9:30- Pepper & Pinnacle 10 - Creative Crafts 11- Zumba Gold 11:30- Birthday Lunch & Wear your Favorite Team 1- Alzheimer's Support 3- Yoga-$45/month 4- Alzheimer's Support 4- Senior Nite Out	
9	10	Center Closed 11	Chicken Soup Day 12	13
9– Cardio Drumming 9:30– Pepper & Pinnacle 10– Cardio Drumming 10- Coin Wars 11- Advanced Coloring 12:30- Bingo with Grandview Agency 2- Puzzles	8:45– Chair Yoga 9:30- Pepper & Pinnacle 10- Bible Study 10– Tai Chi 11– Zumba Gold 11:30- Veteran's Lunch 1- Puzzles 3- Yoga-$45/month		8:45– Chair Yoga 9:30- Pepper & Pinnacle 11- Zumba Gold 11:30 - Chicken Soup Recipe Exchange 12- Puzzles 12:30 - Price is Right! 3- Yoga-$45/month	8:45am - Movie Day 9- Cardio Drumming 9:30- Pepper & Pinnacle 10– Tai Chi 10 - Coin Wars 12:30- Penny Pitch with Summit 60 2 - Puzzles
16	17	Apple Cider Day 18	19	Gym Closed for Thanksgiving Lunch 20
9– Cardio Drumming 9:30– Pepper & Pinnacle 10– Cardio Drumming 10- Coin Wars 10:30- Euchre Tournament 11- Advanced Coloring 12:30- Bingo with Kingsbury Place 2- Puzzles	8:45– Chair Yoga 9:30- Pepper & Pinnacle 10- Bible Study 10– Tai Chi 11– Zumba Gold 1- Puzzles 3- Yoga-$45/month	9– Cardio Drumming 9:30- Apple Cider Bar 10– Cardio Drumming 10- Coin Wars 12:30- Horse Racing 2- Puzzles	8:45– Chair Yoga 9:30- Pepper & Pinnacle 11- Zumba Gold 12- Puzzles 12:30 - Bingo with Legacy Living 1:30 - Creative Crafts 3- Yoga-$45/month	9:30- Pepper & Pinnacle 10 - Coin Wars 11:30am - 1:30pm: Thanksgiving Luncheon 2 - Puzzles
Cashew Day 23	24	25	Center Closed 26	Center Closed 27
9– Cardio Drumming 9:30– Pepper & Pinnacle 10– Cardio Drumming 10- Coin Wars 11- Penny Pitch with Meadows of Kalida 11:30- Cashew Snacks 12:30- Summit 60 Bingo 2- Puzzles	8:45– Chair Yoga 9- Mystery Lunch & Darlington Warehouse 9:30- Pepper & Pinnacle 10- Bible Study 10– Tai Chi 11– Zumba Gold 1- Puzzles 3- Yoga-$45/month	9– Cardio Drumming 10– Cardio Drumming 10- Coin Wars 12:30- Penny Pitch with Summit 60 2- Puzzles 1pm - Commodity Box Pick Up		
Mason Jar Day 30				
9– Cardio Drumming 9:30– Pepper & Pinnacle 9:30- Dessert in a Jar 10– Cardio Drumming 10- Coin Wars 11- Advanced Coloring 12:30- Penny Pitch with Summit 60			**Grocery Trips** Tuesdays 9am-10:30am Walmart-11/3 Kroger- 11/10 Meijer-11/17 Aldi-11/24	KEY: Green: Trip or Event Red: Theme Day Blue: Activities with a low cost to them

Slow Cooker Turkey Breast

Yield: 12 servings **Prep: 10 minutes** **Cook: 8 hours**

Directions

- Pat turkey dry with paper towels. Remove excess skin, leaving skin on breast.
- Rub soup mix over outside and under skin of turkey.
- Place in a slow cooker. Cover, and cook on High for 1 hour; set to Low, and cook for 7 hours. An instant-read thermometer inserted near the bone should read 165 degrees F (74 degrees C).
- Serve with gravy.

Cook's Note: For crispier skin, broil the cooked turkey breast on a baking sheet for 3 to 5 minutes before serving & you can make a delicious gravy with drippings from the slow cooker.

Ingredients

- 1 (6 pound) bone-in turkey breast
- 1 (1 ounce) envelope dry onion soup mix



The Defiance County Veterans Office
WE CONNECT VETERANS TO BENEFITS
VA CLAIMS, APPLY FOR VA HEALTHCARE, VA TRANSPORTATION, EMERGENCY ASSISTANCE
OFFICE: 419-782-6861
FAX: 419-782-6713
1300 E Second St., Suite 102, Defiance, OH
veterans@defiancecounty.oh.gov
Defiance County Ohio Veterans Office
Veterans Crisis Hotline: 988 Press 1 or text 838255

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meadowsofkalida.com | f
THS-9129-24



Exercise Classes

Cardio Drumming (Video Class)
9:00AM & 10:00am Mon. & Wed.
9:00am Fri. | FREE

Tai Chi (Video Class)
10:00am Tue & Fri. | FREE

Zumba Gold (Instructed Class)
11:00am Tue. & Thurs. | FREE

Chair Yoga Vitality (Video Class)
8:45am Tue. & Thurs. | FREE

Afternoon Yoga (Instructed Class)
3:00pm Tue. & Thurs. | $45 Monthly
(Waitlist Only)

Summit 60 Fitness Center
Daily 7:00am - 3:00pm | FREE

Bruce Guilford
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Stephanie Wagner, RSSA

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Just for Fun!

