



# Summit Sentinel

MONTHLY NEWSLETTER

OCTOBER 2024 EDITION



**SUMMIT 60  
SOCIAL CENTER &  
SENIOR SERVICES  
HEADQUARTERS**  
140 E. Broadway St.  
Defiance, OH 43512  
**Phone:** 419-782-3233  
**Monday—Friday**  
7:00am—3:00pm

**SUMMIT 60 SOCIAL  
CENTER OF HICKSVILLE**  
708 E. High St.  
Hicksville, OH 43526  
**Phone:** 419-769-8046  
**Monday & Thursday**  
9:00am—2:00pm

## **2024 EVENT SPONSORS**

Thank you to this years event sponsors, with your support we are able to bring great events to the seniors of Defiance County!

**2024 Premier  
Events Sponsor:**  
**Sam Hornish**

**Event Sponsors:**  
Moose Lodge of Defiance  
Jim Schmidt Dealerships  
VFW of Defiance  
Arc Solutions  
General Motors Defiance  
Nemco Food Equipment  
The Wholesale House

## **"SUMMIT SENTINEL"**

**PUBLISHED BY:**  
**DEFIANCE COUNTY SENIOR SERVICES**  
140 E. BROADWAY ST. | DEFIANCE, OH 43512



## **How to make Trip & Event Reservations**

We love seeing all of you excited for our events and trips!

To best serve everyone fairly, we have set up the following guidelines:

**1— Reservations can only be made after 9am on the 1st Monday of the month.**

*Unless another date is noted in the newsletter*

**2— We are only accepting in person reservations at both centers.**

*No more than 2 tickets per person at a time.*

**3— Your non-refundable fee / ticket must be paid in order to reserve a spot.**

If you are driving yourself, you must still make your reservations with Dawn or Jenn, as we can only accommodate a set amount.

**Thank you for your understanding & lets have some fun!!**

**OCTOBER EVENING MEAL**



**Thurs. Oct. 10th, 4:30pm**  
**Tickets are \$10**

Join us for the last evening meal of the season! You will not want to miss this spooktacular event!!

Entertainment for the Evening will be provided by:  
**Four of a Kind Entertainment Magic Show!**

The Meal includes:  
Fried Chicken  
Baked Stuffing  
Green Beans  
Tomato Cucumber Salad  
Strawberries  
Dinner Roll

There will be door prizes, 50/50 and loads of fun!

**"FOR THE HEALTH OF IT!" SENIOR HEALTH FAIR**

**Fri. Oct. 18th, 8:30am - 1:30 pm**  
**Free for all Seniors 60 years+**

We are excited to be hosting our annual health fair here at Summit 60 Social Center in Defiance!

We have over 25 different vendors, breakfast bar, lunch and give aways!!  
Speakers include Nic Wichman and Lexie McKeen with Senior Services, Defiance County Health Department, Defiance County Probate Court and more!

Lunch Includes:  
Sub Sandwich  
Broccoli Salad  
Carrot Sticks  
w/Peanut Butter  
Grapes  
Granola Bar

Sign up with Jenn or Dawn Today!



**MCQUEEN ORCHARDS**  
**Tue. Oct. 8th | 10:00am**  
**Holland, OH | \$5 Transportation**  
Kick off October with a trip apple picking with us and having a delicious lunch at Culvers!

**OCTOBER EVENING MEAL**  
**Thurs. Oct. 10th 4:30pm**  
See to the left for more details!

**"FOR THE HEALTH OF IT!" SENIOR HEALTH FAIR**  
**Fri. Oct. 18th 8:30am**  
See to the left for more details

**MYSTERY LUNCH**  
**Fri. Oct. 25th | 10:00am**  
**\$5 Transportation**  
We will be heading to out of Summit 60 in Defiance at 10am for this month's Mystery Lunch!

**SENIOR NITE OUT**  
**Tues. Oct. 29th | 4:00pm**  
**Auburn, IN | \$5 Transportation**  
Join us as we cruise over to Texas Roadhouse for an amazing Texas sized portions with good friends and of course 50/50!!

**DAY AT THE MOVIES**  
**Wed. Oct 30th 10:00am |**  
**Sponsored by Kingsbury Place**  
Join your friends for a great movie, popcorn and pop at Phoenix Theater in Defiance. The 1st 24 people signed up are free, only \$10 for anyone after!

**COSTUME PARTY IN THE CAFÉ**  
**Fri. Oct. 31st | 11:30am**  
**\$3 suggested donation for lunch**  
Join us for special Halloween Trivia, a costume contest with prizes, candy and more! Come in a join the fun!!



