

October 2019 Defiance

For more information contact Dawn @ 419-782-3233

Mon	Tue	Wed	Thu	Fri
	<p>1 10 Tai Chi 10 Bible Study 4 Yoga</p>	<p>2 9:30 Cards 10 Crafts 12:30 Shop at Kroger 5-8 Open Mic Night</p>	<p>3 9:30 Cards 9:45 B/P w Brookview 10 Stretch band 10 Zumba 12:30 Shop At Meijer 12:30Bingo w/ Brookview 1:30 Alzheimer's support group 4 Yoga</p>	<p>4 9:30 Cards  10 Tai Chi 10 Crafts 11:30 Birthday Lunch 10-12 A Matter of Balance Last Class</p>
<p>7 10 Zumba 10 Crochet & knitting bee 3 Yoga</p>	<p>8 10 Tai Chi 10 Bible Study 1:00 New ACTIVITY LINE DANCING 4 Senior's Night Out Dick's Steakhouse 4 Yoga</p>	<p>9 9:30 Cards 10 Blood Pressure with Allcaring 10 Crafts 12:30 Shop at Kroger</p>	<p>10 9:30 Cards 10 Stretch Band 10 Zumba 12:30 Shop at Meijer 4 Yoga</p>	<p>11 9:30 Cards 10 Crafts 10 Tai Chi</p>
<p>14 CLOSED </p>	<p>15 10 Tai Chi 10 Bible Study 1:00 Line Dancing 4 Yoga</p>	<p>16 9:30 Cards 10 Crafts 12:30 Shop at Kroger 4-7 Halloween Evening Meal At Fairgrounds </p>	<p>17 9:30 Cards 10 Stretch Band 10 Zumba 10:45 B/P by CHP 12:30 Shop at Meijer 12:30 Bingo w/ SKLD 4 Yoga</p>	<p>18 9:30 Cards 10 Crafts 10 Tai Chi</p>
<p>21 10 Zumba 10 Crochet & knitting bee 1:00 Euchre Tournament 3 Yoga</p>	<p>22 10 Tai Chi 10 Bible Study 1:00 Line Dancing 4 Yoga</p>	<p>23 9:30 Cards 10 Crafts 12:30 Shop at Kroger <u>1-2:30 Senior food Box Pick up</u></p>	<p>24 9:30 Cards 10 Stretch Band 10 Zumba 12:30 Shop at Meijer 4 Yoga</p>	<p>25 9:30 Cards 10 Crafts 10 Tai Chi</p>
<p>28 10 Zumba 10 Nails and Tails 12:30 Bingo with Senior Center 3 Yoga</p>	<p>29 10 Tai Chi 10 Bible Study 1:00 Line Dancing 4 Yoga</p>	<p>30 9:30 Cards 10 Crafts 12:30 Shop at Kroger</p>	<p>31 9:30 Cards 10 Stretch Band 10 Zumba 12:30 Shop at Meijer 4 Yoga Happy Halloween! </p>	
	<p>We Will have Tickets available for the Thanksgiving luncheon</p>	<p>Starting on October 1st. \$5 suggested donation. Turkey! YUM!</p>	<p>Save the Date: November 14 11:30-1:00</p>	