⇆ Word Twist

Thanksgiving

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words. **Hint:** Each puzzle has a common theme!



tusngffi _____

epsi _____

tkeury _____

avgry _____

lsrol _____

bensa _____

sptoeota _____

resricarnbe _____

rcno _____

kimpunp _____

Answers

Stuffing, Pies, Turkey, Gravy, Rolls, Beans, Potatoes, Cranberries, Corn, Pumpkin

©LPi



R U G Z L L G N I F F U T S F
S U N P W U F R T G Q D E A S
E B I L U M F U A F Z I L E R
V A V S T M R K H T R L O J E
S E I H W K P C N R I T D T H
M H G T E E D K E A A T Y R T
I O S Y Q J E B I T H L U A A
R L K Z X U N T O N N T X D G
G I N A B A E P O F Q P H I E
L D A V R L X V F E A S T T C
I A H C B S E Y L I M A F I O
P Y T B H M A G E U D D S O R
O T O P B P L Y M O U T H N N
U G L E E I P I R I M H Q B T
C O R N U C O P I A J Z R B Y

FALL
GATHER
HOLIDAY
PILGRIMS
PUMPKIN
CORN
FEAST
THANKFUL
TURKEY
CORNUCOPIA
FAMILY
GOBBLE
GRATITUDE
PIE
NOVEMBER
PLYMOUTH
STUFFING
THANKSGIVING
CRANBERRIES
POTATOES
TRADITION



Summit 60 Social Center of Hicksville Activities

Monday	Tuesday	Wednesday	Thursday	Friday
Center Closed til 10:30am **2**	**Center Closed 3**	**Football Day 4**	**Center Closed 5**	**Center Closed 6**
9am - Coffee & Cards at Magpies 10:30am - Bible Study 11am - Trail Mix Bar 1pm - Summit 60 Bingo		Wear Your Favorite Team! 9am - Morning Puzzles 10am - Cards of Gratitude 11am - Skipbo & Rummy 12:30pm - Jeopardy!		
9	**Center Closed 10**	**Cetner Closed 11**	**Center Closed 12**	**13**
9am - Coffee & Chat 10am - Blood Pressures 11am - Bible Study 1pm - Creative Crafts				9am - Juice and Bagel Bar 10am - Friday Mantinee: "You've Got Mail" 12:30pm- Cornhole
16	**Center Closed 17**	**Apple Cider Day 18**	**Center Closed 19**	**Center Closed 20**
9am - Coffee & Chat 10am - Chair Yoga 11am - Pacman & Pinball 1pm -Bingo with Vancrest of Hicksville		9am - Morning Puzzles 10am - Cider Tasting 11am - Skipbo & Rummy 1pm - Hand Therepy		**Thankgiving Luncehon at Summit 60 - Defiance**
Cashew Day 23	**Center Closed 24**	**Friendsgiving 25**	**Center Closed 26**	**Center Closed 27**
9am - Coffee & Chat 10am - Blood Pressures 11am - Bible Study 12:30pm - Cashews with Lunch 1pm- Creative Crafts		9am - Gratitiude Placemats 10am - Creative Crafts 11am - Minute to Win it! 1pm - Turkey Day Bingo! 12:30pm -2:00pm- Commodity Box Pick up		
Mason Jar Day 30				
9am - Coffee & Chat 10am - Blood Pressures 11am - Bible Study 1pm- Mason Jar Mystery Swap 1:30pm - Summit 60 of Hicksville Senior of the Month Drawing				**KEY:** **Green: Trip or Event** **Red: Theme Day!** **Blue: Activities with a low cost to them!**



Transportation

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

Suggested donation is only 50¢ a mile!

Please note we do not turn away anyone who cannot afford the donation.

We also offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

Commodity Box Distribution

40lbs of Shelf Stable food &
A 2lb Block of Cheese!

Wednesday, Sept. 23rd

Summit 60 - Defiance:
1:00pm-2:30pm

Summit 60 of Hicksville:
12:30pm-2:00pm

This is a FREE program!
First come, first serve.
For an application please contact Sue at 419-782-3233!

DCSS
140 E. Broadway St
Defiance, OH 43512
Attn: Sue Weller

Please no pets at pick up, Thank you!



No Meals on Wheels Deliveries

The Defiance & Hicksville centers will both be closed & we will not be delivering Meals on Wheels on the following dates:

Friday, November 6th
Wednesday, November 11th
Thursday, November 26th
Friday, November 27th

For staff training, Veteran's Day and the Thanksgiving Holiday. We will resume the next business day.