**Defiance County Senior Services Auxiliary**  
**Holiday Craft and Vendor Show**

Sat. November 2nd, 9am - 3pm at Summit 60 Defiance; 140 E. Broadway St.

**November Senior Nite Out**  
**Weds. Nov. 6th 4:00pm**  
**Wauseon, OH | Transportation is \$5**  
**Tickets on sale**  
**Thurs. October 17th at 9:00am**

**Join us for a November Nite Out at Sullivan's in Wauseon! Good foo, great friends and of course 50/50!!**



# SUMMIT 60 SOCIAL CENTER OF DEFIANCE ACTIVITIES

OCTOBER 2024 NEWSLETTER | PAGE 03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<p><b>Reminder:</b></p> <p><b>Toe Nail Clinic will be Nov. 6th at Summit 60 in Defiance</b></p> <p><b>Please call Dawn to schedule an appt.</b></p>	<p>9-10:30 Shop at Kroger's</p> <p>9-3pm- Pool, Play Pac-man, or Pinball</p> <p>9:30 Pepper</p> <p>10- Bible Study</p> <p>10- Tai Chi</p> <p>12-3-Boggle</p> <p>12:30-3 Puzzles</p> <p>1-2 Zumba cost \$5</p> <p>1-3 UNO</p>	<p>9- Cardio Drumming</p> <p>9:30-2- Yahtzee Tournament</p> <p>10- Cardio Drumming</p> <p>10- Video Games , Shooting pool</p> <p>10:30-2- UNO</p> <p>12-2- Scrabble</p> <p>1-3 Puzzles</p> <p><b>NO YOGA</b></p>	<p>9:30 Pepper</p> <p>10:- 11 Creative Crafts with Dawn Ludwig</p> <p>11:30 BP with Health Dept.</p> <p>12:30- Bingo by Vancrest</p> <p>1-3 Shoot pool, play Pac-man, &amp; Pinball</p> <p>1- Alzheimer's Group</p>	<p><u>Birthday Day</u></p> <p>9-Cardio Drumming</p> <p>9-3- Shoot Pool, Pin ball, Pac-Man</p> <p>9:30 Pepper</p> <p>10- Tai Chi</p> <p><b>11:30 Birthday Lunch</b></p> <p>12:30- 2:00- Puzzles</p> <p>1-2 -Zumba with Sandy- \$5</p>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<p>9- Cardio Drumming</p> <p>9:30 Pepper</p> <p>9-3pm Pac-man &amp; Pinball and Shoot pool</p> <p>10- Cardio Drumming</p> <p>10:30 Uno</p> <p>12:30- Bingo with North Crest</p> <p>1-3 Domino's</p>	<p>9-10:30 Shopping at Meijer's</p> <p>9-3 pool, Pac-man &amp; Pinball</p> <p>9:30- Pepper</p> <p>10 Trip to Mc Queens Orchard</p> <p>10- Bible Study</p> <p>10- Tai Chi</p> <p>12:30-3pm Puzzles</p> <p>1-2 Zumba with Sandy-\$5</p> <p>1:30-3pm UNO</p>	<p><b>NO CARDIO DRUMMING</b></p> <p>9:30-2:30- Yahtzee</p> <p>10:00am—Jewelry Making with John- Free</p> <p>10:30-2pm- UNO</p> <p>12-2pm Scrabble</p> <p>1-3pmPuzzles</p> <p>3:45 Yoga with Heather—\$5</p>	<p>9:30- Pepper</p> <p>10:30 UNO</p> <p>11:30-BP by Lexi</p> <p>12-3pm Puzzles</p> <p>1-3pm-Shoot pool &amp; Play Pac-Man &amp; Pinball</p> <p>4:30 Evening Meal</p>	<p>9- Cardio Drumming</p> <p>9-3 Shooting pool, Pacman and Pinball</p> <p>9:30 Pepper</p> <p>10- Tai Chi</p> <p>10:30 Scrabble</p> <p>10-3 Puzzles</p> <p>1-2 Zumba with Sandy-\$5</p>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
 <p><b>Closed for Columbus Day!!</b></p>	<p>9-10:30 Shopping at Walmart</p> <p>9:30- Pepper</p> <p>10- Bible Study</p> <p>10- Tai Chi</p> <p>11-3 Puzzles</p> <p>12-3pm- Pool, Play Pac-Man &amp; Pinball</p> <p>12:30 -3pm-Scrabble</p> <p>1-2 Zumba with Sandy-\$5</p> <p>1-3 UNO</p>	<p>9-Cardio Drumming</p> <p>9-3pm- Shoot Pool, Play Pac-Man &amp; Pinball</p> <p>9:30 Yahtzee Tournament</p> <p>10- Cardio Drumming</p> <p>12:30 -2pm- Scrabble</p> <p>1:30 Domino's</p> <p>2-3 Boggle</p> <p>3:45 Yoga with Heather- \$5</p>	<p>9:30-11:30 Grief support Group</p> <p>9:30 Pepper</p> <p>10:30-2pm UNO</p> <p>11- Scrabble</p> <p>12-3pm Shoot Pool &amp; Play Pac-Man &amp; Pinball</p> <p>12:30 Bingo by Antwerp Manor</p> <p>1-2pm Creative crafts with Dawn Ludwig</p>	<p><b>Summit 60 Annual Health Fair</b></p> <p><b>8:30am - 2:30 pm</b></p> 
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<p>9- Cardio Drumming</p> <p>9:30 Pepper</p> <p>9-3pm Pac- Man, Pinball &amp; shoot Pool</p> <p>10 Cardio Drumming</p> <p>10:30 Euchre Tournament</p> <p>12:30 Bingo with Kingsbury Place</p> <p>1-3 Putting Puzzles together</p>	<p>9-10:30-Shopping at Aldi's</p> <p>9:30 Pepper</p> <p>10-Bible Study</p> <p>10- Tai Chi</p> <p>11-3 Puzzles</p> <p>12-3pm Pool, play Pac-Man &amp; Pinball</p> <p>1-2 Zumba with Sandy- \$5</p> <p>1-3pm-UNO</p>	<p>9- Cardio Drumming</p> <p>9-3-shoot pool, Pac-man, Pinball</p> <p>9:30 Yahtzee Tournament</p> <p>10 -Cardio Drumming</p> <p>12:30 -Scrabble</p> <p>1:30 ONO</p> <p>2-3 Boggle</p> <p>3:45 Yoga with Heather- \$5</p>	<p>9-2 Pepper</p> <p>10:30 Scrabble</p> <p>11- Boggle</p> <p>11:30 BP by Lexi</p> <p>11-3pm- Shoot pool &amp; Play Pac-Man- Or Pinball in game room</p> <p>12:30 Bingo by CHP</p> <p>1-2:30 UNO</p>	<p>9- Cardio Drumming</p> <p>9:30-11:30-Stepping On Class</p> <p>9:30 Pepper</p> <p><b>10- Mystery Lunch Cost \$5</b></p> <p>10-Tai Chi</p> <p>12:30- Scrabble</p> <p>1-2pm Zumba with Sandy- \$5</p> <p>1:30 2:30-Boggle</p>

28	29	30	31
9- Cardio Drumming 9:30 pepper 9-3pm Pac- Man , Pinball, and Shooting Pool 10- Cardio Drumming 11- Penny Pitch with Meadows of Kalida 12:30 Bingo with Senior Center 1-3pm Putting Puzzles together	9-10:30- Shopping at Aldi's 9:30-3- Shooting Pool, Video games and Pinball 9:30 Pepper 10 Bible Study 10- Tai Chi 11-3 -Puzzle 1-2 Zumba with Sandy Hall Cost \$5 4pm- Senior Nite Out	9- Cardio Drumming 9-3pm Shooting Pool. Video Games, Pinball 9:30-Yahtzee Tournament 10- Cardio Drumming 10- MOVIE DAY 10:30 UNO 1-2:30 Commodity Box Pick-up 3:45- Yoga with Heather Cost \$5	<p><u>Happy Halloween</u></p>  <p>9- Pepper                      9-3pm- Shoot pool,                      Video games, Pinball                      10:30 Scrabble                      11:30- Halloween                      Costume Party in the                      Café                      1-3pm Putting Puzzles                      together</p> <p><b>On Thursday Oct                      31st,</b></p> <p><b>Stephanie Wagner                      will be here by                      Appt. to help                      Senior's with their                      Medicare D sign-                      ups and Question                      from 9-1pm!!</b></p> <p><b>Must make Appt.                      with Dawn!</b></p>

**WE WANT YOUR IDEAS!**

We have a lot more ideas for activates, trips and events in the works, but we want to know what you want! If you have any suggestions please let our Activities Coordinator, Dawn or our Community Outreach Manager, Jenn know at 419-782-3233!