Advertise Here!

Contact Jayne Pandy
jpandy@4LPi.com
(800) 950-9952 x6401

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Where else are you going to get a meal for just $3?!

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only $3, but we can get you an even better deal!

Purchase our 20 for $50 Meal Deal Coupons & make each meal only $2.50!

*Please note that no patron, 60 years or better will be denied meals due to inability to pay. *

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Are you interested in our Meals on Wheels program?

Already a client and need to cancel your meal? Have an appointment run over or spur of the moment trip? Please give us a call as soon as possible so we can let your driver know you won't be home!

For more info, please give us a call at 419-782-3233.



Make a reservation today!

Lunch is served:

Summit 60 of Defiance
11:30am - 12:30pm, Mon - Fri

Summit 60 of Hicksville
12:00pm, Mon, Wed, & Fri

To best serve you, please call in no later than 8:00am the day of to help us accommodate all of our patrons!

Make a reservation in person or by calling us at 419-782-3233!

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November 2026

Home Delivered Meals 419 782-3321

Serving Sizes
Entrée, Meat, & Casserole – 3oz./8oz.
Vegetables, Fruit – ½ cup
Bread, Bread Alternative – 1 Slice or 2oz.
Milk – 8 oz.
Served with every meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pulled Pork Sandwich Hashbrown Casserole Brussel Sprouts Orange Juice	3 Parmesan Chicken Cauliflower Glazed Carrots Apricots Garlic Bread	4 Beef Vegetable Soup Tossed Salad Craisins Diced Peaches	5 Hamburger Gravy Mashed Potatoes Green Beans Sliced Apples Birthday Cake Dinner Roll	6 Center Closed for Staff Training
9 Fish Sandwich Potato Wedges Cauliflower with Cheese Sauce Grape Juice	10 Beef tips Buttered Noodles Broccoli Normandy Cole Slaw Mandarin Oranges Dinner Roll	11 Closed For Veteran's Day	12 Chicken Noodle Soup Tossed Salad Apple Slices with Peanut Butter Craisins Blueberry Muffin	13 Sausage Pizza Green Beans Toss Salad Cinnamon Applesauce
16 Pizza Burger Oven Fries Coleslaw Baked Apples	17 Country Fried Steak Mashed Potatoes Green Beans Apricots Dinner Roll	18 Italian Wedding Soup Tossed Salad V-8 Diced Peaches	19 Stuffed Pasta Shells Carrot Raisin Salad Peas Cherry Crisp Bread Stick	20 Turkey and Dressing Mashed Potatoes Green Bean Casserole Cranberry Salad Dinner Roll Pumpkin Dessert
23 Creamed Chicken Sandwich Tater Tots Stewed Tomatoes Tropical Fruit	24 Salisbury Steak Corn Au Gratin Potatoes Pineapple Dinner Roll	25 Ham and Bean Soup Tossed Salad Cinnamon Pears Corn Bread	26 Closed For Thanksgiving	27
30 Hot Beef Sandwich Potato Wedges Cauliflower with Cheese Sauce Grapes	Menu is subject to change based upon product availability			

News

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

The following major food allergens may be used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish Tree nuts, Peanuts, Wheat, Soy, Sesame

To cancel a meal, or inquire about ingredients, please call Ginny 419 782-3321

Defiance County
SENIOR SERVICES
140 E. Broadway St.
Defiance, OH 43512

November



Follow us on Facebook at
Summit 60 Social Center & Defiance County Senior Services

We are here for you, give us a call today!

Nick Wichman
Director
(419) 782-3232

Jessica Osborn
Business Manager
(419) 783-4850

Lexie McKeen, LPN
Client Resource Specialist
(419) 783-4812

Ginny Wiseman
Nutrition Manager
(419) 782-3321

Jennifer Nelson
Community Outreach Manager
(419) 782-3233

Sue Weller
Client Concierge & Commodities Coordinator

Dawn Knox
Activities Coordinator

Penny Cryer
Custodian

Suzy Mack
Staff Assistant

Karlee Harris
Site Assistant (Hicksville)

Defiance County SENIOR SERVICES

SUMMIT 60 Social Center

Summit 60 Social Center & Senior Services Main Line:
(419) 782-3233

Summit 60 of Hicksville:
(419) 769-8046

Kitchen Team:
Sandy Kaufman, Deb Vajen, Diane Bok

Meals on Wheels Team:
Mike Rychener, Vicky Healy, Karen Fitzwater, Mike Imber, Isaiah Almanza, Dean Wiles, Kevin Beyer, Tom Nicely Edna Dix

Transportation Team:
Oline Hill, Don Heffner, Jamie Palczewski

Funding Sources for Defiance County Senior Services:

Our Senior Services Tax Levy, Area Office on Aging, Defiance County Senior Services Auxiliary Board, Defiance County Commissioners, and generous donations from patrons like you!

Thank you for your continued support!