**The Defiance County Veterans Office**  
**WE CONNECT VETERANS TO BENEFITS**

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 VA TRANSPORTATION, EMERGENCY ASSISTANCE**

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**OFFICE: 419-782-6861 | FAX: 419-782-6713**

📍 1300 E Second St., Suite 102, Defiance, OH

✉ veterans@defiancecounty.oh.gov

🌐 www.defiance-county.com/veterans-office/

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THS-9129-24



### CONGRATS DENNIS!

All of us here at Defiance County Senior Services and Summit 60 Social Centers would like to take a moment and wish our former transportation Coordinator, Dennis Vajen a Happy Retirement!

Dennis is looking forward to doing house renovations with his son and working in his new woodworking shop. His wife Deb, however, is looking forward to coming home to a clean house every day!!

We wish you the best of luck and hope you enjoy your retirement! Thank you!!



### TRANSPORTATION

We offer transportation to doctors appointments, haircuts, medication pick-ups and more to anyone in Defiance County 60+!

**Suggested donation is only 50¢ a mile!**

Please note we do not turn away anyone who cannot afford the donation.

We offer transportation to and from Summit 60 Social Centers in Defiance & Hicksville!

Give us a call and schedule today at 419-782-3233!

### GAME ROOM



Did you know we have a game room open from 7a-3p daily for our friends 60 years and better? Our game room is being renovated and added to but at this time we have a billiards table, Pacman arcade game and a digital pinball machine for you to enjoy! Check it out today and see if you can beat the high scores!

**THRIVE**  
LOCALLY

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**CARDIO DRUMMING**

9:00AM & 10:00AM MON & WED  
9:00AM FRIDAY | FREE

Check out this fun filled exercise class with upbeat music and great company!

**AFTERNOON YOGA**

3:45PM Wednesdays | \$5

Join Heather for a yoga experience for all skill levels!

**TAI CHI**

10:00AM TUE & FRI | FREE

Come in and try this relaxing video class!

**ZUMBA WITH SANDY**

1:00PM TUE & FRI | \$5

Join us for this fun new dance exercise class!

**THE FITNESS CENTER AT SUMMIT 60**

DAILY 7:00AM - 3:00PM | FREE



**Big Medicare Changes in 2025!**

Call today to schedule your  
FREE review!

**Summit 60 Social Center/Defiance**

Free reviews with NO obligation to sign up!

**New 2025 Plans, are you on the right plan for 2025?**



Stephanie Wagner  
**419-783-0302**

**Where:** Summit 60 Social Center/Defiance

**When:** Thursday Oct. 31<sup>st</sup> 9am to 1pm  
Friday Nov. 15<sup>th</sup> 9am to 1pm  
Monday Dec. 2<sup>nd</sup> 9am to 1pm

Call Dawn to schedule your time on one of these dates before they fill up @ 419-782-3233

Unavailable these days, call Stephanie to arrange another time to meet. In home appointments are available.

**Stepping On**

A Free 7-Week  
Workshop proven to reduce falls by  
30%

**WHERE:** Summit 60 Social Center  
of Defiance

**WHEN:** begins Friday, Oct. 25th  
from 9:30 - 11:30AM

Classes are 2 hours each  
and meet on Fridays for 7 weeks

SteppingOn can help older adults  
avoid a dangerous & costly fall.

**YOU WILL LEARN:**



To identify & remove  
or avoid fall hazards  
both inside & outside  
your home



How vision, hearing,  
medication &  
footwear affect your  
risk of falling



Strength & balance  
exercises you can  
adapt to your  
individual level



To get back on your  
feet the right way if  
you do fall



HEALTH DEPARTMENT

**FREE PROGRAM -  
REGISTRATION REQUIRED**



FOR MORE INFORMATION OR TO REGISTER,

PLEASE CALL

KATIE AT 419-784-3818 OR

DAWN KNOX AT 419-782-3233

**Coffee with a Cop**



THURSDAY, OCTOBER 17, 2024 AT 8:00AM  
DEFIANCE COUNTY HEALTH DEPARTMENT


1300 E. 2nd St. Suite 100, Defiance OH



Public Health 11/15/2019 09:20

# SUMMIT 60 SOCIAL CENTER OF HICKSVILLE ACTIVITIES

PAGE 07 | OCTOBER 2024 NEWSLETTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	03	04
	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	10am-Cards, puzzles, crafts 10am-Cardio Drumming FREE  1pm-Would you Rather- Game	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!
07	08	09	10	11
10am- Cards, Puzzles, Crafts  1pm-Bingo with Antwerp Manor	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <b>McQueen's Orchard</b>	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	10am- Cards, Puzzles, Crafts  10am- Cardio Drumming FREE  1pm- Penny Pitch  <b>Evening Meal</b>	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!
14	15	16	17	18
 <b>Closed for Columbus Day!</b>	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	10am- Cards, Puzzles, Crafts 10am- Cardio Drumming- FREE 12:30-Toenail Clinic \$15 1pm- Fact or Fiction - Game	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <b>For the Health of it! Health Fair</b>
21	22	23	24	25
10m- Cards, Puzzles, Crafts  1pm- Bingo with Select Medial Rehab	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance!	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <a href="#">12:30pm - Commodity Box Pickup</a>	10am-Cards, Puzzles, Crafts  10am- Cardio Drumming- FREE  1pm- Skip-Bo Tournament	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <b>Mystery Lunch</b>
28	29	30	31	
10am- Cards, Puzzles, Crafts  1pm- Bingo with VanCrest	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <b>Senior Nite Out</b>	Center Closed. Please reach out to Jenn to schedule Transportation to Summit 60 in Defiance! <b>Movie Day</b>	10am-Cards, Puzzles, Crafts  10am- Cardio Drumming- FREE  1pm- BINGO!	<b>KEY:</b> <b>Green: Trip or Event</b> <b>Red: Theme of the day</b> <b>Orange: Grocery Trip</b> <b>Blue: Activities with a low cost to them!</b>



## NO MEALS ON WHEELS DELIVERIES

We will not be delivering meals on the following dates:

### Monday, October 14th

Defiance County Senior Services & Summit 60 Social Centers will be closed and not delivering Meals on Wheels to observe Columbus Day. We will resume normal operations Tuesday the 15th.

## COMMODITY BOX PICK UP

40LBS OF SHELF STABLE FOOD AND 2LBS OF CHEESE!

### Wed. October 23rd

Summit 60 Defiance Center:  
1:00pm-2:30pm

Summit 60 Hicksville Center:  
12:30pm-2:00pm

This is a free program!  
For an application please contact Sue at 419-782-3233!

**DCSS**  
**140 E. Broadway St**  
**Defiance, OH 43512**  
**Attn: Sue**

Please no pets at pick up.  
Thank you!



## NEED TO CANCEL YOUR HOME DELIVERED MEAL?

Did you have an appointment that ran over, spur of the moment trip with friends, or just not going to be home today? Please give Ginny in our kitchen a call as soon as possible so we can take you off our delivery route that day at 419-782-3321!



TRUSTWELL LIVING  
KINGSBURY PLACE

419-782-6324

245 W Rosewood Ave, Defiance, OH 43512

<https://www.trustwelliving.com/senior-living/oh/defiance/kingsbury-place/>

- Assisted Living
- Respite Care
- Activities & fitness classes
- Restaurant-style dining
- Personal care
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**DID YOU KNOW WE ARE A NATIONAL MEMBER OF MEALS ON WHEELS OF AMERICA?**

If you or someone you know is interested in receiving our home delivered meals please give us a call at 419-782-3233!



**WHERE ELSE ARE YOU GOING TO GET A MEAL FOR JUST \$3.00?!**

The answer is nowhere! Suggested donations for our dine in lunches and Meals on Wheels are only \$3, but we can get you an even better deal! If you purchase our [20 for \\$50 Meal Deal Coupons](#), that makes each meal only \$2.50!!

*\*Please note that no patron, 60 years or better will be denied meals due to inability to pay.\**



**MAKE YOUR RESERVATIONS TODAY!**

Lunch is served from 11:30am - 12:30pm, Mon - Fri at the Defiance Center.

To best serve you, please call in by 8:00am the day of to reserve your spot. An alternative meal will be available for those without a reservation.

You can make a reservation in person or by calling us at 419-782-3233!



Serving the Community for 60 years

**Defiance Moose Lodge 2094**

**Live Entertainment! Every Wednesday, Friday, and Saturday!**

~ NEVER A COVER CHARGE ~

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**(419) 782-2326 • 841 N Clinton St, Defiance**

Check out our facebook page to see what's happening each week!

[www.facebook.com/defiancemoose2094/](http://www.facebook.com/defiancemoose2094/)

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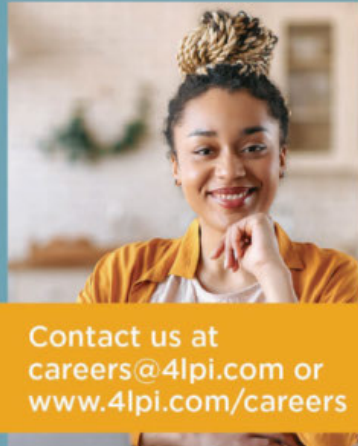
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14-1829



# October

# 2024

Home Delivered Meals 419 782-3321

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Bratwurst Sauerkraut California Blend Vegetables Pineapple and Mandarin Oranges Dinner Roll	Country Fried Steak Ranch Diced Potatoes Broccoli Banana Dinner Roll	Chicken Noodle Soup Tossed Salad Apple Slices with Peanut Butter V8 Juice Blueberry Muffin	Cheeseburger Macaroni Brussel Sprouts Hot Cinnamon Peaches Cole Slaw Dinner Roll	Beef Tips Buttered Noodles Creamed Peas Stewed Tomatoes Mixed Fruit Dinner Roll
<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
<b>Closed For Columbus Day</b>	Chicken Strips Oven Fries Sucrotash Grape Juice Dinner Roll	Sausage Pizza Green Beans Toss Salad Cinnamon Applesauce	Baked Fish Au gratin Potatoes 3 Bean Salad Cherry Crisp Dinner Roll	Sub Sandwich Broccoli Salad Carrot Sticks w/Peanut Butter Grapes Granola Bar
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Mushroom Swiss Burger Baked Beans Oven Fries Apricots	Spaghetti with Meat Sauce Green Beans Peach Crisp Tossed Salad Bread Stick	Potato Soup Cole Slaw Mandarin Oranges Bran Muffin	Baked Chicken Glazed Carrots Cabbage Fruit Cocktail Dinner Roll	Swedish Meatballs Over Noodles Winter Blend Pea Salad Baked Apples Dinner Roll
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Creamed Chicken Over Mashed Potatoes Cauliflower Tropical Fruit Dinner Roll	Chili Dog Macaroni and Cheese Cole Slaw V8 Juice Apple Slices	Minestrone Soup Tossed Salad Pineapple and Mandarin Oranges Apple Cinnamon Muffin	Salisbury Steak Mashed Potatoes Corn Pears Wheat Bread	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

**News**

Home delivered meals must be consumed within 30 minutes of delivery or refrigerated and reheated at 350 degrees for 15 minutes

To cancel a meal, or inquire about ingredients, call Ginny 419 782-3321

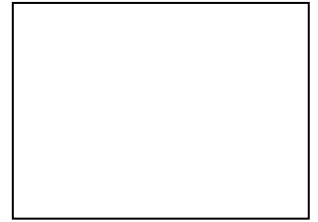




**Defiance County  
SENIOR SERVICES**

140 E. Broadway St.  
Defiance, OH 43512

*October*



**FOLLOW US ON FACEBOOK AT**

**SUMMIT 60 SOCIAL CENTER & DEFIANCE COUNTY SENIOR SERVICES!**

**WE ARE HERE FOR YOU, GIVE US A CALL TODAY!**

**Nick Wichman**

*Director*

(419) 782-3232

**Jessica Osborn**

*Business Manager*

(419) 783-4850

**Lexie McKeen, LPN**

*Client Resource Specialist*

(419) 783-4812

**Ginny Wiseman**

*Nutrition Manager*

(419) 782-3321

**Jenn Nelson**

*Community Outreach Manager*

(419) 769-8046

**Senior Services**

**Main Line**

(419) 782-3233

**Sue Weller**

*Client Concierge*

*& Commodities Coordinator*

**Dawn Knox**

*Activities Coordinator*

**Penny Cryer**

*Custodian*

**Suzy Mack**

*Staff Assistant*

**Kitchen Team**

*Mary Mansfield, Barb Davis,  
Sandy Kaufman, Deb Vajen*

**Meals on Wheels Team**

*Jennifer Lero, Mike Rychener,  
Myra Emmons, Vicky Healy, Jodi  
Cocke, Karen Fitzwater, Ryan  
Curlis*

**Transportation Team**

*Dennis Scott, Keith Ashbacher,  
Oline Hill, Don Heffner*



Defiance County  
SENIOR SERVICES



**FUNDING SOURCES FOR DEFIANCE COUNTY SENIOR SERVICES:**

Defiance County Senior Services Tax Levy, Area Office on Aging, Defiance County Commissioners,  
Defiance County Senior Services Auxiliary Board and Generous Donations from Patrons like you!

*Thank you for your continued support!*